

# **The importance of the neurotrophins NGF and BDNF in bladder dysfunction. An experimental study in the rat.**

BÁRBARA FILIPA FRIAS GARRIDO  
TESE DE DOUTORAMENTO APRESENTADA  
À FACULDADE DE MEDICINA DA UNIVERSIDADE DO PORTO EM  
NEUROCIÊNCIAS



BÁRBARA FILIPA FRIAS GARRIDO

**The importance of the neurotrophins NGF and  
BDNF in bladder dysfunction.  
An experimental study in the rat.**

DISSERTAÇÃO DE CANDIDATURA AO GRAU DE DOUTOR APRESENTADA À FACULDADE  
DE MEDICINA DA UNIVERSIDADE DO PORTO

PORTO  
2013



DISSERTAÇÃO APRESENTADA À FACULDADE DE MEDICINA DA UNIVERSIDADE DO PORTO PARA A CANDIDATURA AO GRAU DE DOUTOR NO ÂMBITO DO PROGRAMA DOUTORAL EM NEUROCIÊNCIAS.

A CANDIDATA REALIZOU ESTE TRABALHO COM O APOIO DE UMA BOLSA DE DOUTORAMENTO (SFRH/BD/63255/2009) CONCEDIDA PELA FUNDAÇÃO PARA A CIÊNCIA E A TECNOLOGIA.

**Supervisor/Orientadora:** Professora Doutora Célia D. Cruz

**Co-Supervisor/Co-Orientador:** Professor Doutor Francisco Cruz

Artigo 48º, parágrafo 3:

“A Faculdade não responde pelas doutrinas expendidas na dissertação”

Regulamento da Faculdade de Medicina da Universidade do Porto, Decreto-Lei nº  
19337 de 29 de Janeiro de 1931

## **Evaluation Committee/Júri:**

### **President/Presidente:**

Professor Doutor José Carlos Marques dos Santos  
Reitor da Universidade do Porto

### **Members/Vogais:**

Doutor Stephen McMahon  
Professor Catedrático da School of Biomedical Sciences, King's College of London, UK

Doutor Nuno Jorge Carvalho Sousa, professor catedrático da Escola de Ciências da Saúde da Universidade do Minho

Doutor António Avelino Ferreira Saraiva da Silva, professor associado da Faculdade de Medicina da Universidade do Porto

Doutora Maria Carolina Lobo Almeida Garrett, professor associada da Faculdade de Medicina da Universidade do Porto

Doutora Célia da Conceição Duarte Cruz, professora auxiliar da Faculdade de Medicina da Universidade do Porto

Doutora Mónica Mendes de Sousa, investigadora do Instituto de Biologia Molecular e Celular da Universidade do Porto, IBMC





## CORPO CATEDRÁTICO DA FACULDADE DE MEDICINA DA UNIVERSIDADE DO PORTO

### Professores Efetivos

Manuel Alberto Coimbra Simões  
Maria Amélia Duarte Ferreira  
José Agostinho Marques Lopes  
Patrício Manuel Vieira Araújo Soares Silva  
Daniel Filipe Lima Moura  
Alberto Manuel Barros da Silva  
José Manuel Lopes Teixeira Amarante  
José Henrique Dias Pinto de Barros  
Maria Fátima Machado Henriques Carneiro  
Isabel Maria Amorim Pereira Ramos  
Deolinda Maria Valente Alves Lima Teixeira  
Maria Dulce Cordeiro Madeira  
Altamiro Manuel Rodrigues Costa Pereira  
Rui Manuel Almeida Mota Cardoso  
António Carlos Freitas Ribeiro Saraiva  
José Carlos Neves da Cunha Areias  
Manuel Jesus Falcão Pestana Vasconcelos  
João Francisco Montenegro Andrade Lima Bernardes  
Maria Leonor Martins Soares David  
Rui Manuel Lopes Nunes  
José Eduardo Torres Eckenroth Guimarães  
Francisco Fernando Rocha Gonçalves  
José Manuel Pereira Dias de Castro Lopes  
António Albino Coelho Marques Abrantes Teixeira  
Joaquim Adelino Correia Ferreira Leite Moreira  
Raquel Ângela Silva Soares Lino

### Professores Jubilados/Aposentados

Abel José Sampaio da Costa Tavares  
Abel Vitorino Trigo Cabral  
Alexandre Alberto Guerra Sousa Pinto  
Álvaro Jerónimo Leal Machado de Aguiar  
Amândio Gomes Sampaio Tavares  
António Augusto Lopes Vaz  
António Carvalho Almeida Coimbra  
António Fernandes da Fonseca  
António Fernandes Oliveira Barbosa Ribeiro Braga  
António Germano Pina Silva Leal  
António José Pacheco Palha  
António Luís Tomé da Rocha Ribeiro  
António Manuel Sampaio de Araújo Teixeira  
Belmiro dos Santos Patrício  
Cândido Alves Hipólito Reis  
Carlos Rodrigo Magalhães Ramalhão  
Cassiano Pena de Abreu e Lima  
Daniel Santos Pinto Serrão  
Eduardo Jorge Cunha Rodrigues Pereira  
Fernando de Carvalho Cerqueira Magro Ferreira  
Fernando Tavarella Veloso  
Francisco de Sousa Lé  
Henrique José Ferreira Gonçalves Lecour de Menezes  
Jorge Manuel Mergulhão Castro Tavares  
José Augusto Fleming Torrinha  
José Carvalho de Oliveira  
José Fernando Barros Castro Correia  
José Luís Medina Vieira  
José Manuel Costa Mesquita Guimarães  
Levi Eugénio Ribeiro Guerra  
Luís Alberto Martins Gomes de Almeida  
Manuel António Caldeira Pais Clemente  
Manuel Augusto Cardoso de Oliveira  
Manuel Machado Rodrigues Gomes  
Manuel Maria Paula Barbosa  
Maria da Conceição Fernandes Marques Magalhães  
Maria Isabel Amorim de Azevedo  
Mário José Cerqueira Gomes Braga  
Serafim Correia Pinto Guimarães  
Valdemar Miguel Botelho dos Santos Cardoso  
Walter Friedrich Alfred Osswald



Em obediência ao disposto no Decreto-Lei nº 388/70, Artigo 8º, parágrafo 2, declaro que efetuei o planeamento e execução das experiências, observação e análise de resultados e participei ativamente na redação de todas as publicações que fazem parte integrante desta dissertação:

1. Frias B, Lopes T, Pinto R, Cruz F, Cruz CD. (2011) *Neurotrophins in the lower urinary tract: becoming of age*. Current Neuropharmacology. 9(4):553-8.
2. Pinto R, Frias B, Allen S, Dawbarn D, McMahon SB, Cruz F, Cruz CD (2010) *Sequestration of Brain Derived Nerve Factor by intravenous delivery of TrkB-Ig<sub>2</sub> reduces bladder overactivity and noxious input in animals with chronic cystitis*. Neuroscience. 166(3):907-16.
3. Frias B, Allen S, Dawbarn D, Charrua A, Cruz F, Cruz CD (2013) *Brain-derived neurotrophic factor, acting at the spinal cord level, participates in bladder hyperactivity and referred pain during chronic bladder inflammation*. Neuroscience. 234:88-102.
4. Frias B, Santos J, Morgado M, Sousa M, Allen S, Cruz F, Cruz CD (2013) *The role of Brain Derived Neurotrophic Factor (BDNF) in the development of neurogenic detrusor overactivity (NDO)*. (manuscrito submetido).
5. Frias B, Charrua A, Avelino A, Michel MC, Cruz F, Cruz CD (2012) *Transient receptor potential vanilloid 1 mediates nerve growth factor-induced bladder hyperactivity and noxious input*. BJU Int. 110(8 Pt B):E422-8.



To Prof. Célia Duarte Cruz  
(Supervisor)

To Prof. Francisco José Miranda Rodrigues da Cruz  
(Co-Supervisor)

In memory of my beloved mum

To my aunt Virginia, Ticha, Hugo and Pedro

To my Friends



## Prologue

***“If memories are the bookmarks in your life story, how have your memories shaped you?”***

at Art Gallery of Ontario, AGO, Toronto, CA

I was not 10 yet when Science struck my life - and the life of my dearest ones - like a lightning bolt. I remember people mentioning words like cancer or Alzheimer, and though I could not comprehend their meaning, I felt those words came always accompanied by suffering and great loss. Puzzled but not dismayed, I became determined to put all my efforts and forward my interest in Science in search for answers.

At school, I was particularly fond of biology and chemistry. I loved being at the laboratory doing all that make-believe experiments that, most of the times, didn't end up as they were supposed to. It was only when I joined college that I truly understand the meaning of Science. In 2003, I started my Microbiology Degree at *Escola Superior de Biotecnologia*, of the *Universidade Católica Portuguesa*. Here, I was given the chance to gain knowledge of different subjects such as microbiology, biochemistry, genetics, virology, among others. I was impressed by the complexity of each theme. Most importantly, it was a fundamental experience that allowed me to get acquainted with varied experimental techniques and acquire the necessary lab skills and expertise. Following my degree, I was determined to acquire a deeper knowledge of health science, and this led me to *Sciences Faculty of the University of Porto*, where I took a master course in Biochemistry. Throughout my master degree, I developed a particular interest for Neurosciences, hence I ended up elaborating my thesis in the group of Prof. Francisco Cruz, at the *Faculty of Medicine of the University of Porto*. Back then, in 2008, I knew little about neurotrophins and their role in the micturition reflex. However, I was thrilled with the opportunity to embrace and participate in such a good project. After the conclusion of my master degree in Biochemistry, I decided to pursue my research on understanding the effects of neurotrophins in the development of bladder dysfunction and visceral pain as my PhD thesis subject. Looking back in time, it is impossible not to be grateful to the people who supported me and helped me fulfilling this work in every way possible.

First of all, I would like to thank Prof. Celia D. Cruz for accepting me as her student and for supervising this thesis. Without her determinant strength, patience, persistence and assertive advice, this thesis would not have been done. I thank her for the continuous encouragement, guidance and support both at scientific and personal level.

I must express all my gratitude to Prof. Francisco Cruz for having kindly welcomed me in his research team and introduced me to the world of Neurourology. I will always be grateful for his critical thinking, leadership and creative insights, for his fundamental support in a particular difficult time in my life, and for his ability to build a rigorous and at the same time joyful working environment.

A special thank you to Prof. Ana Charrua for shedding light into some scientific questions, for sharing and stimulating new ideas, for her companionship, patience and attention. She has been a role model for her interest in science, her integrity and dedication. I must also thank Prof. Antonio Avelino for his critical thinking and scientific enlightenment and discussions.

I would also like to thank Prof. Deolinda Lima who allowed me to integrate the PhD Programme in Neurosciences and to perform my laboratory work at the Department of Experimental Biology. I thank her for the constructive critiques and the new ideas shared during *science at lunch* discussions.

All my gratitude goes also to Dr. Shelley Allen and everyone at her laboratory at the Molecular Neurobiology Unit, University of Bristol, School of Clinical Sciences, Dorothy Hodgkin Building, in Bristol for kindly giving me the home made recombining proteins, TrkA-Ig<sub>2</sub> and TrkB-Ig<sub>2</sub>. This work would have not been possible without them.

I wish to demonstrate my deep admiration and gratitude to Prof. Martin Michel for receiving me in his laboratory at the Department of Pharmacology and Pharmacotherapy, AMC, in Amsterdam. His critiques and informal way of dealing with Science made everything look easy. I must also thank Prof. Peter Ochodnický for his supervision during my stay and for having introduced me to the world of cell culturing. Many thanks to my friend Hana Cernecka for accompanying me in the discovery of The Netherlands during weekends.

I would also like to express my gratitude and admiration to Prof. Monica Sousa for receiving and allowing me to perform part of my experimental tasks in her laboratory at IBMC- *Instituto de Biologia Molecular e Celular*. I would also like to thank her student, Marlene Morgado, for helping me with the technique and accompanying me during my stay at IBMC.



I would like thank to Prof. Fani Neto, Prof. Carla Morgado, Prof. Jorge Ferreira, Prof. Alexandra Gouveia and Prof. Adriana Rodrigues for their advice and clarification of technical doubts.

I must not forget my awesome lab mates Ana Coelho, Isabel Regadas, Mariana Matos, Maria Ângela Ribeiro, Diana Sousa, Diana Nascimento, Margarida Oliveira, Gisela Borges, Patricia Terra, Sérgio Barros, José Pedro Castro and César Monteiro for their constant good mood and for being good friends. The work in this thesis was also possible thanks to the technical support of D. Elisa Galvão and Fernando Martins. Also, a special thank to Dr. Luisa Guardão, our dedicated and weariless veterinary, and to Liliana e Zita, the fabulous caregivers from the animal house facilities from the *Faculty of Medicine of University of Porto*.

I would like to thank to João Santos, who despite having a lot in hands with his medical classes, was kindly enough to arrange some time and come to the laboratory, helping me in some of the most important experiments. Thank you for your good mood and friendship.

A special thank you to my dearest friends Ana Brandão, Vanessa Ochoa, Paula Parreira e Guerra, Marina Paulo, Joana Senra, Manuela Gonçalves and Catarina Magalhães. Thank you for your words of encouragements and advice. You will always be my sweetheart friends!

To my family, my aunt Virginia and my cousins Ticha, Hugo and Pedro: thank you with all my heart for your support and words of advice.

And above all, I thank my beloved mother for making me who I am today: you will always be my shelter and guardian angel.

Finally, I thank Science for being part of my life.



## Table of Contents

<b>Sumário e Conclusões.....</b>	<b>21</b>
<b>Summary and Conclusions.....</b>	<b>25</b>
<b>List of Abbreviations.....</b>	<b>29</b>
<b>Introduction .....</b>	<b>31</b>
1. Neurotrophins and their receptors .....	33
2. Nerve Growth Factor (NGF) .....	34
2.1. NGF as a pain mediator .....	35
2.2. NGF in the Lower Urinary tract (LUT).....	36
2.2.1 NGF and bladder dysfunction.....	37
3. Brain-Derived Neurotrophic Factor (BDNF) .....	38
3.1 BDNF as a pain modulator.....	39
3.2 BDNF in LUT.....	40
3.2.1 BDNF and bladder dysfunction .....	41
4. Goals.....	42
5. References.....	44
<b>Publications.....</b>	<b>57</b>
Publication I.....	59
Publication II.....	67
Publication III.....	79
Publication IV .....	97
Publication V .....	115
<b>Final Considerations .....</b>	<b>125</b>



## **Sumário e Conclusões**



As neurotrofinas são uma família de fatores de crescimento. Estas proteínas desempenham um papel importante durante o desenvolvimento e na idade adulta na regulação da sobrevivência, crescimento neuronal, plasticidade sináptica e neuroprotecção das populações neuronais dos sistemas nervoso central e periférico. Neste estudo, investigou-se o papel das neurotrofinas Factor de Crescimento Nervoso (NGF, do inglês *Nerve Growth Factor*) e Factor Neurotrófico Derivado do Cérebro (BDNF, do inglês *Brain Derived Neurotrophic Factor*) na dor visceral e hiperactividade vesical associadas à cistite, bem como o papel do BDNF na hiperactividade neurogénica do detrusor (NDO, do inglês *Neurogenic Detrusor Overactivity*).

Os dois primeiros estudos avaliaram o papel do BDNF como mediador dos estímulos sensitivos nódicos produzido pela bexiga e da hiperactividade vesical, usando um modelo animal de cistite induzida com ciclofosfamida. A administração intratecal de BDNF a animais intactos causou dor referida no abdómen e na pata, bem como um aumento da frequência das contrações reflexas da bexiga imediatamente após injeção. Os efeitos agudos da administração intratecal de BDNF na função vesical e sensibilidade cutânea foram de curta duração. Curiosamente, o tratamento crónico com BDNF provocou hipersensibilidade cutânea sem qualquer efeito na função miccional, evidenciando assim a importância da componente inflamatória para o desenvolvimento disfunção vesical associada à inflamação da bexiga. Nos ratos com cistite induzida com ciclofosfamida, os níveis de BDNF estavam aumentados quer na bexiga quer na medula espinhal. Estes animais apresentavam hipersensibilidade cutânea e hiperactividade vesical. A administração intratecal e intravenosa de TrkB-Ig<sub>2</sub>, um sequestrante de BDNF, reduziu significativamente a dor referida e a disfunção miccional. Estas alterações foram acompanhadas por um decréscimo da expressão espinhal de c-Fos e da forma fosforilada da proteína ERK. Apesar disso, não houve redução da inflamação da bexiga, o que sugere que o BDNF produzido na periferia não participa na inflamação (publicação II e III). **(Pinto and Frias et al. 2010. *Neuroscience*, 166:907-916; Frias et al. 2013. *Neuroscience*, 234:88-102).**

O terceiro estudo focou-se na contribuição do BDNF para o estabelecimento e manutenção NDO. Os dados obtidos mostraram que o aparecimento da hiperactividade vesical foi acompanhado por um aumento dos níveis de BDNF ao longo do tempo, maioritariamente na lâmina I e II do corno dorsal da medula espinhal. A sequestração de BDNF, iniciada imediatamente após lesão da medula espinhal, induziu o estabelecimento precoce de NDO juntamente com o aumento da capacidade de crescimento dos neurónios ganglionares da raiz dorsal. Estes dados indicam que o BDNF terá um papel protetor na função vesical em casos de lesão da medula espinhal. Para confirmar esta hipótese, foi administrado BDNF por via intratecal a animais com lesão medular, tendo o tratamento se iniciado logo após lesão.

Registou-se uma melhoria da função miccional após quatro semanas de administração de BDNF. Em ratos espinalizados com NDO crónica, a sequestração de BDNF reduziu a disfunção vesical, evidenciado pela redução da frequência e amplitude da atividade reflexa da bexiga. Tal sugere que o BDNF pode ter diferentes intervenções durante a progressão da doença. Estes resultados implicam marcadamente esta neurotrofina como regulador do aparecimento e manutenção da NDO. Assim, o BDNF poderá ser um alvo terapêutico atrativo para ser manipulado nos diferentes estadios da NDO (publicação IV). **(Frias et al., submitted).**

O último estudo avaliou o papel do TRPV1 (do inglês, *Transient receptor potencial vanilloid 1*) nos efeitos excitatórios provocados pela administração crónica de NGF na atividade reflexa da bexiga e de estímulos sensitivos. Os resultados obtidos mostraram que a administração crónica de NGF induziu hiperactividade da bexiga e hipersensibilidade a estímulos térmicos em animais WT (do inglês, *Wild-Type*). Os ratinhos TRPV1 KO (do inglês, *Knock-out*) não apresentaram qualquer alteração, quer a nível da função miccional quer na sensibilidade cutânea. Estes resultados indicam que o recetor TRPV1 é essencial para os efeitos produzidos pela administração de NGF na função vesical e sensibilidade cutânea. Em suma, estes resultados indicam que a interação entre o NGF e o TRPV1, que se sabe ser essencial para o desenvolvimento da dor somática, também é importante para a regulação da função vesical e dor visceral. Assim, o recetor TRPV1 é um elemento crucial no aparecimento da disfunção vesical em patologias associadas a uma sobre-expressão de NGF (publicação V). **(Frias et al. 2012. BJU Int, 110:E422-E428).**



## **Summary and Conclusions**



Neurotrophins (NTs) are a family of growth factors characterized for their important roles on survival, neurite outgrowth, synaptic plasticity and neuroprotection of neuronal populations from central and peripheral nervous systems during development and adulthood. In this study, we focused our research on Nerve Growth Factor (NGF) and Brain Derived Neurotrophic Factor (BDNF) actions and we investigated their contribution in the regulation of bladder reflex activity as well as their role in visceral pain. We used animal models of chronic bladder inflammation and spinal cord injury.

The first two studies addressed the effects of BDNF as a mediator of bladder-generated noxious input and bladder overactivity using an animal model of CYP-induced cystitis. Intrathecal administration of BDNF to intact animals caused pain and increased the frequency of bladder reflex contractions immediately after injection. The acute effects of intrathecal administration of BDNF for bladder function and pain were short-lived. Interestingly, chronic BDNF treatment caused cutaneous hypersensitivity without affect bladder function, stressing the importance of the inflammatory component in inflammation-dependent bladder dysfunction. In rats with CYP-induced cystitis, BDNF was upregulated both in the bladder as in the spinal cord. These animals presented cutaneous hypersensitivity and bladder hyperactivity. Intrathecal and intravenous delivery of TrkB-Ig<sub>2</sub> significantly reduced the behavioral signs of pain and bladder dysfunction. This was accompanied by a decrease in the spinal expression of c-Fos and phosphoERK. Because no reduction of inflammatory signs was observed, it is unlikely that peripheral BDNF participates in inflammation (publications II and III). **(Pinto and Frias et al. 2010. *Neuroscience*, 166:907-916; Frias et al. 2013. *Neuroscience*, 234:88-102).**

The third study focused on the putative contribution of BDNF for the establishment and maintenance of neurogenic detrusor overactivity (NDO). The data obtained showed that the emergence of bladder hyperactivity was accompanied by a time-dependent increase in BDNF expression mostly in the laminae I and II of the dorsal horn of the spinal cord. BDNF scavenging, initiated immediately after spinal injury, induced the early establishment of NDO which correlated with increased growth capacity of DRG neurons. This indicates that BDNF may have a protective role on bladder function in SCT. To confirm this, spinal cord injured rats were treated with intrathecal BDNF. Treatment was initiated immediately after cord injury. Improvement of bladder function was only observed after four weeks of BDNF administration. In rats with established NDO, BDNF sequestration ameliorated bladder dysfunction by reducing the frequency, amplitude and peak pressure of reflex contractions, suggesting that BDNF may have a differential role during disease progression. These findings identify and strongly imply that this NT participates in the emergence and maintenance of NDO. Thus,

BDNF is an attractive therapeutic target to be differentially manipulated at different stages of NDO establishment (publication IV). (*Frias et al., submitted*).

The last study evaluated the role of TRPV1 in the excitatory effects of chronic administration of NGF on bladder generated sensory input and reflex activity. The data obtained showed that chronic administration of NGF induced bladder hyperactivity and thermal hypersensitivity in WT animals. This was not observed in TRPV1-KO mice, indicating that this receptor is essential for NGF-dependent bladder dysfunction and pain. Overall, these results indicate that the interaction between the NGF and TRPV1 systems, essential for somatic pain, remains operative in the regulation of bladder function and visceral pain. Thus, TRPV1 receptor is an important bottleneck in bladder hyperactivity in pathologies associated with NGF overexpression (publication V). (*Frias et al. 2012. BJU Int, 110:E422-E428*).

## List of Abbreviations

**ASIC2** – Acid Sensing Ionic Channel 2  
**BDNF** – Brain-Derived Neurotrophic Factor  
**BPS/IC** – Bladder Pain Syndrome/Interstitial Cystitis  
**CFA** – Complete Freund’s Adjuvant  
**CGRP** – Calcitonin Gene-Related Peptide  
**CYP** – Cyclophosphamide  
**DCM** – Dorsal Commissure  
**DH** – Dorsal Horn  
**DRG** – Dorsal Root Ganglia  
**ERK** – Extracellular signal-Regulated Kinases 1 and 2  
**ILGs** – Intermediolateral Grey Matter areas  
**MAPK** – Mitogen-Activated Protein Kinase  
**NDO** – Neurogenic Detrusor Overactivity  
**NGF** – Nerve Growth Factor  
**NMDA** – N-methyl-D-aspartate  
**NT-3** – Neurotrophin 3  
**NT-4/5** – Neurotrophin 4/5  
**NTs** - Neurotrophins  
**OAB** – Overactive Bladder Syndrome  
**PKC** – Protein Kinase C  
**Trk Receptor** – Tyrosine Kinase Receptor  
**TrkB-Ig<sub>2</sub>** – TrkB Immunoglobulin-like protein  
**TRPV1** – Transient Receptor Potential Vanilloid 1  
**TRPV1 KO** – TRPV1 knock-out  
**TTX-R** sodium currents – Tetrodotoxin-resistant sodium currents  
**WT** – Wild Type



## **Introduction**

(Based on Frias et al (2011). Neurotrophins in the lower urinary tract: becoming of age. Curr Neuropharmacol. 9(4):553-8)





# 1. Neurotrophins and their receptors

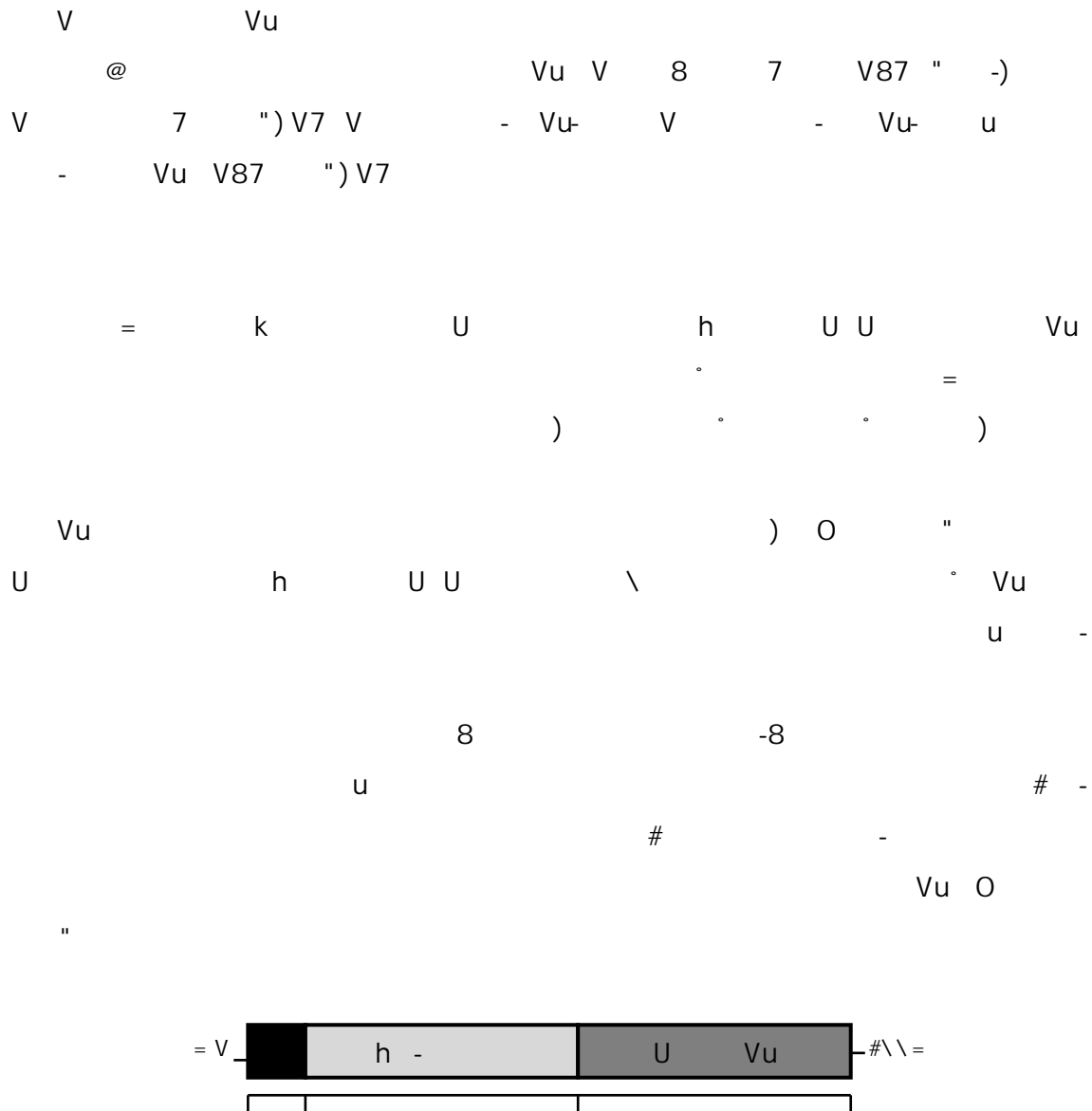
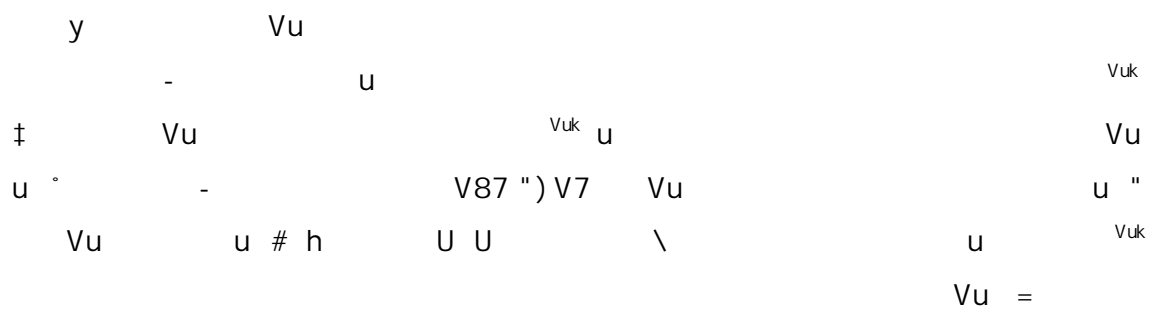
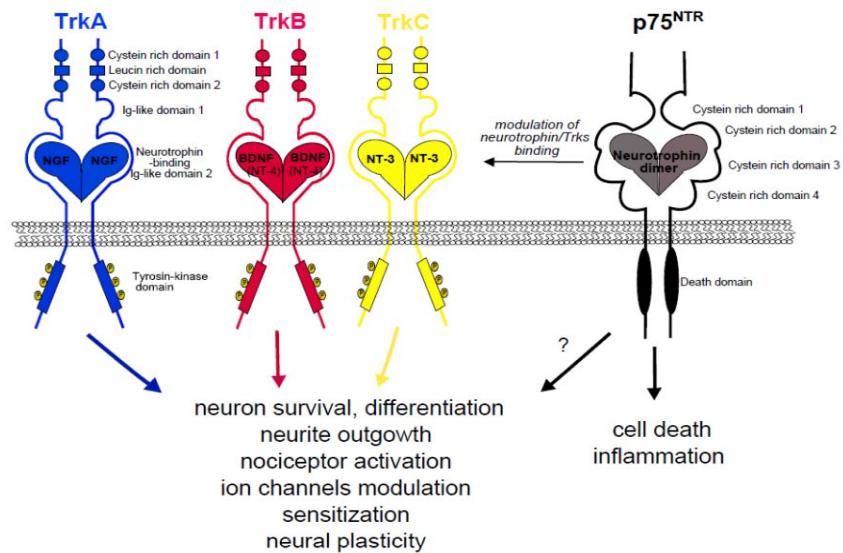


Figure 1. The different domains of neurotrophins are shown along the length of its aminoacids sequence (adapted from (Lessmann and Brigadski, 2009).





**Figure 2. Schematic structure of mammalian neurotrophin receptors and consequences of receptor-ligand binding.**

## 2. Nerve Growth Factor (NGF)

V 8 7 V87

Vu @

= O -U

O -U

=

O -

Montalcini and Angeletti, 1966, Levi-Montalcini, 1975, 1987, Ernsberger, 2009). NGF is presently recognized as an essential trophic protein regulating the development and survival of small diameter primary dorsal root ganglia (DRG) neurons, as well as sprouting of postganglionic sympathetic neurons, as they abundantly express TrkA (Levi-Montalcini, 1987, Pezet and McMahon, 2006). In peripheral tissues, NGF may be synthesized by non-neuronal cells, including cells from the salivary glands (Watson et al., 1985, Nam et al., 2007), smooth muscle cells (Steers et al., 1991), immune cells (Aloe et al., 1992, Hefti et al., 2006) and epithelial cells (Pincelli and Marconi, 2000, Harrison et al., 2004, Birder et al., 2007, Stanzel et al., 2008). NGF is uptaken by the peripheral neuronal terminals and retrogradely transported to the cell bodies of dorsal root ganglia (DRG) neurons, where it activates pro-survival intracellular programs. Although normal levels are low in adult tissue, they are sufficient to exert protective effects on peripheral innervation.

### **2.1. NGF as a pain mediator**

An important function of NGF is the regulation of pain-signaling systems as NGF is essential for the survival and plastic changes of peripheral nociceptive neurons as well as the generation and maintenance of chronic pain states (McMahon, 1996, Hunt and Mantyh, 2001, Julius and Basbaum, 2001). NGF is upregulated in a variety of chronic painful conditions, including arthritis (Aloe et al., 1992, Halliday et al., 1998, Iannone et al., 2002), cystitis (Lowe et al., 1997, Oddiah et al., 1998, Jaggar et al., 1999, Liu et al., 2009), prostatitis (Miller et al., 2002) and chronic headaches (Sarchielli et al., 2001). Healthy volunteers reported cutaneous hypersensitivity and generalized pain starting within minutes after subcutaneous or muscular administration of NGF and persisting for several hours (Petty et al., 1994, Dyck et al., 1997, Svensson et al., 2003, Andersen et al., 2008, Hoheisel et al., 2013). Likewise, subcutaneous injection of NGF in the hindpaw of rodents lead to increased responsiveness to noxious heat and progressive increase in the activity of nociceptive neurons (Lewin et al., 1994, Andreev et al., 1995, Thompson et al., 1995). Also in rodents, the concentration of NGF in the skin increases in response to inflammation produced by injection of irritants, such as complete Freud's Adjuvant (CFA) (Pezet and McMahon, 2006), or following exposure to ultraviolet-B irradiation (Woolf et al., 1994, Bishop et al., 2007). Importantly, NGF has also been linked to visceral pain (Guerios et al., 2006). Finally, it has been recently demonstrated that NGF is an important mediator in experimental models of cancer pain (Sevcik et al., 2005, Bloom et al., 2011, Jimenez-Andrade et al., 2011).

Following the demonstration of high levels of NGF both in experimental models and in human painful conditions, several studies addressed the effects of the downregulation of this

NT. The administration of anti-NGF antibodies, synthetic NGF scavengers and antagonists of Trk receptors successfully reduced pain levels following intraplantar injection of CFA (Lewin et al., 1994, Woolf et al., 1994, Ma and Woolf, 1997), carrageenan-induced inflammation of the hindpaw (McMahon et al., 1995, Chudler et al., 1997, Sammons et al., 2000) and bladder inflammation (Hu et al., 2005, Guerios et al., 2008). Following the demonstration that NGF is a major mediator of pain and reports of the beneficial effects of NGF blockade, a recombinant humanized monoclonal antibody against NGF was developed and tested in preclinical studies to treat pain in osteoarthritic patients (Cattaneo, 2010, Lane et al., 2010, Nagashima et al., 2011, Schnitzer et al., 2011, Brown et al., 2012, 2013). Despite positive effects, patients also developed adverse side problems, including aseptic avascular bone necrosis that eventually lead to joint replacement (Brown et al., 2013), precluding its investigation in other painful conditions.

The reason why NGF is such an important pain mediator is related to its downstream effects (McMahon, 1996, Pezet and McMahon, 2006). Upon release from peripheral tissues, NGF is retrogradely transported to the cell soma of sensory neurons, where it activates signaling pathways such as the Extracellular regulated kinase 1 and 2 (ERK) and Akt signalling pathways (Pezet and McMahon, 2006, Cruz and Cruz, 2007, Ochodnický et al., 2012). Activation of these signaling pathways reduces the activation threshold of sensory afferents either by a quick and direct modulation of membrane receptor or by inducing long-lasting changes in gene expression. Examples of genes regulated by NGF include the ones encoding for other neurotrophins, such as BDNF, and ionic channels, such as the Transient Receptor Potential Vanilloid 1 (TRPV1) (Pezet and McMahon, 2006). Interestingly, acute NGF-induced sensitization may be accounted by a direct interaction between NGF and TRPV1. TrkA activation, induced by NGF binding, leads to the release of TRPV1 from tonic inhibition (Chuang et al., 2001) and quickly increases TRPV1 expression by inducing the insertion in the membrane of new TRPV1 subunits (Zhang et al., 2005, Zhang et al., 2008). However, the interaction between TRPV1 and the NGF system has only been analysed in *in vitro* assays and in the context of somatic pain.

## **2.2. NGF in the Lower Urinary tract (LUT)**

In the LUT, NGF is by far the most well studied neurotrophin. Early studies showed an increase of NGF levels and hypertrophied bladders in rats with urethral obstruction (Steers et al., 1991) and proved NGF as an essential mediator in regulating survival and neurite outgrowth of cultured major pelvic ganglion neurons (Tuttle and Steers, 1992, Tuttle et al., 1994a, Tuttle et al., 1994b). Other studies aimed to detect the origin of NGF in the bladder and

identified bladder smooth cells (Persson et al., 1997, Tanner et al., 2000) and the urothelium (Lowe et al., 1997, Birder et al., 2007, Birder et al., 2010) as important sources of NGF. Interestingly, urothelial cells also respond to this NT as they also express TrkA and p75<sup>NTR</sup> (Murray et al., 2004). In addition, NGF can also be found in the cell bodies of sensory afferents innervating the urinary bladder (Sasaki et al., 2002) and major pelvic ganglia (Murray et al., 2004).

### **2.2.1 NGF and bladder dysfunction**

NGF is upregulated in the bladder in various human LUT pathologies including Bladder Pain Syndrome/Interstitial Cystitis (BPS/IC), Overactive Bladder Syndrome (OAB), Bladder Outlet Obstruction (BOO) and Neurogenic Detrusor Overactivity (NDO) (Ochodnický et al., 2011, Antunes-Lopes et al., 2013). This NT is found in big amounts in the urines of these patients, subsiding after pharmacological and non-pharmacological treatment (Pinto et al., 2010b, Antunes-Lopes et al., 2011, Antunes-Lopes et al., 2013). Collectively, these studies raised the ongoing debate about a putative use of urinary NGF as a biomarker of bladder dysfunction (Liu and Kuo, 2008, Ochodnický et al., 2011, Seth et al., 2013).

In experimental animals of bladder hyperactivity, NGF concentration in the bladder is increased in animals with cystitis (Bjorling et al., 2001, Guerios et al., 2008) and following spinal cord injury (SCI) (Vizzard, 2000). Exogenous administration of NGF to the bladder leads to hyperactivity, with increased frequency and amplitude of bladder contractions, irrespective of the route of administration (Dmitrieva and McMahon, 1996, Dmitrieva et al., 1997, Lamb et al., 2004, Zvara and Vizzard, 2007). More recently, it was reported that transgenic mice with NGF overexpression restricted to the urothelium also present bladder hyperactivity, together with bladder enlargement and sympathetic and sensory hyperinnervation (Schnegelsberg et al., 2010, Girard et al., 2011). At spinal cord level, NGF levels were also upregulated in SCI rats with bladder hyperactivity (Seki et al., 2002, Zvarova et al., 2004). Chronic intrathecal administration of NGF to normal rats also resulted in bladder hyperactivity, accompanied by hyperexcitability of bladder sensory afferents (Yoshimura et al., 2006). Changes in bladder function were accompanied by upregulation in the expression of TrkA and p75<sup>NTR</sup> in the bladder and in the neuronal pathways regulating bladder function (Qiao and Vizzard, 2002a, Qiao and Vizzard, 2002b, Murray et al., 2004, Qiao and Vizzard, 2005, Klinger et al., 2008, Klinger and Vizzard, 2008).

The effects of NGF blockade on bladder function have also been studied. In animals with cystitis, the effects of NGF have been inhibited by intravenous injection of REN1820, a recombinant protein able to sequester NGF (Hu et al., 2005), or following intravesical

u V87 ") V7  
-V87 u 8  
8 @ =  
8  
0  
V87 u  
@ o#@ V87  
- - o o  
o V87 u °  
Vuk  
@ h) V87 Vuk  
Vu  
M M † u  
u Vuk  
= k  
u V87  
o u  
"ho @ u  
u  
@  
V

### 3. Brain-Derived Neurotrophic Factor (BDNF)

") V7 h  
") V7 -  
-  
h h U U °  
") V7 o° U  
U # ") V7  
° o@ U @  
") V7  
o h h U  
") V7 u " M U

= k " ) V7  
 - - ) k8 U  
 -  
 O  
 " ) V7  
 @ @  
 - k @ " ) V7 u ° -  
 V87- U  
 h U U @  
 ) # † -  
 o h # 8 k #8kh U o  
 \ " ) V7 u "  
 h o U  
 -kM  
 hM# h o u o o

### 3.1 BDNF as a pain modulator

@ " ) V7  
 O " ) V7  
 h 8  
 8 @ " ) V7  
 u "  
 o ) " ) V7 ) k8  
 - " ) V7 -7  
 u # @  
 " ) V7  
 ) k8 - " ) V7 -  
 O - " ) V7  
 7 k M  
 u 8 °  
 " ) V7- u

u " V87 " V7

u "-@8 M u

8 °

" V7 h

U U " V7

@

" V7

- ° " V7

" V7

@ " V7

u " V7-  
-kM M h O  
K M  
8 8 M # -kM  
-kM  
K 8  
° M #  
# h

### 3.2 BDNF in LUT

O " V7  
" V7  
@ " V7 u "  
=  
@ O " V7  
O O  
@ " V7  
h h  
7 7  
" V7  
° -O



### 3.2.1 BDNF and bladder dysfunction

" ") V7 V87  
 U M ") V7  
 V87 @ \ ° " " ho @ ") V7  
 h ° -  
 O 7 ") V7 h  
 ° -O  
 @ ") V7 kV°  
 #' h †  
 \ @ ") V7  
 -  
 uV" o j 8 ") V7 - -  
 - @ V) \  
 o#@") V7 kV° † u  
 O o - °  
 o#@ u "  
 j † j †  
 ") V7 -

## 4. Goals

7

@ V87  
Qu Vu @ V87 *in vitro*  
V87 U  
") V7 Vu  
u ") V7  
V87 †  
u ") V7 -  
u ") V7 V) \  
u V87 ukht  
u  
u ") V7  
@ ") V7 -  
@ #' h ") V7  
@ u "-@  
") V7 u  
") V7  
7 7  
u ") V7 V) \  
k -  
") V7 V) \  
V) \  
") V7  
o#@ V) \  
V) \  
u  
u

u V87 ")V7

@ ukht V87 -  
‡ u ukht - M °  
V87 -  
k V87 ukht  
ukht  
V87 - 7  
° - # )  
o -y  
-

## 5. References

- Abrams P, Cardozo L, Fall M, Griffiths D, Rosier P, Ulmsten U, van Kerrebroeck P, Victor A, Wein A (2002) The standardisation of terminology of lower urinary tract function: report from the Standardisation Sub-committee of the International Continence Society. *Neurourol Urodyn* 21:167-178.
- Adwanikar H, Karim F, Gereau RWt (2004) Inflammation persistently enhances nocifensive behaviors mediated by spinal group I mGluRs through sustained ERK activation. *Pain* 111:125-135.
- Allen SJ, Dawbarn D (2006) Clinical relevance of the neurotrophins and their receptors. *Clin Sci (Lond)* 110:175-191.
- Aloe L, Tuveri MA, Carcassi U, Levi-Montalcini R (1992) Nerve growth factor in the synovial fluid of patients with chronic arthritis. *Arthritis Rheum* 35:351-355.
- Anand P (2004) Neurotrophic factors and their receptors in human sensory neuropathies. *Progress in brain research* 146:477-492.
- Andersen H, Arendt-Nielsen L, Svensson P, Danneskiold-Samsøe B, Graven-Nielsen T (2008) Spatial and temporal aspects of muscle hyperalgesia induced by nerve growth factor in humans. *Experimental brain research Experimentelle Hirnforschung Experimentation cerebrale* 191:371-382.
- Andreev N, Dimitrieva N, Koltzenburg M, McMahon SB (1995) Peripheral administration of nerve growth factor in the adult rat produces a thermal hyperalgesia that requires the presence of sympathetic post-ganglionic neurones. *Pain* 63:109-115.
- Antunes-Lopes T, Carvalho-Barros S, Cruz CD, Cruz F, Martins-Silva C (2011) Biomarkers in overactive bladder: a new objective and noninvasive tool? *Advances in urology* 2011:382431.
- Antunes-Lopes T, Pinto R, Barros SC, Botelho F, Silva CM, Cruz CD, Cruz F (2013) Urinary neurotrophic factors in healthy individuals and patients with overactive bladder. *The Journal of urology* 189:359-365.
- Apostolidis A, Popat R, Yiangou Y, Cockayne D, Ford AP, Davis JB, Dasgupta P, Fowler CJ, Anand P (2005) Decreased sensory receptors P2X3 and TRPV1 in suburothelial nerve fibers following intradetrusor injections of botulinum toxin for human detrusor overactivity. *The Journal of urology* 174:977-982; discussion 982-973.
- Arevalo JC, Wu SH (2006) Neurotrophin signaling: many exciting surprises! *Cell Mol Life Sci* 63:1523-1537.
- Bardoni R, Ghirri A, Salio C, Prandini M, Merighi A (2007) BDNF-mediated modulation of GABA and glycine release in dorsal horn lamina II from postnatal rats. *Developmental neurobiology* 67:960-975.
- Birder L, de Groat W, Mills I, Morrison J, Thor K, Drake M (2010) Neural control of the lower urinary tract: peripheral and spinal mechanisms. *Neurourol Urodyn* 29:128-139.
- Birder LA, Nakamura Y, Kiss S, Nealen ML, Barrick S, Kanai AJ, Wang E, Ruiz G, De Groat WC, Apodaca G, Watkins S, Caterina MJ (2002) Altered urinary bladder function in mice lacking the vanilloid receptor TRPV1. *Nature neuroscience* 5:856-860.
- Birder LA, Wolf-Johnston A, Griffiths D, Resnick NM (2007) Role of urothelial nerve growth factor in human bladder function. *Neurourol Urodyn* 26:405-409.
- Bishop T, Hewson DW, Yip PK, Fahey MS, Dawbarn D, Young AR, McMahon SB (2007) Characterisation of ultraviolet-B-induced inflammation as a model of hyperalgesia in the rat. *Pain* 131:70-82.
- Bjorling DE, Jacobsen HE, Blum JR, Shih A, Beckman M, Wang ZY, Uehling DT (2001) Intravesical *Escherichia coli* lipopolysaccharide stimulates an increase in bladder nerve growth factor. *BJU Int* 87:697-702.

- Bloom AP, Jimenez-Andrade JM, Taylor RN, Castaneda-Corral G, Kaczmarek MJ, Freeman KT, Coughlin KA, Ghilardi JR, Kuskowski MA, Mantyh PW (2011) Breast cancer-induced bone remodeling, skeletal pain, and sprouting of sensory nerve fibers. *J Pain* 12:698-711.
- Bonnington JK, McNaughton PA (2003) Signalling pathways involved in the sensitisation of mouse nociceptive neurones by nerve growth factor. *The Journal of physiology* 551:433-446.
- Brown MT, Murphy FT, Radin DM, Davignon I, Smith MD, West CR (2012) Tanezumab Reduces Osteoarthritic Knee Pain: Results of a Randomized, Double-Blind, Placebo-Controlled Phase III Trial. *J Pain*.
- Brown MT, Murphy FT, Radin DM, Davignon I, Smith MD, West CR (2013) Tanezumab reduces osteoarthritic hip pain: Results of a randomized, double-blind, placebo-controlled phase 3 trial. *Arthritis Rheum*.
- Cameron AA, Smith GM, Randall DC, Brown DR, Rabchevsky AG (2006) Genetic manipulation of intraspinal plasticity after spinal cord injury alters the severity of autonomic dysreflexia. *J Neurosci* 26:2923-2932.
- Carrasco MA, Castro P, Sepulveda FJ, Tapia JC, Gatica K, Davis MI, Aguayo LG (2007) Regulation of glycinergic and GABAergic synaptogenesis by brain-derived neurotrophic factor in developing spinal neurons. *Neuroscience* 145:484-494.
- Carroll P, Lewin GR, Koltzenburg M, Toyka KV, Thoenen H (1998) A role for BDNF in mechanosensation. *Nat Neurosci* 1:42-46.
- Caterina MJ, Schumacher MA, Tominaga M, Rosen TA, Levine JD, Julius D (1997) The capsaicin receptor: a heat-activated ion channel in the pain pathway. *Nature* 389:816-824.
- Cattaneo A (2010) Tanezumab, a recombinant humanized mAb against nerve growth factor for the treatment of acute and chronic pain. *Curr Opin Mol Ther* 12:94-106.
- Caunt CJ, Keyse SM (2013) Dual-specificity MAP kinase phosphatases (MKPs): shaping the outcome of MAP kinase signalling. *The FEBS journal* 280:489-504.
- Charrua A, Cruz CD, Cruz F, Avelino A (2007) Transient receptor potential vanilloid subfamily 1 is essential for the generation of noxious bladder input and bladder overactivity in cystitis. *The Journal of urology* 177:1537-1541.
- Charrua A, Cruz CD, Narayanan S, Gharat L, Gullapalli S, Cruz F, Avelino A (2009) GRC-6211, a new oral specific TRPV1 antagonist, decreases bladder overactivity and noxious bladder input in cystitis animal models. *The Journal of urology* 181:379-386.
- Christmas TJ, Rode J, Chapple CR, Milroy EJ, Turner-Warwick RT (1990) Nerve fibre proliferation in interstitial cystitis. *Virchows Archiv A, Pathological anatomy and histopathology* 416:447-451.
- Chuang HH, Prescott ED, Kong H, Shields S, Jordt SE, Basbaum AI, Chao MV, Julius D (2001) Bradykinin and nerve growth factor release the capsaicin receptor from PtdIns(4,5)P<sub>2</sub>-mediated inhibition. *Nature* 411:957-962.
- Chudler EH, Anderson LC, Byers MR (1997) Nerve growth factor depletion by autoimmunization produces thermal hypoalgesia in adult rats. *Brain Res* 765:327-330.
- Coggeshall RE (2005) Fos, nociception and the dorsal horn. *Progress in neurobiology* 77:299-352.
- Coull JA, Beggs S, Boudreau D, Boivin D, Tsuda M, Inoue K, Gravel C, Salter MW, De Koninck Y (2005) BDNF from microglia causes the shift in neuronal anion gradient underlying neuropathic pain. *Nature* 438:1017-1021.
- Cruz C, Cruz F (2011) Spinal Cord Injury and Bladder Dysfunction: New Ideas about an Old Problem. *TheScientificWorldJOURNAL* 11:214-234.
- Cruz CD (2013) Neurotrophins in bladder function: What do we know and where do we go from here? *Neurourol Urodyn*.

- Cruz CD, Avelino A, McMahon SB, Cruz F (2005a) Increased spinal cord phosphorylation of extracellular signal-regulated kinases mediates micturition overactivity in rats with chronic bladder inflammation. *The European journal of neuroscience* 21:773-781.
- Cruz CD, Cruz F (2007) The ERK 1 and 2 pathway in the nervous system: from basic aspects to possible clinical applications in pain and visceral dysfunction. *Current neuropharmacology* 5:244-252.
- Cruz CD, McMahon SB, Cruz F (2006) Spinal ERK activation contributes to the regulation of bladder function in spinal cord injured rats. *Exp Neurol* 200:66-73.
- Cruz CD, Neto FL, Castro-Lopes J, McMahon SB, Cruz F (2005b) Inhibition of ERK phosphorylation decreases nociceptive behaviour in monoarthritic rats. *Pain* 116:411-419.
- Cruz F, Guimaraes M, Silva C, Rio ME, Coimbra A, Reis M (1997) Desensitization of bladder sensory fibers by intravesical capsaicin has long lasting clinical and urodynamic effects in patients with hyperactive or hypersensitive bladder dysfunction. *J Urol* 157:585-589.
- Dawbarn D, Allen SJ (2003) Neurotrophins and neurodegeneration. *Neuropathol Appl Neurobiol* 29:211-230.
- de Groat WC, Yoshimura N (2006) Mechanisms underlying the recovery of lower urinary tract function following spinal cord injury. *Progress in brain research* 152:59-84.
- del Porto F, Aloe L, Lagana B, Triaca V, Nofroni I, D'Amelio R (2006) Nerve growth factor and brain-derived neurotrophic factor levels in patients with rheumatoid arthritis treated with TNF-alpha blockers. *Annals of the New York Academy of Sciences* 1069:438-443.
- Dinis P, Charrua A, Avelino A, Yaqoob M, Bevan S, Nagy I, Cruz F (2004) Anandamide-evoked activation of vanilloid receptor 1 contributes to the development of bladder hyperreflexia and nociceptive transmission to spinal dorsal horn neurons in cystitis. *The Journal of neuroscience : the official journal of the Society for Neuroscience* 24:11253-11263.
- Dmitrieva N, McMahon SB (1996) Sensitisation of visceral afferents by nerve growth factor in the adult rat. *Pain* 66:87-97.
- Dmitrieva N, Shelton D, Rice AS, McMahon SB (1997) The role of nerve growth factor in a model of visceral inflammation. *Neuroscience* 78:449-459.
- Dyck PJ, Peroutka S, Rask C, Burton E, Baker MK, Lehman KA, Gillen DA, Hokanson JL, O'Brien PC (1997) Intradermal recombinant human nerve growth factor induces pressure allodynia and lowered heat-pain threshold in humans. *Neurology* 48:501-505.
- Ernsberger U (2009) Role of neurotrophin signalling in the differentiation of neurons from dorsal root ganglia and sympathetic ganglia. *Cell and tissue research* 336:349-384.
- Evans RJ, Moldwin RM, Cossons N, Darekar A, Mills IW, Scholfield D (2011) Proof of concept trial of tanezumab for the treatment of symptoms associated with interstitial cystitis. *J Urol* 185:1716-1721.
- Fowler CJ, Griffiths D, de Groat WC (2008) The neural control of micturition. *Nat Rev Neurosci* 9:453-466.
- Frias B, Allen S, Dawbarn D, Charrua A, Cruz F, Cruz CD (2013) Brain-derived neurotrophic factor, acting at the spinal cord level, participates in bladder hyperactivity and referred pain during chronic bladder inflammation. *Neuroscience* 234:88-102.
- Frias B, Charrua A, Avelino A, Michel MC, Cruz F, Cruz CD (2012a) Transient receptor potential vanilloid 1 mediates nerve growth factor-induced bladder hyperactivity and noxious input. *BJU Int*.
- Frias B, Charrua A, Santos J, Allen S, Cruz F, Cruz C (2012b) BDNF sequestration improves bladder function in spinal cord injured animals. *European Urology Supplements* 11:E368-E368.
- Fukuoka T, Kondo E, Dai Y, Hashimoto N, Noguchi K (2001) Brain-derived neurotrophic factor increases in the uninjured dorsal root ganglion neurons in selective spinal nerve ligation model. *J Neurosci* 21:4891-4900.

- Galan A, Cervero F, Laird JM (2003) Extracellular signaling-regulated kinase-1 and -2 (ERK 1/2) mediate referred hyperalgesia in a murine model of visceral pain. *Brain research Molecular brain research* 116:126-134.
- Galan A, Lopez-Garcia JA, Cervero F, Laird JM (2002) Activation of spinal extracellular signaling-regulated kinase-1 and -2 by intraplantar carrageenan in rodents. *Neurosci Lett* 322:37-40.
- Gavazzi I, Kumar RD, McMahon SB, Cohen J (1999) Growth responses of different subpopulations of adult sensory neurons to neurotrophic factors in vitro. *The European journal of neuroscience* 11:3405-3414.
- Girard BM, Malley SE, Vizzard MA (2011) Neurotrophin/receptor expression in urinary bladder of mice with overexpression of NGF in urothelium. *American journal of physiology Renal physiology* 300:F345-355.
- Grimsholm O, Guo Y, Ny T, Forsgren S (2008a) Expression patterns of neurotrophins and neurotrophin receptors in articular chondrocytes and inflammatory infiltrates in knee joint arthritis. *Cells, tissues, organs* 188:299-309.
- Grimsholm O, Rantapaa-Dahlqvist S, Dalen T, Forsgren S (2008b) BDNF in RA: downregulated in plasma following anti-TNF treatment but no correlation with inflammatory parameters. *Clinical rheumatology* 27:1289-1297.
- Groth R, Aanonsen L (2002) Spinal brain-derived neurotrophic factor (BDNF) produces hyperalgesia in normal mice while antisense directed against either BDNF or trkB, prevent inflammation-induced hyperalgesia. *Pain* 100:171-181.
- Guerios SD, Wang ZY, Bjorling DE (2006) Nerve growth factor mediates peripheral mechanical hypersensitivity that accompanies experimental cystitis in mice. *Neuroscience letters* 392:193-197.
- Guerios SD, Wang ZY, Boldon K, Bushman W, Bjorling DE (2008) Blockade of NGF and trk receptors inhibits increased peripheral mechanical sensitivity accompanying cystitis in rats. *American journal of physiology Regulatory, integrative and comparative physiology* 295:R111-122.
- Halliday DA, Zettler C, Rush RA, Scicchitano R, McNeil JD (1998) Elevated nerve growth factor levels in the synovial fluid of patients with inflammatory joint disease. *Neurochem Res* 23:919-922.
- Hamburger V, Levi-Montalcini R (1949) Proliferation, differentiation and degeneration in the spinal ganglia of the chick embryo under normal and experimental conditions. *The Journal of experimental zoology* 111:457-501.
- Hanno PM, Burks DA, Clemens JQ, Dmochowski RR, Erickson D, Fitzgerald MP, Forrest JB, Gordon B, Gray M, Mayer RD, Newman D, Nyberg L, Jr., Payne CK, Wessellmann U, Faraday MM (2011) AUA guideline for the diagnosis and treatment of interstitial cystitis/bladder pain syndrome. *The Journal of urology* 185:2162-2170.
- Harrison SM, Davis BM, Nishimura M, Albers KM, Jones ME, Phillips HS (2004) Rescue of NGF-deficient mice I: transgenic expression of NGF in skin rescues mice lacking endogenous NGF. *Brain Res Mol Brain Res* 122:116-125.
- Hashim H, Abrams P (2007) Overactive bladder: an update. *Curr Opin Urol* 17:231-236.
- Hefti FF, Rosenthal A, Walicke PA, Wyatt S, Vergara G, Shelton DL, Davies AM (2006) Novel class of pain drugs based on antagonism of NGF. *Trends Pharmacol Sci* 27:85-91.
- Hoheisel U, Reuter R, de Freitas MF, Treede RD, Mense S (2013) Injection of nerve growth factor into a low back muscle induces long-lasting latent hypersensitivity in rat dorsal horn neurons. *Pain*.
- Hu HJ, Carrasquillo Y, Karim F, Jung WE, Nerbonne JM, Schwarz TL, Gereau RWt (2006) The kv4.2 potassium channel subunit is required for pain plasticity. *Neuron* 50:89-100.
- Hu HJ, Gereau RWt (2011) Metabotropic glutamate receptor 5 regulates excitability and Kv4.2-containing K(+) channels primarily in excitatory neurons of the spinal dorsal horn. *Journal of neurophysiology* 105:3010-3021.

- Hu VY, Zvara P, Dattilio A, Redman TL, Allen SJ, Dawbarn D, Stroemer RP, Vizzard MA (2005) Decrease in bladder overactivity with REN1820 in rats with cyclophosphamide induced cystitis. *J Urol* 173:1016-1021.
- Huang EJ, Reichardt LF (2001) Neurotrophins: roles in neuronal development and function. *Annu Rev Neurosci* 24:677-736.
- Huang EJ, Reichardt LF (2003) Trk receptors: roles in neuronal signal transduction. *Annu Rev Biochem* 72:609-642.
- Huang YT, Lai PC, Wu CC, Hsu SH, Cheng CC, Lan YF, Chiu TH (2010) BDNF mediated TrkB activation is a survival signal for transitional cell carcinoma cells. *International journal of oncology* 36:1469-1476.
- Hughes MS, Shenoy M, Liu L, Colak T, Mehta K, Pasricha PJ (2011) Brain-derived neurotrophic factor is upregulated in rats with chronic pancreatitis and mediates pain behavior. *Pancreas* 40:551-556.
- Hunt SP, Mantyh PW (2001) The molecular dynamics of pain control. *Nature reviews Neuroscience* 2:83-91.
- Iannone F, De Bari C, Dell'Accio F, Covelli M, Patella V, Lo Bianco G, Lapadula G (2002) Increased expression of nerve growth factor (NGF) and high affinity NGF receptor (p140 TrkA) in human osteoarthritic chondrocytes. *Rheumatology (Oxford)* 41:1413-1418.
- Igawa Y, Mattiasson A, Andersson KE (1993) Effects of GABA-receptor stimulation and blockade on micturition in normal rats and rats with bladder outflow obstruction. *The Journal of urology* 150:537-542.
- Jaggari SI, Scott HC, Rice AS (1999) Inflammation of the rat urinary bladder is associated with a referred thermal hyperalgesia which is nerve growth factor dependent. *Br J Anaesth* 83:442-448.
- Ji RR, Baba H, Brenner GJ, Woolf CJ (1999) Nociceptive-specific activation of ERK in spinal neurons contributes to pain hypersensitivity. *Nature neuroscience* 2:1114-1119.
- Ji RR, Befort K, Brenner GJ, Woolf CJ (2002a) ERK MAP kinase activation in superficial spinal cord neurons induces prodynorphin and NK-1 upregulation and contributes to persistent inflammatory pain hypersensitivity. *Journal of Neuroscience* 22:478-485.
- Ji RR, Befort K, Brenner GJ, Woolf CJ (2002b) ERK MAP kinase activation in superficial spinal cord neurons induces prodynorphin and NK-1 upregulation and contributes to persistent inflammatory pain hypersensitivity. *The Journal of neuroscience : the official journal of the Society for Neuroscience* 22:478-485.
- Ji RR, Gereau RWt, Malcangio M, Strichartz GR (2009) MAP kinase and pain. *Brain research reviews* 60:135-148.
- Jimenez-Andrade JM, Ghilardi JR, Castaneda-Corral G, Kuskowski MA, Mantyh PW (2011) Preventive or late administration of anti-NGF therapy attenuates tumor-induced nerve sprouting, neuroma formation, and cancer pain. *Pain* 152:2564-2574.
- Julius D, Basbaum AI (2001) Molecular mechanisms of nociception. *Nature* 413:203-210.
- Kaplan DR, Miller FD (1997) Signal transduction by the neurotrophin receptors. *Curr Opin Cell Biol* 9:213-221.
- Karim F, Wang CC, Gereau RWt (2001) Metabotropic glutamate receptor subtypes 1 and 5 are activators of extracellular signal-regulated kinase signaling required for inflammatory pain in mice. *J Neurosci* 21:3771-3779.
- Kawasaki Y, Kohno T, Zhuang ZY, Brenner GJ, Wang H, Van Der Meer C, Befort K, Woolf CJ, Ji RR (2004) Ionotropic and metabotropic receptors, protein kinase A, protein kinase C, and Src contribute to C-fiber-induced ERK activation and cAMP response element-binding protein phosphorylation in dorsal horn neurons, leading to central sensitization. *J Neurosci* 24:8310-8321.
- Kerr BJ, Bradbury EJ, Bennett DL, Trivedi PM, Dassan P, French J, Shelton DB, McMahon SB, Thompson SW (1999) Brain-derived neurotrophic factor modulates nociceptive



- sensory inputs and NMDA-evoked responses in the rat spinal cord. *J Neurosci* 19:5138-5148.
- Kimpinski K, Campenot RB, Mearow K (1997) Effects of the neurotrophins nerve growth factor, neurotrophin-3, and brain-derived neurotrophic factor (BDNF) on neurite growth from adult sensory neurons in compartmented cultures. *Journal of neurobiology* 33:395-410.
- Klinger MB, Girard B, Vizzard MA (2008) p75NTR expression in rat urinary bladder sensory neurons and spinal cord with cyclophosphamide-induced cystitis. *J Comp Neurol* 507:1379-1392.
- Klinger MB, Vizzard MA (2008) Role of p75NTR in female rat urinary bladder with cyclophosphamide-induced cystitis. *American journal of physiology Renal physiology* 295:F1778-1789.
- Krenz NR, Weaver LC (1998) Sprouting of primary afferent fibers after spinal cord transection in the rat. *Neuroscience* 85:443-458.
- Lai PC, Chiu TH, Huang YT (2010) Overexpression of BDNF and TrkB in human bladder cancer specimens. *Oncology reports* 24:1265-1270.
- Lamb K, Gebhart GF, Bielefeldt K (2004) Increased nerve growth factor expression triggers bladder overactivity. *J Pain* 5:150-156.
- Lane NE, Schnitzer TJ, Birbara CA, Mokhtarani M, Shelton DL, Smith MD, Brown MT (2010) Tanezumab for the treatment of pain from osteoarthritis of the knee. *N Engl J Med* 363:1521-1531.
- Lanteri-Minet M, Bon K, de Pommery J, Michiels JF, Menetrey D (1995) Cyclophosphamide cystitis as a model of visceral pain in rats: model elaboration and spinal structures involved as revealed by the expression of c-Fos and Krox-24 proteins. *Experimental brain research Experimentelle Hirnforschung Experimentation cerebrale* 105:220-232.
- Latremoliere A, Woolf CJ (2009) Central sensitization: a generator of pain hypersensitivity by central neural plasticity. *J Pain* 10:895-926.
- Lessmann V, Brigadski T (2009) Mechanisms, locations, and kinetics of synaptic BDNF secretion: an update. *Neurosci Res* 65:11-22.
- Lever I, Cunningham J, Grist J, Yip PK, Malcangio M (2003a) Release of BDNF and GABA in the dorsal horn of neuropathic rats. *The European journal of neuroscience* 18:1169-1174.
- Lever IJ, Pezet S, McMahon SB, Malcangio M (2003b) The signaling components of sensory fiber transmission involved in the activation of ERK MAP kinase in the mouse dorsal horn. *Molecular and cellular neurosciences* 24:259-270.
- Levi-Montalcini R (1975) Nerve growth factor. *Science* 187:113.
- Levi-Montalcini R (1987) The nerve growth factor 35 years later. *Science* 237:1154-1162.
- Levi-Montalcini R, Angeletti PU (1966) Second symposium on catecholamines. Modification of sympathetic function. *Immunosympathectomy. Pharmacol Rev* 18:619-628.
- Levi-Montalcini R, Hamburger V (1951) Selective growth stimulating effects of mouse sarcoma on the sensory and sympathetic nervous system of the chick embryo. *The Journal of experimental zoology* 116:321-361.
- Lewin GR, Barde YA (1996) Physiology of the neurotrophins. *Annu Rev Neurosci* 19:289-317.
- Lewin GR, Rueff A, Mendell LM (1994) Peripheral and central mechanisms of NGF-induced hyperalgesia. *Eur J Neurosci* 6:1903-1912.
- Li CQ, Xu JM, Liu D, Zhang JY, Dai RP (2008) Brain derived neurotrophic factor (BDNF) contributes to the pain hypersensitivity following surgical incision in the rats. *Molecular pain* 4:27.
- Liu HT, Kuo HC (2008) Urinary nerve growth factor level could be a potential biomarker for diagnosis of overactive bladder. *J Urol* 179:2270-2274.
- Liu HT, Tyagi P, Chancellor MB, Kuo HC (2009) Urinary nerve growth factor level is increased in patients with interstitial cystitis/bladder pain syndrome and decreased in responders to treatment. *BJU Int* 104:1476-1481.

- Lommatzsch M, Braun A, Mannsfeldt A, Botchkarev VA, Botchkareva NV, Paus R, Fischer A, Lewin GR, Renz H (1999) Abundant production of brain-derived neurotrophic factor by adult visceral epithelia. Implications for paracrine and target-derived Neurotrophic functions. *Am J Pathol* 155:1183-1193.
- Lommatzsch M, Quarcoo D, Schulte-Herbruggen O, Weber H, Virchow JC, Renz H, Braun A (2005) Neurotrophins in murine viscera: a dynamic pattern from birth to adulthood. *International journal of developmental neuroscience : the official journal of the International Society for Developmental Neuroscience* 23:495-500.
- Lowe EM, Anand P, Terenghi G, Williams-Chestnut RE, Sinicropi DV, Osborne JL (1997) Increased nerve growth factor levels in the urinary bladder of women with idiopathic sensory urgency and interstitial cystitis. *British journal of urology* 79:572-577.
- Ma QP, Woolf CJ (1997) The progressive tactile hyperalgesia induced by peripheral inflammation is nerve growth factor dependent. *Neuroreport* 8:807-810.
- McIlwrath SL, Hu J, Anirudhan G, Shin JB, Lewin GR (2005) The sensory mechanotransduction ion channel ASIC2 (acid sensitive ion channel 2) is regulated by neurotrophin availability. *Neuroscience* 131:499-511.
- McMahon SB (1996) NGF as a mediator of inflammatory pain. *Philos Trans R Soc Lond B Biol Sci* 351:431-440.
- McMahon SB, Bennett DL, Priestley JV, Shelton DL (1995) The biological effects of endogenous nerve growth factor on adult sensory neurons revealed by a trkA-IgG fusion molecule. *Nat Med* 1:774-780.
- Merighi A, Carmignoto G, Gobbo S, Lossi L, Salio C, Vergnano AM, Zonta M (2004) Neurotrophins in spinal cord nociceptive pathways. *Progress in brain research* 146:291-321.
- Merighi A, Salio C, Ghirri A, Lossi L, Ferrini F, Betelli C, Bardoni R (2008) BDNF as a pain modulator. *Progress in neurobiology* 85:297-317.
- Michael GJ, Averill S, Nitkunan A, Rattray M, Bennett DL, Yan Q, Priestley JV (1997) Nerve growth factor treatment increases brain-derived neurotrophic factor selectively in TrkA-expressing dorsal root ganglion cells and in their central terminations within the spinal cord. *The Journal of neuroscience : the official journal of the Society for Neuroscience* 17:8476-8490.
- Miller LJ, Fischer KA, Goralnick SJ, Litt M, Burleson JA, Albertsen P, Kreutzer DL (2002) Nerve growth factor and chronic prostatitis/chronic pelvic pain syndrome. *Urology* 59:603-608.
- Miranda A, Nordstrom E, Mannem A, Smith C, Banerjee B, Sengupta JN (2007) The role of transient receptor potential vanilloid 1 in mechanical and chemical visceral hyperalgesia following experimental colitis. *Neuroscience* 148:1021-1032.
- Miyazato M, Sasatomi K, Hiragata S, Sugaya K, Chancellor MB, de Groat WC, Yoshimura N (2008a) GABA receptor activation in the lumbosacral spinal cord decreases detrusor overactivity in spinal cord injured rats. *The Journal of urology* 179:1178-1183.
- Miyazato M, Sasatomi K, Hiragata S, Sugaya K, Chancellor MB, de Groat WC, Yoshimura N (2008b) Suppression of detrusor-sphincter dysynergia by GABA-receptor activation in the lumbosacral spinal cord in spinal cord-injured rats. *American journal of physiology Regulatory, integrative and comparative physiology* 295:R336-342.
- Miyazato M, Sugaya K, Goins WF, Wolfe D, Goss JR, Chancellor MB, de Groat WC, Glorioso JC, Yoshimura N (2009) Herpes simplex virus vector-mediated gene delivery of glutamic acid decarboxylase reduces detrusor overactivity in spinal cord-injured rats. *Gene therapy* 16:660-668.
- Miyazato M, Sugaya K, Nishijima S, Ashitomi K, Hatano T, Ogawa Y (2003) Inhibitory effect of intrathecal glycine on the micturition reflex in normal and spinal cord injury rats. *Experimental neurology* 183:232-240.

- Mowla SJ, Farhadi HF, Pareek S, Atwal JK, Morris SJ, Seidah NG, Murphy RA (2001) Biosynthesis and post-translational processing of the precursor to brain-derived neurotrophic factor. *J Biol Chem* 276:12660-12666.
- Muda M, Boschert U, Dickinson R, Martinou JC, Martinou I, Camps M, Schlegel W, Arkinstall S (1996) MKP-3, a novel cytosolic protein-tyrosine phosphatase that exemplifies a new class of mitogen-activated protein kinase phosphatase. *J Biol Chem* 271:4319-4326.
- Mukerji G, Yiangou Y, Agarwal SK, Anand P (2006) Transient receptor potential vanilloid receptor subtype 1 in painful bladder syndrome and its correlation with pain. *The Journal of urology* 176:797-801.
- Murray E, Malley SE, Qiao LY, Hu VY, Vizzard MA (2004) Cyclophosphamide induced cystitis alters neurotrophin and receptor tyrosine kinase expression in pelvic ganglia and bladder. *J Urol* 172:2434-2439.
- Nagashima H, Suzuki M, Araki S, Yamabe T, Muto C (2011) Preliminary assessment of the safety and efficacy of tanezumab in Japanese patients with moderate to severe osteoarthritis of the knee: a randomized, double-blind, dose-escalation, placebo-controlled study. *Osteoarthritis and cartilage / OARS, Osteoarthritis Research Society* 19:1405-1412.
- Nam JW, Chung JW, Kho HS, Chung SC, Kim YK (2007) Nerve growth factor concentration in human saliva. *Oral Dis* 13:187-192.
- Namiki J, Kojima A, Tator CH (2000) Effect of brain-derived neurotrophic factor, nerve growth factor, and neurotrophin-3 on functional recovery and regeneration after spinal cord injury in adult rats. *Journal of neurotrauma* 17:1219-1231.
- Nickel JC, Atkinson G, Krieger JN, Mills IW, Pontari M, Shoskes DA, Crook TJ (2012) Preliminary assessment of safety and efficacy in proof-of-concept, randomized clinical trial of tanezumab for chronic prostatitis/chronic pelvic pain syndrome. *Urology* 80:1105-1110.
- Obata K, Noguchi K (2006) BDNF in sensory neurons and chronic pain. *Neuroscience research* 55:1-10.
- Ochodnick P, Cruz CD, Yoshimura N, Cruz F (2012) Neurotrophins as regulators of urinary bladder function. *Nature reviews Urology* 9:628-637.
- Ochodnick P, Cruz CD, Yoshimura N, Michel MC (2011) Nerve growth factor in bladder dysfunction: contributing factor, biomarker, and therapeutic target. *Neurourol Urodyn* 30:1227-1241.
- Oddiah D, Anand P, McMahon SB, Rattray M (1998) Rapid increase of NGF, BDNF and NT-3 mRNAs in inflamed bladder. *Neuroreport* 9:1455-1458.
- Pang XY, Liu T, Jiang F, Ji YH (2008) Activation of spinal ERK signaling pathway contributes to pain-related responses induced by scorpion *Buthus martensi* Karch venom. *Toxicon : official journal of the International Society on Toxinology* 51:994-1007.
- Persson K, Steers WD, Tuttle JB (1997) Regulation of nerve growth factor secretion in smooth muscle cells cultured from rat bladder body, base and urethra. *J Urol* 157:2000-2006.
- Petty BG, Cornblath DR, Adornato BT, Chaudhry V, Flexner C, Wachsman M, Sinicropi D, Burton LE, Peroutka SJ (1994) The effect of systemically administered recombinant human nerve growth factor in healthy human subjects. *Ann Neurol* 36:244-246.
- Pezet S, Cunningham J, Patel J, Grist J, Gavazzi I, Lever IJ, Malcangio M (2002a) BDNF modulates sensory neuron synaptic activity by a facilitation of GABA transmission in the dorsal horn. *Molecular and cellular neurosciences* 21:51-62.
- Pezet S, Malcangio M, Lever IJ, Perkinson MS, Thompson SW, Williams RJ, McMahon SB (2002b) Noxious stimulation induces Trk receptor and downstream ERK phosphorylation in spinal dorsal horn. *Molecular and cellular neurosciences* 21:684-695.
- Pezet S, Malcangio M, McMahon SB (2002c) BDNF: a neuromodulator in nociceptive pathways? *Brain research Brain research reviews* 40:240-249.

- Pezet S, McMahon SB (2006) Neurotrophins: mediators and modulators of pain. *Annu Rev Neurosci* 29:507-538.
- Pincelli C, Marconi A (2000) Autocrine nerve growth factor in human keratinocytes. *J Dermatol Sci* 22:71-79.
- Pineau I, Lacroix S (2007) Proinflammatory cytokine synthesis in the injured mouse spinal cord: multiphasic expression pattern and identification of the cell types involved. *J Comp Neurol* 500:267-285.
- Pinto R, Frias B, Allen S, Dawbarn D, McMahon SB, Cruz F, Cruz CD (2010a) Sequestration of brain derived nerve factor by intravenous delivery of TrkB-Ig2 reduces bladder overactivity and noxious input in animals with chronic cystitis. *Neuroscience* 166:907-916.
- Pinto R, Lopes T, Frias B, Silva A, Silva JA, Silva CM, Cruz C, Cruz F, Dinis P (2010b) Trigonal injection of botulinum toxin A in patients with refractory bladder pain syndrome/interstitial cystitis. *European urology* 58:360-365.
- Qiao L, Vizzard MA (2002a) Up-regulation of tyrosine kinase (Trka, Trkb) receptor expression and phosphorylation in lumbosacral dorsal root ganglia after chronic spinal cord (T8-T10) injury. *J Comp Neurol* 449:217-230.
- Qiao LY, Grider JR (2007) Up-regulation of calcitonin gene-related peptide and receptor tyrosine kinase TrkB in rat bladder afferent neurons following TNBS colitis. *Exp Neurol* 204:667-679.
- Qiao LY, Vizzard MA (2002b) Cystitis-induced upregulation of tyrosine kinase (TrkA, TrkB) receptor expression and phosphorylation in rat micturition pathways. *J Comp Neurol* 454:200-211.
- Qiao LY, Vizzard MA (2005) Spinal cord injury-induced expression of TrkA, TrkB, phosphorylated CREB, and c-Jun in rat lumbosacral dorsal root ganglia. *J Comp Neurol* 482:142-154.
- Ramer LM, McPhail LT, Borisoff JF, Soril LJ, Kaan TK, Lee JH, Saunders JW, Hwi LP, Ramer MS (2007) Endogenous TrkB ligands suppress functional mechanosensory plasticity in the deafferented spinal cord. *The Journal of neuroscience : the official journal of the Society for Neuroscience* 27:5812-5822.
- Ramer MS (2012) Endogenous neurotrophins and plasticity following spinal deafferentation. *Experimental neurology* 235:70-77.
- Ren K, Dubner R (2007) Pain facilitation and activity-dependent plasticity in pain modulatory circuitry: role of BDNF-TrkB signaling and NMDA receptors. *Molecular neurobiology* 35:224-235.
- Salio C, Averill S, Priestley JV, Merighi A (2007) Costorage of BDNF and neuropeptides within individual dense-core vesicles in central and peripheral neurons. *Developmental neurobiology* 67:326-338.
- Salio C, Lossi L, Ferrini F, Merighi A (2005) Ultrastructural evidence for a pre- and postsynaptic localization of full-length trkB receptors in substantia gelatinosa (lamina II) of rat and mouse spinal cord. *The European journal of neuroscience* 22:1951-1966.
- Sammons MJ, Raval P, Davey PT, Rogers D, Parsons AA, Bingham S (2000) Carrageenan-induced thermal hyperalgesia in the mouse: role of nerve growth factor and the mitogen-activated protein kinase pathway. *Brain Res* 876:48-54.
- Santos-Silva A, Charrua A, Cruz CD, Gharat L, Avelino A, Cruz F (2012) Rat detrusor overactivity induced by chronic spinalization can be abolished by a transient receptor potential vanilloid 1 (TRPV1) antagonist. *Auton Neurosci* 166:35-38.
- Sarchielli P, Alberti A, Floridi A, Gallai V (2001) Levels of nerve growth factor in cerebrospinal fluid of chronic daily headache patients. *Neurology* 57:132-134.
- Sasaki K, Chancellor MB, Phelan MW, Yokoyama T, Fraser MO, Seki S, Kubo K, Kumon H, Groat WC, Yoshimura N (2002) Diabetic cystopathy correlates with a long-term decrease in

- nerve growth factor levels in the bladder and lumbosacral dorsal root Ganglia. *J Urol* 168:1259-1264.
- Schinder AF, Poo M (2000) The neurotrophin hypothesis for synaptic plasticity. *Trends in neurosciences* 23:639-645.
- Schnegelsberg B, Sun TT, Cain G, Bhattacharya A, Nunn PA, Ford AP, Vizzard MA, Cockayne DA (2010) Overexpression of NGF in mouse urothelium leads to neuronal hyperinnervation, pelvic sensitivity, and changes in urinary bladder function. *American journal of physiology Regulatory, integrative and comparative physiology* 298:R534-547.
- Schnitzer TJ, Lane NE, Birbara C, Smith MD, Simpson SL, Brown MT (2011) Long-term open-label study of tanezumab for moderate to severe osteoarthritic knee pain. *Osteoarthritis and cartilage / OARS, Osteoarthritis Research Society* 19:639-646.
- Seki S, Sasaki K, Fraser MO, Igawa Y, Nishizawa O, Chancellor MB, de Groat WC, Yoshimura N (2002) Immunoneutralization of nerve growth factor in lumbosacral spinal cord reduces bladder hyperreflexia in spinal cord injured rats. *The Journal of urology* 168:2269-2274.
- Seki S, Sasaki K, Igawa Y, Nishizawa O, Chancellor MB, De Groat WC, Yoshimura N (2004) Suppression of detrusor-sphincter dyssynergia by immunoneutralization of nerve growth factor in lumbosacral spinal cord in spinal cord injured rats. *The Journal of urology* 171:478-482.
- Seth JH, Sahai A, Khan MS, van der Aa F, de Ridder D, Panicker JN, Dasgupta P, Fowler CJ (2013) Nerve growth factor (NGF): a potential urinary biomarker for overactive bladder syndrome (OAB)? *BJU Int* 111:372-380.
- Sevcik MA, Ghilardi JR, Peters CM, Lindsay TH, Halvorson KG, Jonas BM, Kubota K, Kuskowski MA, Boustany L, Shelton DL, Mantyh PW (2005) Anti-NGF therapy profoundly reduces bone cancer pain and the accompanying increase in markers of peripheral and central sensitization. *Pain* 115:128-141.
- Shu XQ, Llinas A, Mendell LM (1999) Effects of trkB and trkC neurotrophin receptor agonists on thermal nociception: a behavioral and electrophysiological study. *Pain* 80:463-470.
- Silva C, Rio ME, Cruz F (2000) Desensitization of bladder sensory fibers by intravesical resiniferatoxin, a capsaicin analog: long-term results for the treatment of detrusor hyperreflexia. *Eur Urol* 38:444-452.
- Slack SE, Grist J, Mac Q, McMahon SB, Pezet S (2005) TrkB expression and phospho-ERK activation by brain-derived neurotrophic factor in rat spinothalamic tract neurons. *The Journal of comparative neurology* 489:59-68.
- Slack SE, Pezet S, McMahon SB, Thompson SW, Malcangio M (2004) Brain-derived neurotrophic factor induces NMDA receptor subunit one phosphorylation via ERK and PKC in the rat spinal cord. *The European journal of neuroscience* 20:1769-1778.
- Slack SE, Thompson SW (2002) Brain-derived neurotrophic factor induces NMDA receptor 1 phosphorylation in rat spinal cord. *Neuroreport* 13:1967-1970.
- Soril LJ, Ramer LM, McPhail LT, Kaan TK, Ramer MS (2008) Spinal brain-derived neurotrophic factor governs neuroplasticity and recovery from cold-hypersensitivity following dorsal rhizotomy. *Pain* 138:98-110.
- Stanzel RD, Lourenssen S, Blennerhassett MG (2008) Inflammation causes expression of NGF in epithelial cells of the rat colon. *Exp Neurol* 211:203-213.
- Steers WD, Kolbeck S, Creedon D, Tuttle JB (1991) Nerve growth factor in the urinary bladder of the adult regulates neuronal form and function. *J Clin Invest* 88:1709-1715.
- Stein AT, Ufret-Vincenty CA, Hua L, Santana LF, Gordon SE (2006) Phosphoinositide 3-kinase binds to TRPV1 and mediates NGF-stimulated TRPV1 trafficking to the plasma membrane. *The Journal of general physiology* 128:509-522.

- Svensson P, Cairns BE, Wang K, Arendt-Nielsen L (2003) Injection of nerve growth factor into human masseter muscle evokes long-lasting mechanical allodynia and hyperalgesia. *Pain* 104:241-247.
- Tanner R, Chambers P, Khadra MH, Gillespie JI (2000) The production of nerve growth factor by human bladder smooth muscle cells in vivo and in vitro. *BJU Int* 85:1115-1119.
- Thompson SW, Bennett DL, Kerr BJ, Bradbury EJ, McMahon SB (1999) Brain-derived neurotrophic factor is an endogenous modulator of nociceptive responses in the spinal cord. *Proceedings of the National Academy of Sciences of the United States of America* 96:7714-7718.
- Thompson SW, Dray A, McCarson KE, Krause JE, Urban L (1995) Nerve growth factor induces mechanical allodynia associated with novel A fibre-evoked spinal reflex activity and enhanced neurokinin-1 receptor activation in the rat. *Pain* 62:219-231.
- Tominaga M, Caterina MJ (2004) Thermosensation and pain. *Journal of neurobiology* 61:3-12.
- Tominaga M, Caterina MJ, Malmberg AB, Rosen TA, Gilbert H, Skinner K, Raumann BE, Basbaum AI, Julius D (1998) The cloned capsaicin receptor integrates multiple pain-producing stimuli. *Neuron* 21:531-543.
- Tuttle JB, Mackey T, Steers WD (1994a) NGF, bFGF and CNTF increase survival of major pelvic ganglion neurons cultured from the adult rat. *Neuroscience letters* 173:94-98.
- Tuttle JB, Steers WD (1992) Nerve growth factor responsiveness of cultured major pelvic ganglion neurons from the adult rat. *Brain research* 588:29-40.
- Tuttle JB, Steers WD, Albo M, Nataluk E (1994b) Neural input regulates tissue NGF and growth of the adult rat urinary bladder. *Journal of the autonomic nervous system* 49:147-158.
- Tyagi P, Banerjee R, Basu S, Yoshimura N, Chancellor M, Huang L (2006) Intravesical antisense therapy for cystitis using TAT-peptide nucleic acid conjugates. *Molecular pharmaceutics* 3:398-406.
- Vavrek R, Pearse DD, Fouad K (2007) Neuronal populations capable of regeneration following a combined treatment in rats with spinal cord transection. *Journal of neurotrauma* 24:1667-1673.
- Vizzard MA (2000) Changes in urinary bladder neurotrophic factor mRNA and NGF protein following urinary bladder dysfunction. *Exp Neurol* 161:273-284.
- Vizzard MA (2006) Neurochemical plasticity and the role of neurotrophic factors in bladder reflex pathways after spinal cord injury. *Prog Brain Res* 152:97-115.
- Watson AY, Anderson JK, Siminoski K, Mole JE, Murphy RA (1985) Cellular and subcellular colocalization of nerve growth factor and epidermal growth factor in mouse submandibular glands. *Anat Rec* 213:365-376.
- Weaver LC, Verghese P, Bruce JC, Fehlings MG, Krenz NR, Marsh DR (2001) Autonomic dysreflexia and primary afferent sprouting after clip-compression injury of the rat spinal cord. *J Neurotrauma* 18:1107-1119.
- Woolf CJ, Safieh-Garabedian B, Ma QP, Crilly P, Winter J (1994) Nerve growth factor contributes to the generation of inflammatory sensory hypersensitivity. *Neuroscience* 62:327-331.
- Xue Q, Jong B, Chen T, Schumacher MA (2007) Transcription of rat TRPV1 utilizes a dual promoter system that is positively regulated by nerve growth factor. *Journal of neurochemistry* 101:212-222.
- Yang J, Yu Y, Yu H, Zuo X, Liu C, Gao L, Chen ZY, Li Y (2010) The role of brain-derived neurotrophic factor in experimental inflammation of mouse gut. *European journal of pain* 14:574-579.
- Yoshimura N, Bennett NE, Hayashi Y, Ogawa T, Nishizawa O, Chancellor MB, de Groat WC, Seki S (2006) Bladder overactivity and hyperexcitability of bladder afferent neurons after intrathecal delivery of nerve growth factor in rats. *J Neurosci* 26:10847-10855.

' ' " - æ - j K # 7æ ' K ) ' ' ‡ h O ' j " - 8

' ' j # K °  
 - æ = K U V h° V O -  
 ukht - u - U " \ -  
 - æ O O U V h° h ° M h V -  
 - æ ) ' o æ # K - K V V -  
 - æ k k° - - KV -  
 - ‡ \ 8o h - - V -  
 - - ‡ 7 = ‡ O - ° " U ‡ " -  
 " ) V7 )  
 - U -  
 - h h -  
 - h † U ° -  
 - M U - † " U # h U ° #  
 u K





## ***Publications***



### **Publication I**

Neurotrophins in the lower urinary tract: becoming of age

Barbara Frias, Tiago Lopes, Rui Pinto, Francisco Cruz, Célia D. Cruz

**Current Neuropharmacology** (2011) 9(4):553-8.



# Neurotrophins in the Lower Urinary Tract: Becoming of Age

Bárbara Frias<sup>1,2</sup>, Tiago Lopes<sup>3</sup>, Rui Pinto<sup>3</sup>, Francisco Cruz<sup>1,2,3</sup> and Célia Duarte Cruz<sup>1,2,\*</sup>

<sup>1</sup>Department of Experimental Biology, Faculty of Medicine of Porto, Alameda Hernâni Monteiro, 4200-319 Porto, Portugal;

<sup>2</sup>Instituto de Biologia Celular e Molecular, Porto, Portugal; <sup>3</sup>Department of Urology, Hospital de S. João, Porto, Portugal

**Abstract:** The lower urinary tract (LUT) comprises a storage unit, the urinary bladder, and an outlet, the urethra. The coordination between the two structures is tightly controlled by the nervous system and, therefore, LUT function is highly susceptible to injuries to the neuronal pathways involved in micturition control. These injuries may include lesions to the spinal cord or to nerve fibres and result in micturition dysfunction. A common trait of micturition pathologies, irrespective of its origin, is an upregulation in synthesis and secretion of neurotrophins, most notably Nerve Growth Factor (NGF) and Brain Derived Neurotrophic Factor (BDNF). These neurotrophins are produced by neuronal and non-neuronal cells and exert their effects upon binding to their high-affinity receptors abundantly expressed in the neuronal circuits regulating LUT function. In addition, NGF and BDNF are present in detectable amounts in the urine of patients suffering from various LUT pathologies, suggesting that analysis of urinary NGF and BDNF may serve as likely biomarkers to be studied in tandem with other factors when diagnosing patients. Studies with experimental models of bladder dysfunction using antagonists of NGF and BDNF receptors as well as scavenging agents suggest that those NTs may be key elements in the pathophysiology of bladder dysfunctions. In addition, available data indicates that NGF and BDNF might constitute future targets for designing new drugs for better treatment of bladder dysfunction.

**Keywords:** NGF, BDNF, Trk receptors, bladder, LUT.

## INTRODUCTION

The lower urinary tract (LUT) is composed of the urinary bladder, essential storage unit, and the urethra that allows for urine elimination. The storage and periodic elimination of urine depend on the coordinated activity of those organs [1], which receive sensory (Adelta and C-fibres), parasympathetic and sympathetic innervations. The strict control of LUT function is dependent on a set of on-off switching neuronal circuits. During storage, the smooth and striated parts of the urethral sphincter receive excitatory sympathetic input, preventing involuntary bladder emptying, whereas the parasympathetic innervation of the detrusor muscle of the bladder remains inhibited [2, 3]. Bladder contraction is initiated upon activation of sensory mechanisms that detect a sudden increase in intravesical pressure. The parasympathetic innervation is then activated, providing excitatory input to the detrusor. At the same time, the sympathetic drive to the bladder neck and urethra is interrupted. As a result, the sphincter relaxes preceding detrusor contraction, necessary to eliminate urine [1, 4]. In addition, supraspinal centres also contribute to regulation of bladder function, providing another level of complexity to micturition control. Thus, it comes as no surprise that regulation of LUT function is sensitive to a variety of injuries that jeopardize normal bladder control. Such injuries include infections and neuronal lesions (spinal cord injury, cerebrovascular accidents, Parkinson disease...) but, in some cases, are difficult to identify. One

common trait of bladder dysfunction, irrespective of its origin, is increased synthesis and release of NTs in urine and LUT tissue.

## NEUROTROPHINS (NTs)

Neurotrophins (NTs) are a well characterized family of growth factors playing important roles in survival, growth and differentiation of developing neuronal populations of the central and peripheral nervous systems [5-7]. In the adult, NTs may also contribute to the modulation of pre-existing synapses, thereby influencing synaptic transmission [6, 8]. The NTs family comprises several members, the most studied and discussed in the present review being Nerve Growth Factor (NGF) and Brain-Derived Neurotrophic Factor (BDNF). All NTs are synthesized as pro-molecules constituted by a pair of  $\alpha$ ,  $\beta$  and  $\gamma$  subunits. Following synthesis and subsequent exocytosis, proneurotrophins suffer a proteolytic cleavage by extracellular proteases to form mature NTs, constituted exclusively by  $\alpha$  subunits. This represents a mechanism that controls the specificity action of NTs [6]. It is traditionally accepted that NTs are synthesized and released by peripheral tissues and retrogradely transported to the soma of sensory neurons. This is the basis of the so-called neurotrophic theory [9].

NTs exert their effects upon binding to their low-affinity receptor p75<sup>NTR</sup> or to their high-affinity tyrosine kinase (Trk) receptor [6, 10, 11]. Trk receptors are a family of cell surface transmembrane glycoproteins encoded by trk proto oncogenes. These receptors have a similar structure: an intracellular tyrosine kinase domain, a short transmembranar sequence and an extracellular region containing a signal peptide, two cysteine-rich domains, a cluster of three leucine-rich motifs

\*Address correspondence to this author at the Department of Experimental Biology, Faculty of Medicine of Porto, Alameda Hernâni Monteiro, 4200-319 Porto, Portugal; Tel: + 351 22551 3654; Fax: + 351 22551 3655; E-mail: ccruez@med.up.pt

and two Ig-like domains. The second Ig-like domain is the major ligand-binding region and each Trk receptor has a different sequence which is specific for each ligand. The extracellular portions of the Trk receptors are less conserved than the intracellular domains, which accounts for the variability necessary for the specific recognition of each NT [12].

Trk receptors may be expressed as dimers, with or without the presence of p75<sup>NTR</sup>. If the ratio p75<sup>NTR</sup>/Trk is high or if p75<sup>NTR</sup> is expressed in the absence of Trk, binding of neurotrophins may promote apoptosis [12, 13]. If the ratio p75<sup>NTR</sup>/Trk is low, binding of tissue-derived neurotrophins to their specific Trk receptor will promote cell survival, among other cellular functions, by inducing downstream activation of different intracellular transduction pathways, such as ras-raf-MAPK, PI3K-Akt-GSKIII, PLC $\gamma$ -DAG-PKC and S6kinase pathway [12, 14].

### NERVE GROWTH FACTOR (NGF)

NGF was the first member of the neurotrophin family to be described [15]. This NT may be synthesized by neurons and non-neuronal cells, including cells from the salivary glands [16, 17], epithelial [18-21] and mast cells [13]. NGF plays an essential role during the development of the peripheral nervous system, regulating the survival and function of postganglionic sympathetic neurons and small diameter primary afferents [6, 9, 22-24]. In addition, several studies show that NGF is crucial for altered pain states [25-28]. Sensory neurons responding to NGF belong to the small and medium diameter groups of sensory afferents. Upon binding to TrkA, its high-affinity receptor, NGF may induce the expression of several genes that code for various neurotransmitters, receptors and voltage-gated ion channels [6, 29]. Examples of genes regulated by NGF include the ones coding for P2X3 (ATP receptor), ASIC 3 (Acid-sensitive ion channel 3), neuropeptides (such as Substance P and CGRP, Calcitonin gene-related peptide) and other neurotrophins (such as BDNF) [6, 30]. Thus, it is clear that NGF may induce long-term alterations in the sensory system and may, therefore, contribute to long-lasting phenotypic changes occurring during chronic painful conditions. NGF may also contribute to altered peripheral sensitivity by regulating post-translational modification of pre-existent membrane receptors, most notably Transient Receptor Potential Vanilloid 1 (TRPV1) [31-33]. Interestingly, whereas post-translational events occur shortly after TrkA activation, NGF-mediated transcriptional control is likely to take many hours or even days, suggesting that the time span for NGF-induced events is broad.

NGF may also regulate peripheral sensitivity by modulating the crosstalk between TRPV1 with other receptors, namely cannabinoid receptor 1 (CB1), which has been shown to be co-expressed with TRPV1 in sensory neurons [34, 35, 36]. The endogenous cannabinoid anandamide has long been established as a CB1 agonist [37]. Its role as a TRPV1 agonist was established more recently [34, 36, 38]. In rats, exogenous application of anandamide to the bladder induced bladder overactivity and spinal expression of the pain evoked immediate early gene *c-fos* in a capsazepine, a TRPV1 antagonist, dependent manner [38]. In cultured sensory neurons, it was shown that anandamide regulates CGRP

release from TRPV1-expressing neurons [36]. Both studies demonstrated that blockade of CB1 potentiated the excitatory effects of anandamide [36, 38], suggesting that anandamide could have an excitatory effect *via* TRPV1 and an inhibitory one *via* CB1, mostly likely depending on its concentration. Indeed, while at low concentrations anandamide lead to a CB1-mediated inhibition of neuropeptide release, at higher concentration anandamide evoked the opposite in a TRPV1-dependent fashion [39, 40]. NGF levels are critical for the imbalance between the excitatory and inhibitory effects of anandamide [41]. If levels of NGF are high, TRPV1 expression is upregulated and CB1 activation by anandamide potentiates rather, than inhibits, Ca<sup>2+</sup> entry *via* TRPV1 [41]. This is particularly relevant as in inflammatory conditions, such as cystitis, NGF levels increase and contributes to altered pain states and bladder overactivity [6, 7]. The interaction between NGF and CB1 could also occur in a direct manner, rather than *via* TRPV1. Indeed, CB1 was shown to co-localize with TrkA, although its expression does not seem to be mediated by NGF [35]. It was further demonstrated that NGF-induced thermal and visceral hyperalgesia were reduced by CB1 and CB2 activation by anandamide and enhanced following CB blockade [42-44]. Further studies are warranted to better understand the relation between cannabinoid signaling and NGF.

### NGF AND BLADDER OUTLET OBSTRUCTION

The first evidence suggesting a role for NGF in the LUT came from the pioneer studies of Steers and co-workers who studied the effects of bladder outlet obstruction (BOO) on NGF contents present in the urinary bladder. BOO is a highly common condition among men caused by benign prostatic hyperplasia. It has been shown that in human BOO patients, as well as in animals with obstructed urethras, the levels of NGF in the bladder were significantly increased [45]. In addition, following experimental BOO, bladder sensory afferents were hypertrophied [45-47], a change accompanied by a peak in NGF concentration [45]. Interestingly, relief of obstruction lead to a partial reversal of neuronal hypertrophy and a decrease in the high NGF levels [45]. Moreover, the spinal expression of GAP-43, a known marker of axonal sprouting, was upregulated in BOO rats. This was not observed in NGF-immune rats, confirming the pivotal role of NGF in the morphological changes of sensory afferents induced by BOO [48].

### NGF AND OVERACTIVE BLADDER (OAB)

The Overactive Bladder (OAB) syndrome is currently defined by the International Continence Society as urgency, with or without incontinence, usually with frequency and nocturia, in the absence of proven infection or other obvious pathology [49, 50]. OAB is a highly prevalent disorder that impacts the lives of millions of people worldwide, especially in older individuals. In fact, the prevalence of OAB symptoms in the population over 70 years old reaches 40%, which constitutes an important issue now that the life expectancy is higher [51]. Despite its high prevalence, most patients do not seek medical attention and are not aware that OAB is treatable.

The pathogenesis of OAB is still mostly unknown, and therefore treatment is aimed at alleviating symptoms rather

than the cure [51]. However, it is accepted that the to pathophysiology of OAB concurs physical injury to afferent pathways in the LUT and mechanisms such as increased afferent activity, decreased supraspinal inhibition and increased release of neurotransmitters [52]. Whatever the cause, it is accepted that urgency is the key symptom and driving force for OAB [53, 54]. However, objective grading of urgency symptoms is a difficult task and reports vary amongst patients. In most cases, it is possible to perform urodynamic studies that allow an unbiased detection of detrusor overactivity. However, not all OAB patients present detrusor dysfunction which represents an increased difficulty when diagnosing and treating OAB patients. Thus, there is a great need for more accurate means to diagnose OAB and recent studies have focused on the detection of urinary biomarkers [55], most notably on urinary NGF.

Recent pilot clinical studies showed that urinary NGF levels are higher (approximately 12-fold) in patients with OAB than normal controls [56-59]. Although not correlating with the amount of NGF present in bladder tissue [19], urinary levels of NGF can be used to differentiate patients with OAB wet and OAB dry, the concentrations being higher in the former group of patients [59]. In addition, urinary NGF concentration correlates with urgency intensity in OAB patients classified as measured by the Indevus urgency severity scale (USS) scores of 3 or 4 [57]. Successful antimuscarinic treatment reduces USS score and urinary NGF levels with a reversal occurring upon withdrawal of the therapy [58, 59]. In OAB patients refractory to antimuscarinics, botulinum toxin markedly reduces urinary NGF levels [60]. Urinary NGF is also increased in interstitial cystitis/bladder pain syndrome [60, 61]. In this condition, like in patients with neurogenic detrusor overactivity [62], successful treatment with botulinum toxin, which resulted in pain reduction, improved quality of life and bladder function, lead to a significant reduction in urinary NGF [60].

The importance of NGF in bladder function has been further demonstrated in a series of studies with experimental animals. In the urinary tract, NGF is produced by bladder smooth muscle and urothelium [28]. The majority of bladder sensory afferents projecting through the pelvic nerve express the TrkA receptor [23]. Using an experimental model of chronic bladder inflammation, it has been demonstrated that TrkA expression and activation is upregulated in bladder afferents during bladder inflammation and spinal cord injury [63, 64] in tandem with increased levels of NGF mRNA in the bladder [65]. NGF administration *via* different routes resulted in bladder overactivity, characterized by reduction of bladder capacity and inter-contraction interval [66-69]. Likewise, reduction of NGF levels decrease the high frequency of bladder contractions in animals with bladder inflammation [70, Frias *et al.*, unpublished observations] and spinal cord injury [71, 72]. In what concerns visceral pain, the contribution of NGF to sensitize bladder afferents during inflammation has long been established [23, 73]. Thermal hyperalgesia associated with inflammation of the urinary bladder was also shown to be NGF-dependent [43, 44, 74]. In addition, treatment with cannabinoids or NGF sequestration reduced referred pain levels, confirming the importance of NGF in visceral pain and supporting an interaction be-

tween NGF and cannabinoid signalling [43, 44, 74, 75; Frias *et al.*, unpublished results].

## BRAIN DERIVED NEUROTROPHIC FACTOR (BDNF)

BDNF is the most abundant NT although less investigated at the present moment [76]. Like NGF, BDNF also contributes to the survival and proper function of sensory neurons [6, 77-79]. During the developmental period, BDNF is crucial for the development of cranial sensory neurons [80] as well as mechanoreceptors innervating the Meissner and Pacinian corpuscles and chemoreceptors innervating taste buds [80-82]. In the adult, BDNF is essential for neuronal survival and seems to contribute to mechanosensation [83], possibly *via* ASIC2, an important mechanotransducer [84]. BDNF is constitutively expressed by small- and medium-sized peptidergic neurons [5, 85, 86], but it is also produced by non-neuronal cells, including those present in the urinary bladder, lung and colon [87, 88]. This NT exerts its effects *via* its high affinity receptor, TrkB receptor, expressed in the central and peripheral nervous system. Along with its well established trophic effect on neuronal tissue [15] and its relevance in plasticity events (such as LTP in the hippocampus, [89]), the importance of BDNF in nociception has also been under investigation [90]. It has been shown that intraplantar administration of BDNF induces transient thermal hyperalgesia possibly by sensitizing peripheral sensory neurons [91]. However, BDNF seems to be more prominent at central locations as it is anterogradely transported to the spinal cord, where it is released upon noxious peripheral stimulation [86]. BDNF is present in synaptic vesicals at central terminal endings of sensory fibres, co-localizing with Substance P and CGRP [5]. Interestingly, BDNF expression is regulated by NGF and following peripheral inflammation, the levels of BDNF are upregulated in TrkA-expressing neurons [5, 6, 78, 90, 92]. BDNF release within the spinal cord leads to ERK phosphorylation [5, 6, 78, 93] and PKC activation, important events for BDNF-induced thermal hyperalgesia and tactile allodynia [5, 6, 63]. In addition, in the spinal cord BDNF modulates the glutamatergic neurotransmission in an ERK-dependent manner by increasing the phosphorylation of the NR1 subunit of the NMDA (N-methyl-D-aspartate) receptor [94, 95]. The importance of BDNF in pain perception has been further established by studies that abolish its downstream effects. It has been reported that administration of BDNF-scavenging proteins (TrkB-IgG) or antisense oligodeoxynucleotides reduces pain-related behaviour in animals treated with formalin or carrageenan [92, 96].

## BDNF IN THE LUT

Little is known about the role of BDNF in bladder function both in normal and in pathological conditions and available studies are mostly confined to experimental models of bladder dysfunction. It has been demonstrated that following chronic bladder inflammation or spinal cord injury, the synthesis of BDNF in the urinary bladder is strongly increased [65, 88]. Accordingly, the activation levels of TrkB, present in bladder sensory afferents, are upregulated in the same models [63, 64], suggesting that peripherally synthesized BDNF is uptaken by bladder afferents. The importance of TrkB phosphorylation at peripheral sites to bladder function

is still under debate. As for BDNF scavenging studies, those are very scarce. Nevertheless, a recent study from our group showed that BDNF sequestration improved bladder function in rats with chronic cystitis [88]. The same treatment did not produce any effects on bladder reflex activity of intact animals [88], suggesting that BDNF's effect on bladder function seem to be restricted to pathological conditions. Ongoing work from our group has further demonstrated that BDNF seems to play its contribution at the central nervous system in detriment of peripheral effects (Frias *et al.*, unpublished observations). In what concerns clinical data, only one study has evaluated BDNF in the urine of bladder pain syndrome/interstitial cystitis patients. In this study, the levels of urinary BDNF detected were increased but were significantly reduced after botulinum toxin administration [60].

## CONCLUSION

In summary, experimental and clinical studies regarding the importance of NTs, NGF and BDNF in particular, in the lower urinary tract have obtained enough data to support a role of these NTs in LUT. More interestingly, the presence of NGF and BDNF in the urine of patients, the amounts of which correlate with the severity of LUT, and the variations observed after different treatments may indicate that urinary NTs could be new useful biomarkers to complement existent diagnostic tools. Experimental studies indicate that it is likely that NGF and BDNF may be key elements in the pathophysiology of bladder dysfunction. However, it is clear that data concerning the role of BDNF in the LUT is still scarce and more studies are warranted to clarify this. It is also necessary to fully establish if a) urinary NTs are reliable biomarkers of bladder dysfunction and if b) NTs are suitable therapeutic targets for bladder treatment. Future studies will certainly elucidate and establish the true function of NTs in the LUT in normal and pathological conditions and provide better means to diagnose and hopefully treat LUT.

## LIST OF ABBREVIATIONS

ASIC	=	Acid-sensitive ion channel
BOO	=	Bladder outlet obstruction
BDNF	=	Brain derived neurotrophic factor
CGRP	=	Calcitonin gene-related peptide
ERK	=	Extracellular signal-regulated kinase
LUT	=	Lower urinary tract
NGF	=	Nerve growth factor
NMDA	=	N-methyl-D-aspartate receptor
NTs	=	Neurotrophins
OAB	=	Overactive bladder
Trk	=	Tyrosine kinase receptor
TRPV1	=	Transient receptor potential vanilloid 1
USS	=	Urgency severity scale

## REFERENCES

- [1] Fowler, C. J., Griffiths, D., de Groat, W. C. The neural control of micturition. *Nat. Rev. Neurosci.*, **2008**, 9, 453-466.
- [2] Andersson, K. E., Wein, A. J. Pharmacology of the lower urinary tract: basis for current and future treatments of urinary incontinence. *Pharmacol. Rev.*, **2004**, 56, 581-631.
- [3] Yoshimura, N., Chancellor, M. B. Current and future pharmacological treatment for overactive bladder. *J. Urol.*, **2002**, 168, 1897-913.
- [4] de Groat, W. C., Yoshimura, N. Pharmacology of the lower urinary tract. *Annu. Rev. Pharmacol. Toxicol.*, **2001**, 41, 691-721.
- [5] Merighi, A., Carmignoto, G., Gobbo, S., Lossi, L., Salio, C., Vergnano, A. M., Zonta, M. Neurotrophins in spinal cord nociceptive pathways. *Prog. Brain Res.*, **2004**, 146, 291-321.
- [6] Pezet, S., McMahon, S. B. Neurotrophins: mediators and modulators of pain. *Annu. Rev. Neurosci.*, **2006**, 29, 507-538.
- [7] Allen, S. J., Dawbarn, D. Clinical relevance of the neurotrophins and their receptors. *Clin. Sci.*, **2006**, 110, 175-191.
- [8] Levi-Montalcini, R. The nerve growth factor 35 years later. *Science*, **1987**, 237, 1154-1162.
- [9] Kaplan, D. R., Miller, F. D. Neurotrophin signal transduction in the nervous system. *Curr. Opin. Neurobiol.*, **2000**, 10, 381-391.
- [10] Chao, M. V. Neurotrophins and their receptors: a convergence point for many signalling pathways. *Nat. Rev. Neurosci.*, **2003**, 4, 299-309.
- [11] Lu, B., Pang, P., Woo, N. H. The ying and yang of neurotrophin action. *Nat. Rev. Neurosci.*, **2005**, 6, 603-614.
- [12] Huang, E. J., Reichardt, L. F. Trk receptors: roles in neuronal signal transduction. *Annu. Rev. Biochem.*, **2003**, 72, 609-642.
- [13] Hefti, F. F., Rosenthal, A., Walicke, P. A., Wyatt, S., Vergara, G., Shelton, D. L., Davies, A. M. Novel class of pain drugs based on antagonism of NGF. *Trends in Pharmacol. Sci.*, **2006**, 27, 85-91.
- [14] Obata, K., Yamanaka, H., Dai, Y., Tachibana, T., Fukuoka, T., Tokunaga, A., Yoshikawa, H., Noguchi, K. Differential activation of extracellular signal-regulated protein kinase in primary afferent neurons regulates brain-derived neurotrophic factor expression after peripheral inflammation and nerve injury. *J. Neurosci.*, **2003**, 23, 4117-41126.
- [15] Levi-Montalcini, R. Nerve growth factor. *Science*, **1975**, 187, 113.
- [16] Watson, A. Y., Anderson, J. K., Siminoski, K. Cellular and subcellular colocalization of nerve growth factor and epidermal growth factor in mouse submandibular glands. *Anat. Rec.*, **1985**, 213, 365-376.
- [17] Nam, J. W., Chung, J. W., Kho, H. S., Chung, S. C., Kim, Y. K. (Nerve growth factor concentration in human saliva. *Oral Dis.*, **2007**, 13, 187-192.
- [18] Montañó, J. A., Pérez-Piñera, P., García-Suárez, O., Cobo, J., Vega, J. A. Development and neuronal dependence of cutaneous sensory nerve formations: Lessons from neurotrophins. *Microsc. Res. Tech.*, **2010**, 73, 513-529.
- [19] Birder, L. A., Wolf-Johnston, A., Griffiths, D., Resnick, N. M. Role of urothelial nerve growth factor in human bladder function. *Neurorol. Urodyn.*, **2007**, 26, 405-409.
- [20] Pincelli, C., Marconi, A. Autocrine nerve growth factor in human keratinocytes. *J. Dermatol. Sci.*, **2000**, 22, 71-79.
- [21] Stanzel, R. D., Lourenssen, S., Blennerhassett, M. G. (Inflammation causes expression of NGF in epithelial cells of the rat colon. *Exp. Neurol.*, **2008**, 211, 203-213.
- [22] Bennett, D. H., Koltzenburg, M., Priestley, J. V., Shelton, D. L., McMahon, S. B. Endogenous nerve growth factor regulates the sensitivity of nociceptors in the adult rat. *Eur. J. Neurosci.*, **1998**, 10, 1282-1291.
- [23] Dmitrieva, N., Shelton, D., Rice, A. S., McMahon, S. B. The role of nerve growth factor in a model of visceral inflammation. *Neurosci.*, **1997**, 78, 449-459.
- [24] Jaggar, S. I., Scott, H. F., Rice, A. C. Inflammation of the rat urinary bladder is associated with referred thermal hyperalgesia which is nerve growth factor dependent. *Br. J. Anaesth.*, **1999**, 83(3), 442-448.
- [25] Lowe, E. M., Anand, P., Terenghi, G., Williams-Chestnut, R. E., Sinicropi, D. V., Osborne, J. L. Increased nerve growth factor levels in the urinary bladder of women with idiopathic sensory urgency and interstitial cystitis. *Br. J. Urol.*, **1997**, 79, 572-577.
- [26] McMahon, S. B., Dmitrieva, N., Koltzenburg, M. Visceral Pain. *Br. J. Anesth.*, **1995**, 75, 132-144.
- [27] Woolf, C. J., Safieh-Garabedian, B., Ma, Q. P., Crilly, P., Winter, J. Nerve growth factor contributes to the generation of inflammatory sensory hypersensitivity. *Neuroscience*, **1994**, 62, 327-331.



- [28] Steers, W. D., Tuttle, J. B. Mechanisms of Disease: the role of nerve growth factor in the pathophysiology of bladder disorders. *Nat. Clin. Pract. Urol.*, **2005**, 3, 101-110.
- [29] McMahon, S. B., Bennett, D. L., Bevan, S. Inflammatory mediators and modulators. In *Textbook of Pain*, ed. SB McMahon, M Koltzenburg, pp. 49-72. London: Elsevier., 2006.
- [30] Bonnington, J. K., McNaughton, P. A. Signalling pathways involved in the sensitization of mouse nociceptive neurons by nerve growth factor. *J. Physiol.*, **2003**, 551, 433-446.
- [31] Huang, J., Zhang, X., McNaughton, P. A. Modulation of temperature-sensitive TRP channels. *Semin. Cell. Dev. Biol.*, **2006a**, 17, 638-645.
- [32] Huang, J., Zhang, X., McNaughton, P. A. Inflammatory pain: the cellular basis of heat hyperalgesia. *Curr. Neuropharmacol.*, **2006b**, 4, 197-206.
- [33] Zhang, X., Huang, J., McNaughton, P. A.) NGF rapidly increases membrane expression of TRPV1 heat-gated ion channels. *EMBO J.*, **2005**, 24, 4211-4223.
- [34] Ahluwalia, J., Urban, L., Capogna, M., Bevan, S., Nagy, I. Cannabinoid 1 receptors are expressed in nociceptive primary sensory neurons. *Neuroscience*, **2000**, 100, 685-688.
- [35] Ahluwalia, J., Urban, L., Bevan, S., Capogna, M., Nagy, I. Cannabinoid 1 receptors are expressed by nerve growth factor- and glial cell-derived neurotrophic factor-responsive primary sensory neurones. *Neuroscience*, **2002**, 110, 747-753.
- [36] Ahluwalia, J., Urban, L., Bevan, S., Nagy, I. Anandamide regulates neuropeptide release from capsaicin-sensitive primary sensory neurons by activating both the cannabinoid 1 receptor and the vanilloid receptor 1 *in vitro*. *Eur. J. Neurosci.*, **2003**, 17, 2611-2618.
- [37] Devane, W.A., Hanus, L., Breuer, A., Pertwee, R.G., Stevenson, L.A., Griffin, G., Gibson, D., Mandelbaum, A., Etinger, A., Mechoulam, R Isolation and structure of a brain constituent that binds to the cannabinoid receptor. *Science*, **1992**, 258, 1946-1949.
- [38] Dinis, P., Charrua, A., Avelino, A., Yaqoob, M., Bevan, S., Nagy, I., Cruz, F. Anandamide-evoked activation of vanilloid receptor 1 contributes to the development of bladder hyperreflexia and nociceptive transmission to spinal dorsal horn neurons in cystitis. *J. Neurosci.*, **2004**, 24, 11253-11263.
- [39] De Petrocellis, L., Harrison, S., Bisogno, T., Tognetto, M., Brandi, I., Smith, G.D., Creminon, C., Davis, J.B., Geppetti, P., Di Marzo, V. The vanilloid receptor (VR1)-mediated effects of anandamide are potentially enhanced by the cAMP-dependent protein kinase. *J. Neurochem.*, **2001**, 77, 1660-1663.
- [40] Tognetto, M., Amadesi, S., Harrison, S., Creminon, C., Trevisani, M., Carreras, M., Matera, M., Geppetti, P., Bianchi, A. Anandamide excites central terminals of dorsal root ganglion neurons via vanilloid receptor-1 activation. *J. Neurosci.*, **2001**, 21, 1104-1109.
- [41] Evans, R.M., Scott, R.H., Ross, R.A. Chronic exposure of sensory neurones to increased levels of nerve growth factor modulates CB1/TRPV1 receptor crosstalk. *Br. J. Pharmacol.*, **2007**, 152, 404-413.
- [42] Farquhar-Smith, W.P., Rice, A.S. Administration of endocannabinoids prevents a referred hyperalgesia associated with inflammation of the urinary bladder. *Anesthesiology*, **2001**, 94, 507-513.
- [43] Farquhar-Smith, W.P., Jaggar, S.I., Rice, A.S. Attenuation of nerve growth factor-induced visceral hyperalgesia via cannabinoid CB(1) and CB(2)-like receptors. *Pain*, **2002**, 97, 11-21.
- [44] Farquhar-Smith, W.P., Rice, A.S. A novel neuroimmune mechanism in cannabinoid-mediated attenuation of nerve growth factor-induced hyperalgesia. *Anesthesiology*, **2003**, 99, 1391-1401.
- [45] Steers, W.D., Kolbeck, S., Creedon, D., Tuttle, J.B. Nerve growth factor in the urinary bladder of the adult regulates neuronal form and function. *J. Clin. Invest.*, **1991**, 88, 1709-1715.
- [46] Clemow, D.B., McCarty, R., Steers, W.D., Tuttle, J.B. Efferent and afferent neuronal hypertrophy associated with micturition pathways in spontaneously hypertensive rats. *Neurourol. Urodyn.*, **1997**, 16, 293-303.
- [47] Gabella, G., Berggren, T., Uvelius, B. Hypertrophy and reversal of hypertrophy in rat pelvic ganglion neurons. *J. Neurocytol.*, **1992**, 21, 649-662.
- [48] Steers, W.D., Creedon, D.J., Tuttle, J.B. Immunity to nerve growth factor prevents afferent plasticity following urinary bladder hypertrophy. *J. Urol.*, **1996**, 155, 379-385.
- [49] Abrams, P. New words for old: lower urinary tract symptoms for "prostatism". *Br. Med. J.*, **1994**, 308, 929-930.
- [50] Abrams, P., Cardozo, L., Fall, M., Griffiths, D., Rosier, P., Ulmsten, U., van Kerrebroeck, P., Victor, A., Wein, A. The standardisation of terminology of lower urinary tract function: report from the Standardisation Sub-committee of the International Continence Society. *Neurourol. Urodyn.*, **2002**, 21, 167-178.
- [51] Irwin, D. E., Milsom, I., Hunskaar, S., Reilly, K., Kopp, Z., Herschorn, S., Coyne, K., Kelleher, C., Hampel, C., Artibani, W., Abrams, P. Population-based survey of urinary incontinence, overactive bladder, and other lower urinary tract symptoms in five countries: results of the EPIC study. *Eur. Urol.*, **2006**, 50, 1306-1314.
- [52] Hashim, H., Abrams, P. Overactive bladder: an update. *Curr. Opin. Urol.*, **2007**, 17, 231-236.
- [53] rading, A. F. Pathophysiology of the Overactive Bladder. In: Corcos, J., Schick, E., editors. Textbook of the neurogenic bladder. Adults and Children. Martin Dunitz: London, UK, **2004**; pp. 131-141.
- [54] Chapple, C. R., Artibani, W., Cardozo, L. D., Castro-Diaz, D., Craggs, M., Haab, F., Khullar, V., Versi, E. The role urinary urgency and its measurement in the overactive bladder symptom syndrome: current concepts and future prospects. *Br. J. Urol.*, **2005**, 95, 335-340.
- [55] Kuo, H. C. Recent investigations of urinary nerve growth factor as a biomarker for overactive bladder syndrome. *Korean J. Urol.*, **2009**, 50, 831-835.
- [56] Kim, J. C., Park, E. Y., Seo, S. I., Park, Y. H., Hwang, T. K. Nerve growth factor and prostaglandins in the urine of female patients with overactive bladder. *J. Urol.*, **2006**, 175, 1773-1776.
- [57] Liu, H. T., Kuo, H.C. Urinary nerve growth factor level could be a potential biomarker for diagnosis of patients with overactive bladder. *J. Urol.*, **2008**, 179, 2270-2274.
- [58] Yokoyama, T., Kumon, H., Nagai, A. Correlation of urinary nerve growth factor level with pathogenesis of overactive bladder. *Neurourol. Urodyn.*, **2008**, 27, 417-420.
- [59] Liu, H. T., Chancellor, M. B., Kuo, H. C. Urinary nerve growth factor levels are elevated in patients with detrusor overactivity and decreased in responders to detrusor botulinum toxin-A injection. *Eur. Urol.*, **2009**, 56, 700-707.
- [60] Pinto, R., Lopes, T., Frias, B., Silva, A., Silva, J. A., Silva, C. M., Cruz, C., Cruz, F., Dinis, P. Trigonal Injection of Botulinum Toxin A in Patients with Refractory Bladder Pain Syndrome/Interstitial Cystitis. *Eur. Urol.*, **2010**, 58, 360-365.
- [61] Okragly, A.J., Niles, A.L., Saban, R., Schmidt, D., Hoffman, R.L., Warner, T.F., Moon, T.D., Uehling, D., Haak-Frendscho, M. Elevated tryptase, nerve growth factor, neurotrophin-3 and glial cell line-derived neurotrophic factor levels in the urine of interstitial cystitis and bladder cancer patients. *J. Urol.*, **1999**, 161, 438-441.
- [62] Giannantonio, A., Di Stasi, S.M., Nardicchi, V., Zucchi, A., Macchioni, L., Bini, V., Goracci, G., Porena, M. Botulinum-A toxin injections into the detrusor muscle decrease nerve growth factor bladder tissue levels in patients with neurogenic detrusor overactivity. *J. Urol.*, **2006**, 175, 2341-2344.
- [63] Qiao, Li-Ya, Vizzard, M. A. Cystitis-Induced upregulation of tyrosine kinase (TrkA, TrkB) receptor expression and phosphorylation in rat micturition pathways. *J. Comp. Neurol.*, **2002a**, 454, 200-211.
- [64] Qiao, L., Vizzard, M. A. Up-regulation of tyrosine kinase (TrkA, TrkB) receptor expression and phosphorylation in lumbosacral dorsal root ganglia after chronic spinal cord (T8-T10) injury. *J. Comp. Neurol.*, **2002b**, 449, 217-230.
- [65] Vizzard, M. A. Changes in Urinary Bladder Neurotrophic Factor mRNA and NGF Protein Following Urinary Bladder Dysfunction. *Exp. Neurol.*, **2000**, 161, 273-284.
- [66] Chuang, Y. C., Fraser, M. O., Yu, Y., Chancellor, M. B., de Groat, W. C., Yoshimura, N. The role of bladder afferent pathways in bladder hyperactivity induced by the intravesical administration of nerve growth factor. *J. Urol.*, **2001**, 165, 975-979.
- [67] Lamb, K., Gebhart, G. F., Bielefeldt, K. Increased nerve growth factor expression triggers bladder overactivity. *J. Pain*, **2004**, 5, 150-156.
- [68] Yoshimura, N., Bennett, N. E., Hayashi, Y., Ogawa, T., Nishizawa, O., Chancellor, M. B., de Groat, W. C., Seki, S. Bladder overactivity and hyperexcitability of bladder afferent neurons after intrathecal delivery of nerve growth factor in rats. *J. Neurosci.*, **2006**, 26, 10847-10855.

- [69] Zvara, P., Vizzard, M. A. Exogenous overexpression of nerve growth factor in the urinary bladder produces bladder overactivity and altered micturition circuitry in the lumbosacral spinal cord. *BMC*, **2007**, *Physiol.*, 7, 9.
- [70] Hu, V. Y., Zvara, P., Dattilio, A., Redman, T. L., Allen, S. J., Dawbarn, D., Stroemer, P., Vizzard, M. A. Decrease in Bladder Overactivity with REN1820 in rats with cyclophosphamide induced cystitis. *J. Urol.*, **2005**, *173*, 1016-1021.
- [71] Seki, S., Sasaki, K., Fraser, M. O., Igawa, Y., Nishizawa, O., Chancellor, M. B., de Groat, W. C., Yoshimura, N. Immunoneutralization of nerve growth factor in lumbosacral spinal cord reduces bladder hyperreflexia in spinal cord injured rats. *J. Urol.*, **2002**, *168*, 2269-2274.
- [72] Seki, S., Sasaki, K., Igawa, Y., Nishizawa, O., Chancellor, M. B., de Groat, W. C., Yoshimura, N. Suppression of detrusor-sphincter dyssynergia by immunoneutralization of nerve growth factor in lumbosacral spinal cord in spinal cord injured rats. *J. Urol.*, **2004**, *171*, 478-482.
- [73] Dmitrieva, N., McMahon, S.B. Sensitisation of visceral afferents by nerve growth factor in the adult rat. *Pain*, **1996**, *66*, 87-97.
- [74] Jaggar, S.I., Scott, H.C., Rice, A.S. Inflammation of the rat urinary bladder is associated with a referred thermal hyperalgesia which is nerve growth factor dependent. *Br. J. Anaesth.*, **1999**, *83*, 442-448.
- [75] Guerios, S.D., Wang, Z.Y., Boldon, K., Bushman, W., Bjorling, D.E. Blockade of NGF and trk receptors inhibits increased peripheral mechanical sensitivity accompanying cystitis in rats. *Am. J. Physiol. Regul. Integr. Comp. Physiol.*, **2008**, *295*, R111-R122.
- [76] Pezet, S., Malcangio, M., McMahon, S. B. BDNF: a neuromodulator in nociceptive pathways? *Brain Res. Rev.*, **2002a**, *40*, 240-249.
- [77] Kerr, B. J., Bradbury, E. J., Bennett, D. H., Trivedi, P. M., Dassan, P., French, J., Shelton, D. B., McMahon, S. B., Thompson, S. N. Brain-derived neurotrophic factor modulates nociceptive sensory inputs and NMDA-evoked responses in the rat spinal cord. *J. Neurosci.*, **1999**, *19*, 5138-5148.
- [78] Merighi, A., Salio, C., Ghirri, A., Lossi, L., Ferrini, F., Betelli, C., Bardoni, R. BDNF as a pain modulator. *Prog. Neurobiol.*, **2008**, *85*, 297-317.
- [79] Michael, G. J., Averill, S., Nitkunan, A., Rattray, M., Bennett, D. L., Yan, Q., Priestley, J. V. Nerve growth factor treatment increases brain-derived neurotrophic factor selectively in TrkA-expressing dorsal root ganglion cells and in their central terminations within the spinal cord. *J. Neurosci.*, **1997**, *17*, 8476-8490.
- [80] Hellard, D., Brosenitsch, T., Fritzsche, B., Katz, D.M. Cranial sensory neuron development in the absence of brain-derived neurotrophic factor in BDNF/Bax double null mice. *Dev. Biol.*, **2004**, *275*, 34-43.
- [81] Sedy, J., Szeder, V., Walro, J.M., Ren, Z.G., Nanka, O. Pacinian corpuscle development involves multiple trk signaling pathways. *Dev. Dyn.*, **2004**, *231*, 551.
- [82] Uchida, N., Kanazawa, M., Suzuki, Y., Takeda, M. Expression of BDNF and trkB in mouse taste buds after denervation and in circumvallate papillae during development. *Arch. Histol. Cytol.*, **2003**, *66*, 17-25.
- [83] Carroll, P., Lewin, G. R., Koltzenburg, M., Toyka, K. V., Thoenen, H. A role for BDNF in mechanosensation. *Nat. Neurosci.*, **1998**, *1*, 42-46.
- [84] McIlwrath, S. L., Hu, J., Anirudhan, G., Shin, J. B., Lewin, G. R. The sensory mechanotransduction ion channel ASIC2 (acid sensitive ion channel 2) is regulated by neurotrophin availability. *Neuroscience*, **2005**, *131*, 499-511.
- [85] Obata, K., Noguchi, K. BDNF in sensory neurons and chronic pain. *Neurosci. Res.*, **2006**, *55*, 1-10.
- [86] Zhou, X. F., Rush, R. A. Endogenous brain-derived neurotrophic factor is anterogradely transported in primary sensory neurons. *Neuroscience*, **1996**, *74*, 945-951.
- [87] Lommatzsch, M., Braun, A., Mannsfeldt, A., Botchkarev, V. A., Botchkareva, N. V., Paus, R., Fischer, A., Lewin, G. R., Renz, H. (Abundant production of brain-derived neurotrophic factor by adult visceral epithelia. Implications for paracrine and target-derived neurotrophic functions. *Am. J. Pathol.*, **1999**, *155*, 1183-1193.
- [88] Pinto, R., Frias, B., Allen, S., Dawbarn, D., McMahon, S. B., Cruz, F., Cruz, C. D. Sequestration of brain derived nerve factor by intravenous delivery of TrkB-Ig2 reduces bladder overactivity and noxious input in animals with chronic cystitis. *Neuroscience*, **2010a**, *166*, 907-916.
- [89] Lu, Y., Christian, K., Lu, B. BDNF: a key regulator for protein synthesis-dependent LTP and long-term memory? *Neurobiol. Learn. Mem.*, **2008**, *89*, 312-323.
- [90] Zhao, J., Seereeram, A., Nassar, M. A., Levato, A., Pezet, S., Hathaway, G., Morenilla-Palao, C., Stirling, C., Fitzgerald, M., McMahon, S. B., Rios, M., Wood, J. N. Nociceptor-derived brain-derived neurotrophic factor regulates acute and inflammatory but not neuropathic pain. *Mol. Cell. Neurosci.*, **2006**, *31*, 539-548.
- [91] Shu, X. Q., Llinas, A., Mendell, L. M. Effects of TrkB and TrkC receptor agonists on thermal nociception: a behavioral and electrophysiological study. *Pain*, **1999**, *80*, 463-470.
- [92] Thompson, S. W. N., Bennett, D. L., Kerr, B. J., Bradbury, E. J., McMahon, S. B. Brain-derived neurotrophic factor is an endogenous modulator of nociceptive responses in the spinal cord. *Proc. Natl. Acad. Sci.*, **1999**, *96*, 7714-7718.
- [93] Pezet, S., Malcangio, M., Lever, I. J., Perkinson, M. S., Thompson, S. W., Williams, R. J., McMahon, S. B. Noxious stimulation induces Trk receptor and downstream ERK phosphorylation in spinal dorsal horn. *Mol. Cell. Neurosci.*, **2002b**, *21*, 684-695.
- [94] Slack, S. E., Thompson, S. N. Brain-derived neurotrophic factor induces NMDA receptor I phosphorylation in rat spinal cord. *Neuroreport*, **2002**, *13*, 1967-1970.
- [95] Slack, S. E., Pezet, S., McMahon, S. B., Thompson, S. N., Malcangio, M. Brain-derived neurotrophic factor induces NMDA receptor subunit one phosphorylation via ERK and PKC in the rat spinal cord. *Eur. J. Neurosci.*, **2004**, *20*, 1769-1778.
- [96] Groth, R., Aanonsen, L. Spinal brain-derived neurotrophic factor (BDNF) produces hyperalgesia in normal mice while antisense directed against either BDNF or TrkB, prevent inflammation-induced hyperalgesia. *Pain*, **2002**, *100*, 171-181.

## **Publication II**

Sequestration of Brain Derived Nerve Factor by intravenous delivery of TrkB-Ig<sub>2</sub> reduces bladder overactivity and noxious input in animals with chronic cystitis

Rui Pinto, Barbara Frias, Shelley Allen, David Dawbarn, Stephen B. McMahon, Francisco Cruz, Celia D. Cruz

**Neuroscience** (2010) 166:907-16



## SEQUESTRATION OF BRAIN DERIVED NERVE FACTOR BY INTRAVENOUS DELIVERY OF TrkB-Ig<sub>2</sub> REDUCES BLADDER OVERACTIVITY AND NOXIOUS INPUT IN ANIMALS WITH CHRONIC CYSTITIS

R. PINTO,<sup>a,b,1</sup> B. FRIAS,<sup>a,c,1</sup> S. ALLEN,<sup>d</sup> D. DAWBARN,<sup>d</sup>  
S. B. McMAHON,<sup>e</sup> F. CRUZ<sup>a,b,c</sup> AND C. D. CRUZ<sup>a,c,\*</sup>

<sup>a</sup>Instituto de Biologia Celular e Molecular, Porto, Portugal

<sup>b</sup>Department of Urology, Hospital de S João, Porto, Portugal

<sup>c</sup>Institute of Histology and Embryology, Faculty of Medicine of Porto University, Porto, Portugal

<sup>d</sup>Molecular Neurobiology Unit, University of Bristol, CSSB, Dorothy Hodgkin Building, Bristol, UK

<sup>e</sup>London Pain Consortium, King's College London, Neurorestoration Group, Wolfson CARD, Wolfson Wing, London Bridge, London, UK

**Abstract**—Brain derived nerve factor (BDNF) is a trophic factor belonging to the neurotrophin family. It is upregulated in various inflammatory conditions, where it may contribute to altered pain states. In cystitis, little is known about the relevance of BDNF in bladder-generated noxious input and bladder overactivity, a matter we investigated in the present study. Female rats were intraperitoneally (i.p.) injected with cyclophosphamide (CYP; 200 mg/kg). They received saline or TrkB-Ig<sub>2</sub> via intravenously (i.v.) or intravesical administration. Three days after CYP-injection, animals were anaesthetized and cystometries performed. All animals were perfusion-fixed and the spinal cord segments L6 collected, post-fixed and processed for c-Fos and phosphoERK immunoreactivity. BDNF expression in the bladder, as well as bladder histology, was also assessed. Intravesical TrkB-Ig<sub>2</sub> did not change bladder reflex activity of CYP-injected rats. In CYP-animals treated with i.v. TrkB-Ig<sub>2</sub> a decrease in the frequency of bladder reflex contractions, in comparison with saline-treated animals, was observed. In spinal sections from the latter group of animals, the number of phosphoERK and c-Fos immunoreactive neurons was lower than in sections from saline-treated CYP-animals. BDNF immunoreactivity was higher during cystitis but was not changed by TrkB-Ig<sub>2</sub> i.v. treatment. Evaluation of the bladder histology showed similar inflammatory signs in the bladders of inflamed animals, irrespective of the treatment. Data show that i.v. but not intravesical administration of TrkB-Ig<sub>2</sub> reduced bladder hyperactivity in animals with cystitis to levels comparable to those observed in unirritated rats. Since i.v. TrkB-Ig<sub>2</sub> also reduced

spinal extracellular signal-regulated kinase (ERK) activation, it is possible that BDNF contribution to inflammation-induced bladder hyperactivity is via spinal activation of the ERK pathway. Finally, the reduction in c-Fos expression indicates that TrkB-Ig<sub>2</sub> also reduced bladder-generated noxious input. Our results show that sequestration of BDNF may be considered a new therapeutic strategy to treat chronic cystitis. © 2010 IBRO. Published by Elsevier Ltd. All rights reserved.

**Key words:** BDNF, bladder, inflammation, cystitis, neurotrophin, intravenous.

Chronic bladder inflammation can cause alterations in the properties of bladder sensory afferents often resulting in peripheral sensitization. Peripheral sensitization of primary afferents or changes in their central synapses may contribute to increased pain sensation and bladder overactivity arising during cystitis (Dubner and Ruda, 1992; Dmitrieva et al., 1997). It is commonly accepted that sensitization of bladder afferents is dependent on neurotrophins (for review see Pezet and McMahon, 2006). This related family of proteins comprises Nerve Growth Factor (NGF), Brain Derived Neurotrophic Factor (BDNF; for review see Pezet and McMahon, 2006), Neurotrophin-3 (NT-3) and NT-4.

NGF has attracted much attention in the past few years as its levels have been found to be elevated in the urine and bladder biopsies from patients with micturition dysfunctions, including interstitial cystitis/bladder pain syndrome and overactive bladder syndrome (Lowe et al., 1997; Okragly et al., 1999; Liu and Chancellor, 2008). NGF binds to its high affinity receptor TrkA, which is abundantly expressed in bladder afferents (Qiao and Vizzard, 2002a,b, 2005) supporting an important role for NGF modulation of bladder sensory innervation.

Another neurotrophin receptor largely expressed in bladder sensory afferents is TrkB (Qiao and Vizzard, 2002a,b), the high affinity receptor for BDNF. This receptor is also present in abundance in the spinal cord (for review see Merighi et al., 2004, 2008). Recently, it has been demonstrated that TrkB expression and activation is up-regulated in bladder afferents in rats with cystitis (Qiao and Vizzard, 2002a) and spinal cord injury (Qiao and Vizzard, 2002b, 2005). In addition, peripheral inflammation results in BDNF upregulation (Paterson et al., 2009) which may occur, at least in part, in an NGF-dependent manner (Cho et al., 1997). Therefore, it is conceivable that BDNF may also participate in neuronal changes occurring during

<sup>1</sup> Indicates equal contribution.

\*Correspondence to: C. D. Cruz, Institute Histology and Embryology, FMUP, Alameda Hernani Monteiro, 4200-319 Porto, Portugal. Tel: +351-22-5513654; fax: +351-22-5513655.

E-mail address: ccruz@med.up.pt (C. D. Cruz).

**Abbreviations:** ABC, avidin biotin complex; BDNF, brain derived neurotrophic factor; CYP, cyclophosphamide; DAB, 3,3',-diaminobenzidine tetrahydrochloride; DCM, dorsal commissure; ERK, extracellular signal-regulated kinase; ILG, intermediolateral grey matter; i.p., intraperitoneal; IR, immunoreactive; i.v., intravenous; NGF, nerve growth factor; NT, neurotrophin; PBS, phosphate buffer saline 0.1M; PBST, PBS containing 0.3% of Triton X-100; s.c., subcutaneous; TRPV1, transient potential receptor vanilloid 1.

chronic cystitis. Nevertheless, this possibility has never received much attention.

One of the most commonly used animal models of cystitis consists in intraperitoneally (i.p.) administration of cyclophosphamide (CYP; Dinis et al., 2004a; Cruz et al., 2005; Charrua et al., 2008). CYP is metabolized in the liver into acrolein which is excreted via the urinary system. On accumulation in the bladder, acrolein acts as a strong irritant and, consequently, the frequency of bladder reflex contractions is increased in rats treated with CYP (Cruz et al., 2005). In addition, CYP-inflamed animals present spontaneous behaviour indicative of the presence of pain (Boucher et al., 2000; Méen et al., 2001, 2002), as well as increased density of sensory fibres in the bladder wall (Dickson et al., 2006). Using the CYP model of cystitis, Vizzard has demonstrated upregulation of the NGF and BDNF levels of mRNA (Vizzard, 2000). Treatment of CYP-inflamed animals with an NGF-sequestering protein was shown to improve bladder function (Hu et al., 2005). Therefore, in the present study we used a similar strategy to clarify if BDNF contributes to bladder overactivity and pain in the CYP model of cystitis.

## EXPERIMENTAL PROCEDURES

### Experimental animals and reagents

Adult female Wistar rats (220–250 g) were obtained from Charles River (France). The ethical guidelines for investigation of experimental pain in animals and the European Communities Council Directive (86/609/EEC) were followed (Zimmermann, 1983). Rats were housed (12 h light/dark cycle) with *ad libitum* access to food and water. Non-terminal animal handling was performed under isoflurane anaesthesia (5% for induction and 2% for maintenance). For cystometries and terminal handling, rats received a subcutaneously (s.c.) bolus of urethane (1.2 g/kg subcutaneous injection). BDNF was sequestered by recombinant TrkB-Ig<sub>2</sub>. This is the second immunoglobulin-like domain of the TrkB receptor, expressed in *E. coli*. It has an N-terminal six-histidine tag and a molecular weight of 18,580 Da. This soluble domain binds to BDNF with picomolar affinity (Naylor et al., 2002; Lu et al., 2009). Unspecific IgG produced in rabbit came from Sigma (Portugal). Cyclophosphamide was obtained from Baxter (Portugal). The antibody against phosphorylated extracellular signal-regulated kinase (ERK) 1 and 2, raised in rabbit, was purchased from Neuromics (Germany) while the antibody against c-Fos, also raised in rabbit, was purchased from Calbiochem (UK). The antibody against BDNF, raised in chicken, was purchased from Neuromics (Germany). The secondary biotinylated swine anti-rabbit antibody was obtained from Dakopatts (Denmark) and the avidin biotin complex (ABC) conjugated with horseradish peroxidase from Vector Laboratories (UK). The secondary antibody anti-chicken Cy3-conjugated was raised in goat and bought from Jackson Laboratories (UK). All antibodies and the ABC solution were prepared in phosphate buffer saline 0.1 M (PBS; pH 7.6) containing 0.3% of Triton X-100 (PBST).

### Experimental cystitis and TrkB-Ig<sub>2</sub> administration

There were ten experimental groups in total ( $n=4$  per group). One of the groups was not subjected to bladder inflammation and served as control. The remaining animals received an intraperitoneally (i.p.) injection of cyclophosphamide (CYP, 200 mg/kg; dissolved in saline). This regimen was chosen based on previous studies showing that a single administration of CYP 200 mg/kg

resulted in comparable production of pro-inflammatory molecules, such as anandamide, and bladder overactivity as those observed after repeated injections of CYP 75 mg/kg (Dinis and Charrua et al., 2004). For a period of 3 days, CYP-treated animals received daily injections in the tail vein of 300  $\mu$ l of sterile saline, TrkB-Ig<sub>2</sub> (100 or 200  $\mu$ g) or unspecific rabbit IgG (100 or 200  $\mu$ g). Two additional groups of rats ( $n=4$  per group) were not injected with CYP but received daily intravenously (i.v.) injections of 100 or 200  $\mu$ g of TrkB-Ig<sub>2</sub>. To avoid stress reactions, i.v. injections were performed under isoflurane anaesthesia.

Two other groups of animals were also injected with CYP. These animals were submitted to daily intravesical administration of TrkB-Ig<sub>2</sub> for a period of 3 days (100  $\mu$ g) or saline. Treatments were performed under isoflurane anaesthesia (5% for induction, 2% for maintenance). The bladders were catheterized with a 22-gauge polyethylene catheter inserted through the urethra. Urine was removed and the bladders were filled with either 0.5 ml of a solution containing 100  $\mu$ g of TrkB-Ig<sub>2</sub> or 0.5 ml of saline. Solutions were left in contact with the mucosa for 30 min. The bladders were thereafter rinsed with saline, the urethral catheter was removed and the animals were allowed to recover.

### Assessment of bladder reflex activity

Seventy-two hours post-CYP injection, all animals were anaesthetized with urethane. The bladder was exposed through a low abdominal line and a 21-gauge needle was inserted in the bladder dome. After a period of 30 min for stabilization, saline was infused at a constant rate of 6 ml/h while the urethra was left unobstructed for urine expulsion. Bladder contractions were registered for 1 h using a pressure transducer (World Precision Instruments) connected by a side arm to the infusion tube. Animals were kept on a heating pad to maintain body temperature at 37 °C.

### Fixative perfusion and spinal cord immunolabelling

Animals were perfused through the ascending aorta with 250 ml of Tyrode's solution (in mM unless otherwise specified: NaCl, 0.12 M; KCl, 5.4; MgCl<sub>2</sub>·6H<sub>2</sub>O, 1.6; MgSO<sub>4</sub>·7H<sub>2</sub>O, 0.4; NaH<sub>2</sub>PO<sub>4</sub>·H<sub>2</sub>O, 1.2; glucose, 5.5; and NaHCO<sub>3</sub>, 26.2) followed by 750 ml of 4% paraformaldehyde. Spinal cord segments L6 were collected and post-fixed in the same fixative solution for 4 h and cryoprotected overnight in sucrose 30% in phosphate buffer 0.1 M (pH 7.6). On the following day, cord segments were cut in a freezing microtome into 40  $\mu$ m sections and stored at –20 °C in cryoprotective solution until further processing.

When all animal testing was concluded, every second and fourth spinal cord sections were immunoreacted against phosphoERK and c-Fos. These were chosen as their expression in the spinal cord is upregulated in CYP-inflamed animals (Dinis et al., 2004a; Cruz et al., 2005) and both depend on BDNF (Kerr et al., 1999; Pezet et al., 2002; Jongen et al., 2005). After several washes in PBS, sections were incubated for 30 min in PBS containing 0.3% hydrogen peroxide. After two washes in PBS and one wash in PBST, sections were incubated for 2 h in a blocking solution (10% normal swine serum in PBST). Sections were incubated for 48 h at 4 °C with phospho-specific antibody against phosphoERK (1:1000) or against c-Fos (1:10000). Then, after several washes with PBST, sections were incubated with polyclonal swine anti-rabbit biotin-conjugated antibody (1:200). The immunoreaction was visualized using the ABC peroxidase-conjugated method (1:200) using 3,3'-diaminobenzidine tetrahydrochloride (DAB; 5 min in 0.05 M Tris buffer, pH 7.4, containing 0.05% DAB and 0.003% hydrogen peroxide) as chromogen. Sections were mounted on gelatine-coated slides and air-dried for 12 h, after which they were cleared in xylene, cover-slipped and observed. In order to control the specificity of the primary antibodies, they were substituted by normal swine serum. No labelling was observed in these circumstances.



### Bladder fixation and BDNF immunolabelling

Immediately before fixative perfusion, bladders from TrkB-Ig<sub>2</sub> treated rats with improved bladder function were collected and immersed in 4% paraformaldehyde for 4 h. Then, bladders were cryoprotected overnight in sucrose 30% in phosphate buffer 0.1 M (pH 7.6). On the following day, bladders were dissected and the trigone sectioned in a freezing microtome and stored in cryoprotective solution at  $-20^{\circ}\text{C}$  until all experimental procedures were concluded.

One in every fourth section was immunoreacted against BDNF. Briefly, after several washes in PBS and PBST, sections were incubated for 1 h in blocking solution containing 10% goat serum. Sections were incubated for 48 h at  $4^{\circ}\text{C}$  with anti-BDNF antibody (1:500). Afterwards, sections were thoroughly washed and incubated for 1 h in anti-chicken Cy3-labelled secondary antibody. Then, sections were washed in PBST and PBS, mounted in gelatine coated slides and images observed in a Zeiss fluorescence microscope (Zeiss AxioImager.Z1). The specificity of the antibody was tested by incubating bladder sections in the absence of the primary antibody. No immunofluorescence was observed in those conditions.

### Haematoxylin-eosin staining procedures

Bladder histology was evaluated in TrkB-Ig<sub>2</sub> treated rats with improved bladder function. Thus, the remaining bladder tissue was further dissected and the transition of the trigone to the body was rinsed and cut in a cryostat into  $10\text{ }\mu\text{m}$  sections. Sections were then stained with haematoxylin and eosin.

### Data analysis

Cystometrograms were analysed using the DataTrax software (Vs. 1.804, World precision Instruments). The frequency, peak pressure and amplitude of bladder contractions is presented as mean value  $\pm$  standard deviation. For phosphoERK and c-Fos immunoreactivities, positive cells were counted in 10 non-adjacent L6 spinal sections. Data are presented as average number of immunoreactive (IR+) cells per spinal cord section  $\pm$  standard deviation. In all cases, statistical analysis was performed using the One-Way ANOVA followed by the post-hoc test Student–Newman–Keuls in SigmaStat 3.11 software.

## RESULTS

### Bladder reflex activity

In cystometries from unirritated control animals (Fig. 1A), the frequency of bladder contractions observed was  $0.60 \pm 0.08$  contractions per minute (Fig. 1E). This value was significantly increased to  $1.17 \pm 0.16/\text{min}$  ( $P=0.006$  vs. non-inflamed rats) in animals with CYP-induced inflammation whether they were treated with i.v. saline (Fig. 1B, E), or not (data not shown). I.v. injection of 100 or 200  $\mu\text{g}$  TrkB-Ig<sub>2</sub> in unirritated animals did not affect bladder reflex activity (data not shown). In contrast, i.v. delivery of TrkB-Ig<sub>2</sub> reduced bladder reflex contractions in CYP-inflamed animals. After 100  $\mu\text{g}$  of TrkB-Ig<sub>2</sub>, the frequency decreased to  $0.67 \pm 0.13$  (Fig. 1C, E;  $P=0.01$  vs. CYP-inflamed rats injected with saline). After 200  $\mu\text{g}$  of TrkB-Ig<sub>2</sub>, the frequency of bladder contractions was  $0.42 \pm 0.31$  (Fig. 1D, E;  $P<0.001$  vs. CYP-inflamed rats injected with saline). I.v. injection of 100 or 200  $\mu\text{g}$  of unspecific IgG did not affect bladder function in CYP-inflamed animals (Fig. 1E).

Analysis of the cystometric recordings showed that the peak intravesical pressure of unirritated controls was

$26.89 \pm 4.32\text{ cm H}_2\text{O}$  (Fig. 1F). In animals with CYP-induced cystitis that received saline, that value was  $36.15 \pm 5.37\text{ cm H}_2\text{O}$  (Fig. 1F). I.v. delivery of TrkB-Ig<sub>2</sub> did not change baseline intravesical pressures, the values respectively being  $31.30 \pm 4.04\text{ cm H}_2\text{O}$  after 100  $\mu\text{g}$  and  $27.78 \pm 4.09\text{ cm H}_2\text{O}$  after 200  $\mu\text{g}$  of TrkB-Ig<sub>2</sub> (Fig. 1F). In animals receiving 100 and 200  $\mu\text{g}$  of unspecific rabbit IgG the peak pressures of bladder contractions respectively were  $23.47 \pm 2.68\text{ cm H}_2\text{O}$  and  $27.36 \pm 1.77\text{ cm H}_2\text{O}$  (Fig. 1F).

In addition, cystometric recordings also provided data regarding the amplitude of bladder contractions, which reached  $15.26 \pm 4.51\text{ cm H}_2\text{O}$  in unirritated controls (Fig. 1G). In CYP-inflamed rats receiving saline, the amplitude of bladder contractions was  $13.46 \pm 3.18\text{ cm H}_2\text{O}$ . After i.v. injection of 100 and 200  $\mu\text{g}$  of TrkB-Ig<sub>2</sub>, the amplitude of bladder contractions observed respectively were  $17.56 \pm 3.58$  and  $14.78 \pm 5.22\text{ cm H}_2\text{O}$  (Fig. 1G). In CYP-inflamed animals that received 100 and 200  $\mu\text{g}$  of unspecific rabbit IgG the amplitude of bladder contractions respectively were  $14.57 \pm 2.01$  and  $13.54 \pm 2.77\text{ cm H}_2\text{O}$  (Fig. 1G).

In contrast with i.v. injection of TrkB-Ig<sub>2</sub>, intravesical delivery of saline or 100  $\mu\text{g}$  TrkB-Ig<sub>2</sub> did not produce any effects on bladder reflex activity (data not shown). For that reason, we proceeded with our studies by analysing only the material collected from animals receiving i.v. injections.

### Spinal ERK phosphorylation in CYP-inflamed rats injected with TrkB-Ig<sub>2</sub>

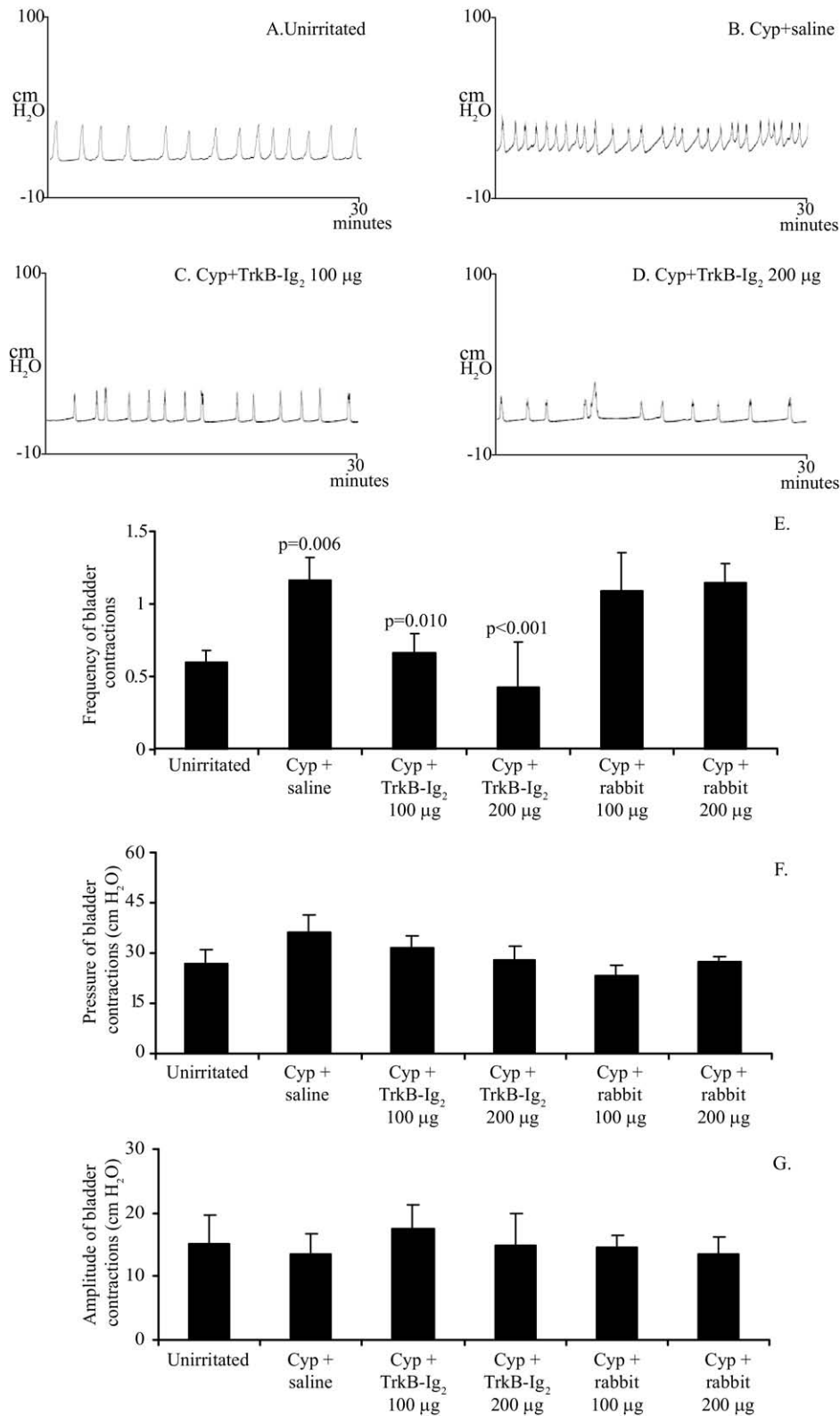
In spinal sections from CYP-inflamed animals treated with i.v. saline, numerous phosphoERK positive cells were found bilaterally in the superficial dorsal horns, dorsal commissure (DCM) and in the intermediolateral grey matter (ILGs; Fig. 2A, B). The number of phosphoERK immunoreactive (IR+) cells was  $48.89 \pm 17.54$  (Fig. 2G). I.v. injection of 100  $\mu\text{g}$  of TrkB-Ig<sub>2</sub> reduced phosphoERK IR-cells to  $20.41 \pm 4.99$  (Fig. 2C, D, G;  $P<0.05$  vs. saline-treated rats). A decrease in positive cells also occurred after 200  $\mu\text{g}$  of TrkB-Ig<sub>2</sub> ( $22.11 \pm 7.39$  IR-cells; Fig. 2E–G;  $P<0.05$  vs. saline-treated rats).

### c-fos expression after intravenous TrkB-Ig<sub>2</sub>

In saline-treated CYP-inflamed rats many c-Fos IR-nuclei were observed bilaterally in the superficial dorsal horns, intermediolateral grey matter and in the dorsal commissure ( $113.76 \pm 12.54$ ; Fig. 3A, D). TrkB-Ig<sub>2</sub> reduced c-Fos expression in all spinal cord areas to  $64.94 \pm 19.70$  (Fig. 3B, D;  $P=0.009$  vs. saline-injected animals) and to  $68.81 \pm 19.61$  respectively after 100 and 200  $\mu\text{g}$  (Fig. 3C, D).

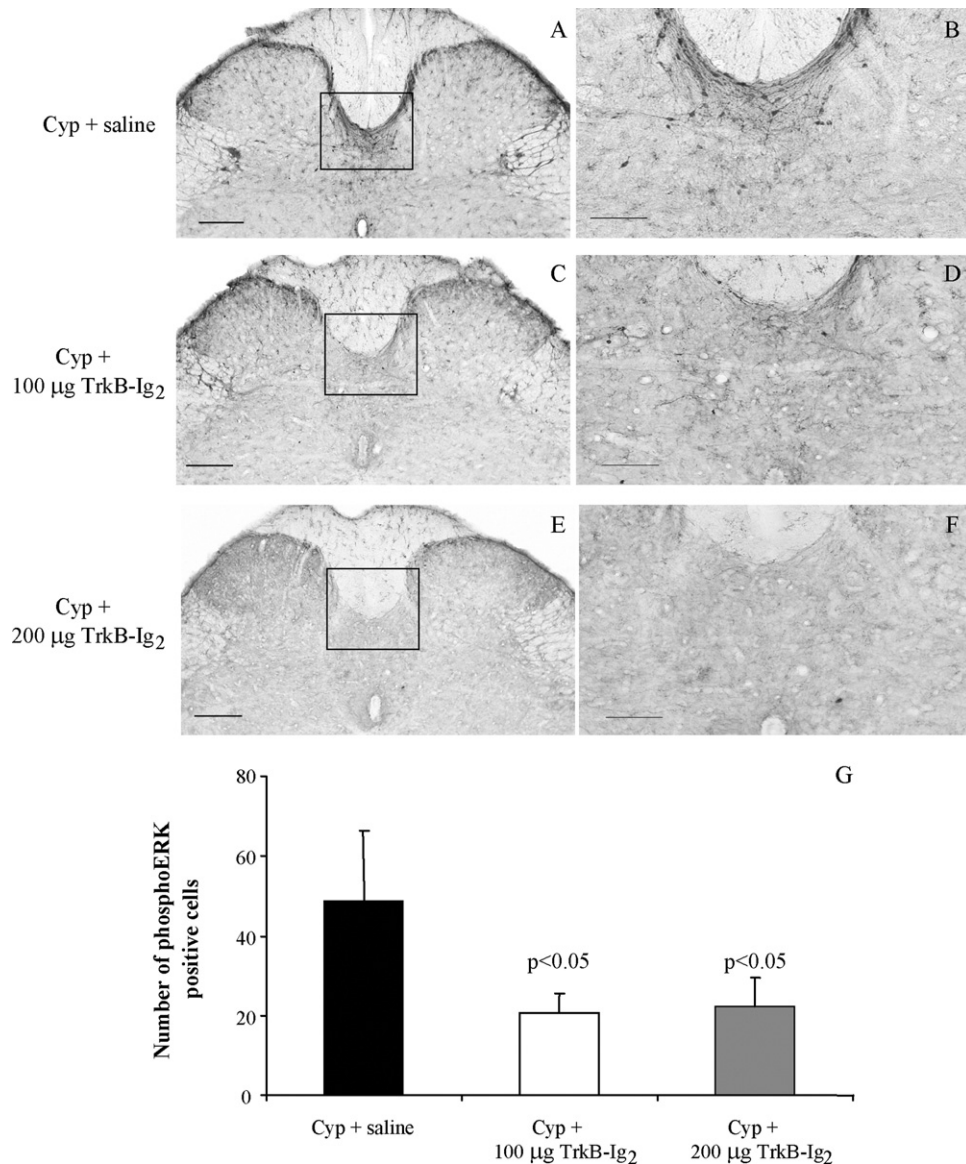
### BDNF expression in the urinary bladder

In sections obtained from intact animals, BDNF immunolabelling was found to be weak (Fig. 4A). In contrast, in CYP-inflamed animals treated with saline, immunoreaction was stronger and observed in urothelial cells (Fig. 4B). Treatment with i.v. TrkB-Ig<sub>2</sub> did not alter the intensity of urothelial BDNF immunolabelling, at either of the doses used (Fig. 4C).



**Fig. 1.** Typical cystometrograms of intact (A) and CYP-inflamed animals treated with saline (B), 100 µg (C) or 200 µg (D) of TrkB-Ig<sub>2</sub>. I.v. delivery of TrkB-Ig<sub>2</sub> reduced the frequency of bladder contractions to levels comparable to those observed in intact animals. I.v. injection of saline did not affect bladder reflex activity. (E–G) Bar graph depicting the mean frequency (E), the peak pressure (F) and amplitude (G) of bladder reflex contractions of intact and CYP-inflamed animals. Data are presented as mean frequency of bladder contractions ± SD. Intravenous delivery of TrkB-Ig<sub>2</sub> significantly reduced bladder reflex contractions. In contrast, injection of saline or unspecific IgG did not produce any effect. No effects of saline, unspecific rabbit IgG or TrkB-Ig<sub>2</sub> were observed on the peak pressure and amplitude of bladder contractions.





**Fig. 2.** Photomicrographs of phosphoERK positive cells in L6 spinal cord sections from CYP-inflamed animals treated with i.v. saline (A, B), 100 µg (C, D) or 200 µg (E, F) of TrkB-Ig<sub>2</sub>. In sections from CYP-inflamed saline-treated rats, phosphoERK positive cells were found in superficial dorsal horns, dorsal commissure (DCM; B) and intermediolateral gray matter areas of the cord (ILGs; G). Bar graph depicts the mean number of phosphoERK positive cells in sections from L6 spinal cord. I.v. delivery of TrkB-Ig<sub>2</sub> significantly reduced ERK activation in spinal cells. Scale bar=20 µm.

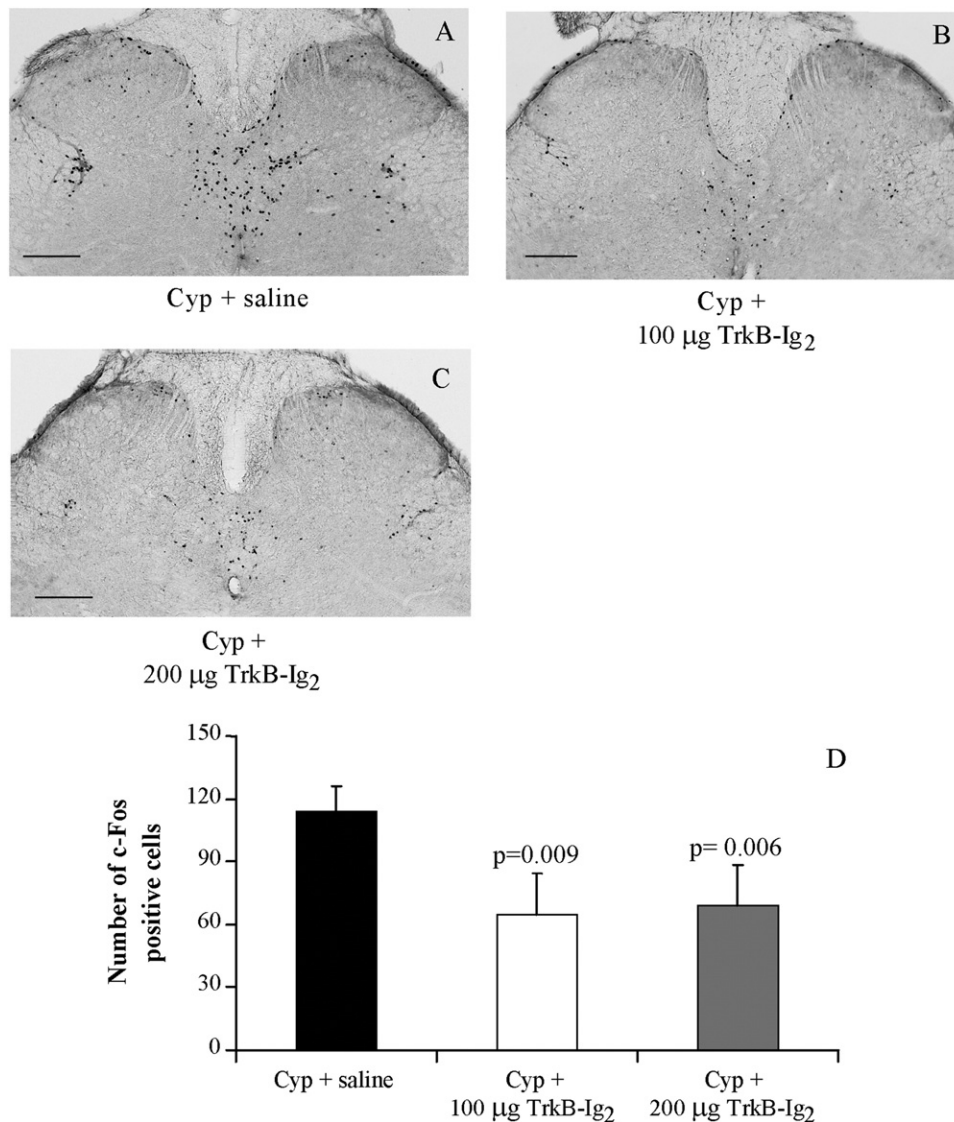
### Bladder histology

Sections from the bladder of cyclophosphamide-treated animals stained with hematoxylin and eosin showed obvious signs of inflammation, including oedema and blood infiltration in the lamina propria (Fig. 5B), in comparison with intact bladders (Fig. 5A). The bladder histology of TrkB-Ig<sub>2</sub>- or unspecific rabbit IgG-treated rats was very similar to saline-injected animals (Fig. 5C, D).

### DISCUSSION

In the present study we aimed to clarify the importance of BDNF as a mediator of bladder-generated noxious input and bladder overactivity in an animal model of cystitis. For that,

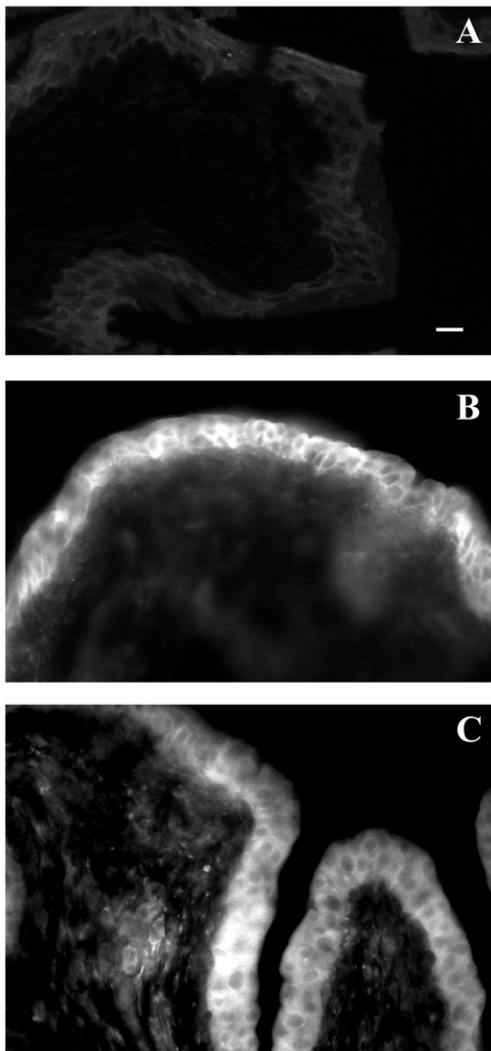
we used a recombinant protein, TrkB-Ig<sub>2</sub>, which specifically binds to BDNF with picomolar affinity, neutralising its activity (Naylor et al., 2002; Lu et al., 2009). We found that sequestration of BDNF *in vivo* by i.v. delivery of TrkB-Ig<sub>2</sub> reduced the frequency of bladder contractions. In contrast, intravesical instillation of the recombinant protein failed to produce any effect on bladder reflex activity of CYP-inflamed animals. Furthermore, i.v. injection of TrkB-Ig<sub>2</sub> also decreased spinal ERK activation and c-Fos expression in L6 spinal cord sections from CYP-inflamed animals. Finally, utilizing suitable antibodies, we were able to detect BDNF expression in the urinary bladder. The overall results obtained indicate that BDNF contributes to bladder overactivity and noxious input in chronic bladder inflammation.



**Fig. 3.** Photomicrographs of c-Fos positive nuclei in L6 spinal cord sections from CYP-inflamed animals treated with i.v. saline (A), 100 µg (B) or 200 µg (C) of TrkB-Ig<sub>2</sub>. In sections from CYP-inflamed saline-treated rats, c-Fos expression was observed in superficial dorsal horns, DCM (B) and ILGs. (D) Bar graph depicts the mean number of c-Fos positive nuclei in sections from L6 spinal cord. I.v. delivery of TrkB-Ig<sub>2</sub> significantly reduced c-Fos expression in spinal cells. Scale bar=20 µm.

BDNF function in cystitis has been poorly studied. Most studies have focused on the importance of NGF and assessed the effects of NGF sequestration. Antibodies against the latter neurotrophin have been delivered intrathecally and successfully reduced bladder overactivity in rats with spinal cord lesions (Seki et al., 2002, 2004; for review see Steers and Tuttle, 2006). In addition, it has also been recently demonstrated that i.v. administration of the immunoglobulin-like recombinant protein TrkA-Ig<sub>2</sub>, that specifically sequesters NGF, also leads to improvement of bladder function and behavioural signs of pain during cystitis (Hu et al., 2005). To our knowledge, the present study is the first one designed to sequester BDNF in rats with cystitis. Like Hu et al., we used a recombinant protein which specifically sequesters a neurotrophin, in this case BDNF (Hu et al., 2005).

BDNF is a trophic factor belonging to the large family of the neurotrophins. During the developmental period, BDNF is necessary for the correct development of cranial sensory neurons (Hellard et al., 2004) as well as mechanoreceptors innervating the Meissner and Pacinian corpuscles and chemoreceptors innervating taste buds (Uchida et al., 2003; Sedy et al., 2004). In adulthood, BDNF is the most abundant neurotrophin and its specific receptor TrkB is also widely expressed in the nervous system, suggesting that BDNF is important for normal neuronal function (for review see Merighi et al., 2004, 2008). In the peripheral nervous system, BDNF is constitutively produced by small- and medium-sized dorsal root ganglion neurons (Apfel et al., 1996; Cho et al., 1997; Michael et al., 1997), a process that is upregulated following NGF-dependent TrkA activation in peripheral inflammation (Apfel et al., 1996; Michael



**Fig. 4.** BDNF expression in the urothelium of intact animals (A) and CYP-inflamed rats treated with i.v. saline (B) or 200  $\mu$ g of TrkB-Ig<sub>2</sub> (C). Cystitis leads to an increased expression of BDNF in urothelial cells, which was not affected by i.v. delivery of TrkB-Ig<sub>2</sub>. Scale bar=20  $\mu$ m.

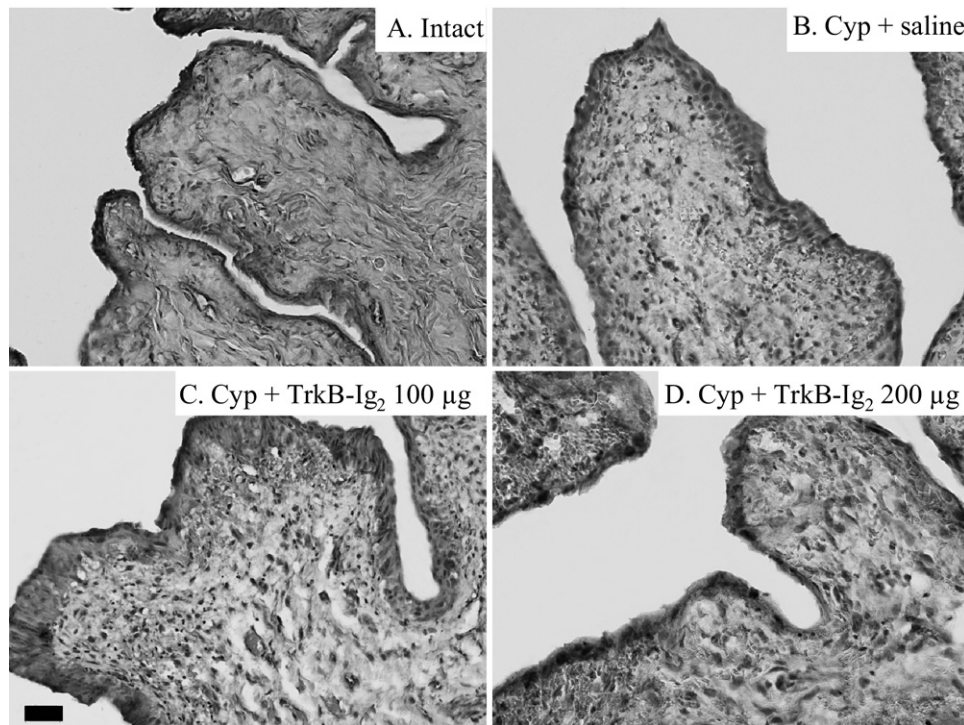
et al., 1997; Kerr et al., 1999; Thompson et al., 1999). In the present study, we also found evidence supporting the occurrence of BDNF synthesis in non-neuronal cells. In fact, BDNF expression in the urothelium was increased in CYP-inflamed animals. Unfortunately, the specificity of the immunohistochemical analysis could not be tested in BDNF knockout mice (Everaerts et al., 2009) due to their early lethality (Ernfors et al., 1994).

In the present study, we found that i.v. injection of TrkB-Ig<sub>2</sub> improved bladder function, in contrast to intravesical instillation of the recombinant protein. The reason why the latter route failed to produce beneficial effects on bladder reflex activity may be ascribed to the specific characteristics of the urothelium. Although urothelial cells are likely to produce BDNF, the uroplakin shield present on the apical surface and the bladder glucosaminoglycan protective layer may have prevented the effect of intravesical TrkB-Ig<sub>2</sub>. Nevertheless, although improving bladder reflex

activity, i.v. administration of TrkB-Ig<sub>2</sub> did not allow the distinction of the specific site of action of this recombinant protein, the peripheral extremities of bladder sensory neurons, their central terminals and/or second order spinal cord neurons. However, recent experiments using a similarly recombinant protein, TrkA-Ig<sub>2</sub>, suggest that TrkB-Ig<sub>2</sub> should not cross the blood–brain barrier (Dawbarn and colleagues, unpublished observations). It is thus more likely that i.v. TrkB-Ig<sub>2</sub> may only be acting on bladder afferents, either at the level of the bladder or at the dorsal root ganglion, preventing BDNF binding to its specific TrkB receptor and ultimately reducing bladder overactivity. TrkB expression and activation are known to be upregulated in rats with spinal cord injury- and inflammation-induced bladder overactivity (Qiao and Vizzard, 2002a,b), supporting a role for peripheral BDNF in bladder overactivity. The relevance of peripheral BDNF is currently unclear. Although NGF-mediated activation of TrkA on sensory afferents is known to modulate Na<sup>+</sup> currents (Fjell et al., 1999a,b; for review see Steers and Tuttle, 2006), to our knowledge similar findings have not been reported for BDNF. The few available studies suggest that BDNF may modulate neurons expressing the transient receptor potential vanilloid 1 (TRPV1) (Ciobanu et al., 2009), known to be crucial for inflammation-induced bladder overactivity (Charrua et al., 2007, 2009; for review see Avelino and Cruz, 2006). Nevertheless, a central effect of BDNF may also occur. It is possible that BDNF, produced in the bladder and taken up by bladder afferents or synthesized in sensory neurons may undergo anterograde transport to the central terminals of sensory afferents and released into the spinal cord. There, BDNF may regulate neuronal function by inducing phosphorylation of spinal TrkB receptors (Di Luca et al., 2001) and specific NMDA subunits in second order neurones (Di Luca et al., 2001; Slack et al., 2004), increasing neuronal excitability. Several studies have already highlighted the importance of the NMDA receptor in micturition and bladder-generated noxious input following irritation of the lower urinary tract (Birder and de Groat, 1992; Rice and McMahon, 1994; Kakizaki et al., 1996; Méen et al., 2002).

Whatever the site of action of BDNF, a profound effect on second order neurones occurred after i.v. TrkB-Ig<sub>2</sub> delivery. Indeed, we observed that the reduction in bladder overactivity was accompanied by a decrease in spinal c-Fos expression and ERK activation, both of which may have been induced by BDNF release from afferents conveying bladder-generated noxious input. Indeed, one major consequence of TrkB activation in the spinal cord is the downstream activation of signalling pathways, including the PLC/PKC pathway and the ERK signalling cascade (for review see Pezet and McMahon, 2006). It has been shown that intrathecal injection of BDNF or incubation of spinal cord slices with this neurotrophin strongly induces ERK phosphorylation whereas sequestration of the neurotrophin prevents ERK activation (Pezet et al., 2002). In the present study, levels of spinal ERK activation likely reflect the intensity of bladder-generated sensory input arriving at the spinal cord, as in other studies (Cruz et al., 2005). As





**Fig. 5.** Bladder histology of intact animals (A) and CYP-inflamed rats treated with i.v. saline (B), 100 µg of TrkB-Ig<sub>2</sub> (C) or 200 µg of TrkB-Ig<sub>2</sub> (D). Note the similar levels of blood infiltration and oedema in the submucosa present in all sections from CYP-inflamed rats, regardless of the treatment. Scale bar=10 µm.

with BDNF sequestration by TrkB-Ig<sub>2</sub>, ERK blockade by PD98059, a known inhibitor of this signalling pathway, also reduced bladder overactivity in rats with cystitis (Cruz et al., 2005). Therefore, it is possible that BDNF released from bladder afferents may contribute to bladder overactivity via ERK activation in spinal cord neurons.

In addition, intrathecal administration of BDNF also leads to c-Fos expression in dorsal horn neurons (Kerr et al., 1999; Jongen et al., 2005). The expression of c-Fos in the spinal cord has been considered for many years the surrogate spinal marker of visceral (Birder and de Groat, 1992; Cruz et al., 1994; Avelino et al., 1999; Charrua et al., 2007, 2009) and somatic noxious input (Hunt et al., 1987; Lima and Avelino, 1994; Castro et al., 2005, 2006; for review see Harris, 1998 and Coggeshall, 2005). In our CYP-inflamed animals receiving saline spinal c-Fos expression was upregulated. Following TrkB-Ig<sub>2</sub> i.v. treatment, there was a marked reduction, suggesting that in rats with chronic bladder inflammation c-Fos expression is notably dependent on BDNF. As ERK activation in the spinal cord strongly contributes to expression of the proto-oncogene c-Fos (Cruz et al., 2007), it is likely that BDNF-mediated c-Fos expression depends on ERK activation. These results indicate that BDNF sequestration can be extremely effective in reducing bladder-generated noxious input.

Improvement of bladder reflex activity and decreased bladder-generated noxious sensory input were not accompanied by a reduction of bladder inflammatory signs and urothelial BDNF expression. Whereas it has been demon-

strated that small subcutaneous or intramuscular injections of NGF in human volunteers induces peripheral signs of inflammation, including tenderness and flare at site of NGF injection, and that i.v. NGF delivery produces deep pain (Svensson et al., 2003), to our knowledge no similar studies using BDNF have been performed. Nonetheless, available data suggest that BDNF does not contribute to peripheral inflammation and favours a more central effect of this neurotrophic factor. In fact, if BDNF plays a peripheral inflammatory role, i.v. TrkB-Ig<sub>2</sub> should have ameliorated peripheral inflammatory signs.

## CONCLUSION

The present study provides evidence that BDNF is important for bladder overactivity arising from persistent bladder inflammation. Sequestration of BDNF by i.v. injection of a specific BDNF sequestering agent, TrkB-Ig<sub>2</sub>, improved bladder function and reduced bladder-generated noxious sensory input, as shown by decreased frequency of bladder reflex activity, ERK activation and c-Fos expression. Sequestration of BDNF did not, however, improve bladder inflammation indicating that BDNF does not act directly on peripheral tissues. The precise site of action of TrkB-Ig<sub>2</sub> remains to be clarified, although results favour a peripheral effect of BDNF sequestration. Future studies will be required to elucidate whether TrkB-Ig<sub>2</sub> will be a useful therapeutic option for the treatment of painful bladder disorders, such as interstitial cystitis.

**Acknowledgments**—The financial support came from INComb FP7 Health project 223234 and Portuguese Urology Association. The authors would like to thank Dr. Jorge Ferreira and Dr. Ana Charrua for critical reading of the manuscript and helpful discussion of results.

## REFERENCES

- Apfel SC, Wright DE, Wiideman AM, Dormia C, Snider WD, Kessler JA (1996) Nerve growth factor regulates the expression of brain-derived neurotrophic factor mRNA in the peripheral nervous system. *Mol Cell Neurosci* 7(2):134–142.
- Avelino A, Cruz F, Coimbra A (1999) Intravesical resiniferatoxin desensitizes rat bladder sensory fibres without causing intense noxious excitation: a c-Fos study. *Eur J Pharmacol* 378(1):17–22.
- Avelino A, Cruz F (2006) TRPV1 (vanilloid receptor) in the urinary tract: expression, function and clinical applications. *Naunyn-Schmiedeberg Arch Pharmacol* 373(4):287–299.
- Birder LA, de Groat WC (1992) Increased c-Fos expression in spinal neurons after irritation of the lower urinary tract in the rat. *J Neurosci* 12(12):4878–4889.
- Boucher M, Meen M, Codron JP, Coudore F, Kemeny JL, Eschaliere A (2000) Cyclophosphamide-induced cystitis in freely-moving conscious rats: behavioral approach to a new model of visceral pain. *J Urol* 164(1):203–208.
- Castro AR, Pinto M, Lima D, Tavares I (2005) Imbalance between the expression of NK1 and GABAB receptors in nociceptive spinal neurons during secondary hyperalgesia: a c-Fos study in the monoarthritic rat. *Neuroscience* 132(4):905–916.
- Castro AR, Pinto M, Lima D, Tavares I (2006) Secondary hyperalgesia in the monoarthritic rat is mediated by GABAB and NK1 receptors of spinal dorsal horn neurons: a behavior and c-Fos study. *Neuroscience* 141(4):2087–2095.
- Charrua A, Cruz CD, Cruz F, Avelino A (2007) Transient receptor potential vanilloid subfamily 1 is essential for the generation of noxious bladder input and bladder overactivity in cystitis. *J Urol* 177(4):1537–1541.
- Charrua A, Cruz CD, Narayanan S, Gharat L, Gullapalli S, Cruz F, Avelino A (2009) GRC-6211, a new oral specific TRPV1 antagonist, decreases bladder overactivity and noxious bladder input in cystitis animal models. *J Urol* 181(1):379–386.
- Charrua A, Reguenga C, Paule CC, Nagy I, Cruz F, Avelino A (2008) Cystitis is associated with TRPV1b-downregulation in rat dorsal root ganglia. *Neuroreport* 19(15):1469–1472.
- Cho HJ, Kim JK, Zhou XF, Rush RA (1997) Increased brain-derived neurotrophic factor immunoreactivity in rat dorsal root ganglia and spinal cord following peripheral inflammation. *Brain Res* 764(1–2):269–272.
- Ciobanu C, Reid G, Babes A (2009) Acute and chronic effects of neurotrophic factors BDNF and GDNF on responses mediated by thermo-sensitive TRP channels in cultured rat dorsal root ganglion neurons. *Brain Res* 1284:54–67.
- Coggeshall RE (2005) Fos, nociception and the dorsal horn. *Prog Neurobiol* 77(5):299–352.
- Cruz CD, Avelino A, McMahon SB, Cruz F (2005) Increased spinal cord phosphorylation of extracellular signal-regulated kinases mediates micturition overactivity in rats with chronic bladder inflammation. *Eur J Neurosci* 21(3):773–781.
- Cruz CD, Ferreira D, McMahon SB, Cruz F (2007) The activation of the ERK pathway contributes to the spinal c-Fos expression observed after noxious bladder stimulation. *Somatosens Mot Res* 24(1–2):15–20.
- Cruz F, Avelino A, Lima D, Coimbra A (1994) Activation of the c-Fos proto-oncogene in the spinal cord following noxious stimulation of the urinary bladder. *Somatosens Mot Res* 11(4):319–352.
- Di LM, Gardoni F, Finardi A, Pagliardini S, Cattabeni F, Battaglia G, Missale C (2001) NMDA receptor subunits are phosphorylated by activation of neurotrophin receptors in PSD of rat spinal cord. *Neuroreport* 12(6):1301–1305.
- Dickson A, Avelino A, Cruz F, Ribeiro-da-Silva A (2006) Peptidergic sensory and parasympathetic fiber sprouting in the mucosa of the rat urinary bladder in a chronic model of cyclophosphamide-induced cystitis. *Neuroscience* 141(3):1633–1647.
- Dinis P, Charrua A, Avelino A, Cruz F (2004) Intravesical resiniferatoxin decreases spinal c-Fos expression and increases bladder volume to reflex micturition in rats with chronic inflamed urinary bladders. *BJU Int* 94(1):153–157.
- Dinis P, Charrua A, Avelino A, Yaqoob M, Bevan S, Nagy I, Cruz F (2004) Anandamide-evoked activation of vanilloid receptor 1 contributes to the development of bladder hyperreflexia and nociceptive transmission to spinal dorsal horn neurons in cystitis. *J Neurosci* 24(50):11253–11263.
- Dmitrieva N, Shelton D, Rice AS, McMahon SB (1997) The role of nerve growth factor in a model of visceral inflammation. *Neuroscience* 78(2):449–459.
- Dubner R, Ruda MA (1992) Activity-dependent neuronal plasticity following tissue injury and inflammation. *Trends Neurosci* 15(3):96–103.
- Ernfors P, Lee KF, Jaenisch R (1994) Mice lacking brain-derived neurotrophic factor develop with sensory deficits. *Nature* 368(6467):147–150.
- Everaerts W, Sepúlveda MR, Gevaert T, Roskams T, Nilius B, De Ridder D (2009) Where is TRPV1 expressed in the bladder, do we see the real channel? *Naunyn-Schmiedeberg Arch Pharmacol* 379(4):421–425.
- Fjell J, Cummins TR, Dib-Hajj SD, Fried K, Black JA, Waxman SG (1999a) Differential role of GDNF and NGF in the maintenance of two TTX-resistant sodium channels in adult DRG neurons. *Mol Brain Res* 67(2):267–282.
- Fjell J, Cummins TR, Fried K, Black JA, Waxman SG (1999b) In vivo NGF deprivation reduces SNS expression and TTX-R sodium currents in IB4-negative DRG neurons. *J Neurophysiol* 81(2):803–810.
- Harris JA (1998) Using c-Fos as a neural marker of pain. *Brain Res Bull* 45(1):1–8.
- Hellard D, Brosenitsch T, Fritsch B, Katz DM (2004) Cranial sensory neuron development in the absence of brain-derived neurotrophic factor in BDNF/Bax double null mice. *Dev Biol* 275(1):34–43.
- Hu VY, Zvara P, Dattilio A, Redman TL, Allen SJ, Dawbarn D, Stromer RP, Vizzard MA (2005) Decrease in bladder overactivity with REN1820 in rats with cyclophosphamide induced cystitis. *J Urol* 173(3):1016–1021.
- Hunt SP, Pini A, Evan G (1987) Induction of c-Fos-like protein in spinal cord neurons following sensory stimulation. *Nature* 328(6131):632–634.
- Jongen JL, Haasdijk ED, Sabel-Goedknecht H, van der Burg J, Vecht ChJ, Holstege JC (2005) Intrathecal injection of GDNF and BDNF induces immediate early gene expression in rat spinal dorsal horn. *Exp Neurol* 194(1):255–266.
- Kakizaki H, Yoshiyama M, de Groat WC (1996) Role of NMDA and AMPA glutamatergic transmission in spinal c-Fos expression after urinary tract irritation. *Am J Physiol* 270(5 Pt 2):R990–R996.
- Kerr BJ, Bradbury EJ, Bennett DL, Trivedi PM, Dassan P, French J, Shelton DB, McMahon SB, Thompson SW (1999) Brain-derived neurotrophic factor modulates nociceptive sensory inputs and NMDA-evoked responses in the rat spinal cord. *J Neurosci* 19(12):5138–5148.
- Lima D, Avelino A (1994) Spinal c-Fos expression is differentially induced by brief or persistent noxious stimulation. *Neuroreport* 5(15):1853–1856.
- Liu HT, Chancellor MB, Kuo HC (2008) Urinary nerve growth factor level could be a biomarker in the differential diagnosis of mixed urinary incontinence in women. *BJU Int* 102(10):1440–1444.
- Lowe EM, Anand P, Terenghi G, Williams-Chestnut RE, Sinicropi DV, Osborne JL (1997) Increased nerve growth factor levels in the

- urinary bladder of women with idiopathic sensory urgency and interstitial cystitis. *Br J Urol* 79(4):572–577.
- Lu VB, Biggs JE, Stebbing MJ, Balasubramanyan S, Todd KG, Lai AY, Colmers WF, Dawbarn D, Ballanyi K, Smith PA (2009) Brain-derived neurotrophic factor drives the changes in excitatory synaptic transmission in the rat superficial dorsal horn that follow sciatic nerve injury. *J Physiol* 587(5):1013–1032.
- Méen M, Coudore-Civiale MA, Eschaliér A, Boucher M (2001) Involvement of hypogastric and pelvic nerves for conveying cystitis induced nociception in conscious rats. *J Urol* 166:318–322.
- Méen M, Coudore-Civiale MA, Parry L, Eschaliér A, Boucher M (2002) Involvement of N-methyl-D-aspartate receptors in nociception in the cyclophosphamide-induced vesical pain model in the conscious rat. *Eur J Pain* 6(4):307–314.
- Merighi A, Carmignoto G, Gobbo S, Lossi L, Salio C, Vergnano AM, Zonta M (2004) Neurotrophins in spinal cord nociceptive pathways. *Prog Brain Res* 146:291–321.
- Merighi A, Salio C, Ghirri A, Lossi L, Ferrini F, Betelli C, Bardoni R (2008) BDNF as a pain modulator. *Prog Neurobiol* 85(3):297–317.
- Michael GJ, Averill S, Nitkunan A, Rattray M, Bennett DL, Yan Q, Priestley JV (1997) Nerve growth factor treatment increases brain-derived neurotrophic factor selectively in TrkA-expressing dorsal root ganglion cells and in their central terminations within the spinal cord. *J Neurosci* 17(21):8476–8490.
- Naylor RL, Robertson AG, Allen SJ, Sessions RB, Clarke AR, Mason GG, Burston JJ, Tyler SJ, Wilcock GK, Dawbarn D (2002) A discrete domain of the human TrkB receptor defines the binding sites for BDNF and NT-4. *Biochem Biophys Res Commun* 291(3):501–507.
- Okragly AJ, Niles AL, Saban R, Schmidt D, Hoffman RL, Warner TF, Moon TD, Uehling DT, Haak-Frendscho M (1999) Elevated tryptase, nerve growth factor, neurotrophin-3 and glial cell line-derived neurotrophic factor levels in the urine of interstitial cystitis and bladder cancer patients. *J Urol* 161(2):438–441.
- Paterson S, Schmelz M, McGlone F, Turner G, Rukwied R (2009) Facilitated neurotrophin release in sensitized human skin. *Eur J Pain* 13(4):399–405.
- Pezet S, Malcangio M, Lever IJ, Perkinson MS, Thompson SW, Williams RJ, McMahon SB (2002) Noxious stimulation induces Trk receptor and downstream ERK phosphorylation in spinal dorsal horn. *Mol Cell Neurosci* 21(4):684–695.
- Pezet S, McMahon SB (2006) Neurotrophins: mediators and modulators of pain. *Annu Rev Neurosci* 29:507–538.
- Qiao LY, Vizzard MA (2002a) Cystitis-induced upregulation of tyrosine kinase (TrkA, TrkB) receptor expression and phosphorylation in rat micturition pathways. *J Comp Neurol* 454(2):200–211.
- Qiao L, Vizzard MA (2002b) Up-regulation of tyrosine kinase (TrkA, TrkB) receptor expression and phosphorylation in lumbosacral dorsal root ganglia after chronic spinal cord (T8–T10) injury. *J Comp Neurol* 449(3):217–230.
- Qiao LY, Vizzard MA (2005) Spinal cord injury-induced expression of TrkA, TrkB, phosphorylated CREB, and c-Jun in rat lumbosacral dorsal root ganglia. *J Comp Neurol* 482(2):142–154.
- Rice AS, McMahon SB (1994) Pre-emptive intrathecal administration of an NMDA receptor antagonist (AP-5) prevents hyper-reflexia in a model of persistent visceral pain. *Pain* 57(3):335–340.
- Sedy J, Szeder V, Walro JM, Ren ZG, Nanka O, Tessarollo L, Sieber-Blum M, Grim M, Kucera J (2004) Pacinian corpuscle development involves multiple trk signaling pathways. *Dev Dyn* 231(3):551–563.
- Seki S, Sasaki K, Fraser MO, Igawa Y, Nishizawa O, Chancellor MB, de Groat WC, Yoshimura N (2002) Immunoneutralization of nerve growth factor in lumbosacral spinal cord reduces bladder hyperreflexia in spinal cord injured rats. *J Urol* 168(5):2269–2274.
- Seki S, Sasaki K, Igawa Y, Nishizawa O, Chancellor MB, De Groat WC, Yoshimura N (2004) Suppression of detrusor-sphincter dys-synergia by immunoneutralization of nerve growth factor in lumbosacral spinal cord in spinal cord injured rats. *J Urol* 171(1):478–482.
- Slack SE, Pezet S, McMahon SB, Thompson SW, Malcangio M (2004) Brain-derived neurotrophic factor induces NMDA receptor subunit one phosphorylation via ERK and PKC in the rat spinal cord. *Eur J Neurosci* 20(7):1769–1778.
- Steers WD, Tuttle JB (2006) Mechanisms of disease: the role of nerve growth factor in the pathophysiology of bladder disorders. *Nat Clin Pract Urol* 3(2):101–110.
- Svensson P, Cairns BE, Wang K, Arendt-Nielsen L (2003) Injection of nerve growth factor into human masseter muscle evokes long-lasting mechanical allodynia and hyperalgesia. *Pain* 104(1–2):241–247.
- Thompson SW, Bennett DL, Kerr BJ, Bradbury EJ, McMahon SB (1999) Brain-derived neurotrophic factor is an endogenous modulator of nociceptive responses in the spinal cord. *Proc Natl Acad Sci U S A* 96(14):7714–7718.
- Uchida N, Kanazawa M, Suzuki Y, Takeda M (2003) Expression of BDNF and trkB in mouse taste buds after denervation and in circumvallate papillae during development. *Arch Histol Cytol* 66(1):17–25.
- Vizzard MA (2000) Changes in urinary bladder neurotrophic factor mRNA and NGF protein following urinary bladder dysfunction. *Exp Neurol* 161(1):273–284.
- Zimmermann M (1983) Ethical guidelines for investigations of experimental pain in conscious animals. *Pain* 16:109–110.

(Accepted 8 January 2010)  
(Available online 15 January 2010)

### **Publication III**

Brain-Derived Neurotrophic Factor, acting at the spinal cord level,  
participates in bladder hyperactivity and referred pain during chronic  
bladder inflammation

Barbara Frias, Shelley Allen, David Dawbarn, Ana Charrua, Francisco  
Cruz, Célia D. Cruz

**Neuroscience** (2013) 234:88-102





# BRAIN-DERIVED NEUROTROPHIC FACTOR, ACTING AT THE SPINAL CORD LEVEL, PARTICIPATES IN BLADDER HYPERACTIVITY AND REFERRED PAIN DURING CHRONIC BLADDER INFLAMMATION

B. FRIAS,<sup>a,b</sup> S. ALLEN,<sup>c</sup> D. DAWBARN,<sup>c†</sup> A. CHARRUA,<sup>a,b</sup>  
F. CRUZ<sup>b,d</sup> AND C. D. CRUZ<sup>a,b,\*</sup>

<sup>a</sup> Department of Experimental Biology, Faculty of Medicine of Porto, University of Porto, Portugal

<sup>b</sup> IBMC – Instituto de Biologia Molecular e Celular, Universidade do Porto, Portugal

<sup>c</sup> Molecular Neurobiology Unit, University of Bristol, School of Clinical Sciences, Dorothy Hodgkin Building, Bristol, UK

<sup>d</sup> Department of Urology, Hospital de S. João and Faculty of Medicine, Porto, Portugal

**Abstract**—Brain-derived neurotrophic factor (BDNF) is a neurotrophin (NT) known to participate in chronic somatic pain. A recent study has indicated that BDNF may participate in chronic cystitis at the peripheral level. However, the principal site of action for this NT is the central nervous system, most notably the spinal cord. The effects of centrally-acting BDNF on bladder function in normal animals and its central role during chronic cystitis are presently unknown. The present study was undertaken to clarify this issue. For that purpose, control non-inflamed animals were intrathecally injected with BDNF, after which bladder function was evaluated. This treatment caused short-lasting bladder hyperactivity; whereas chronic intrathecal administration of BDNF did not elicit this effect. Cutaneous sensitivity was assessed by mechanical allodynia as an internal control of BDNF action. To ascertain the role of BDNF in bladder inflammation, animals with cyclophosphamide-induced cystitis received intrathecal injections of either a general Trk receptor antagonist or a BDNF scavenger. Blockade of Trk receptors or BDNF sequestration notably

improved bladder function. In addition, these treatments also reduced referred pain, typically observed in rats with chronic cystitis. Reduction of referred pain was accompanied by a decrease in the spinal levels of extracellular signal-regulated kinase (ERK) phosphorylation, a marker of increased sensory barrage in the lumbosacral spinal cord, and spinal BDNF expression. Results obtained here indicate that BDNF, acting at the spinal cord level, contributes to bladder hyperactivity and referred pain, important hallmarks of chronic cystitis. In addition, these data also support the development of BDNF modulators as putative therapeutic options for the treatment of chronic bladder inflammation. © 2013 IBRO. Published by Elsevier Ltd. All rights reserved.

**Key words:** bladder, BDNF, visceral pain, inflammation, cystitis, bladder hyperactivity.

## INTRODUCTION

Brain-derived neurotrophic factor (BDNF) is a tissue-derived trophic protein, belonging to the family of neurotrophins (NTs) (Pezet and McMahon, 2006). Expression of BDNF begins early in the development and continues throughout the adult lifespan. In the embryo, known BDNF functions include the differentiation of CNS stem cells and regulation of the development of the neural tube and dopaminergic networks (Ahmed et al., 1995; Jungbluth et al., 1997; Fumagalli et al., 2006). In the adult brain, BDNF contributes to learning and memory formation (Shu and Mendell, 1999) and regulates locomotor activity and appetite (Kernie et al., 2000; Hashimoto et al., 2005; Merighi et al., 2008; Hashimoto, 2010).

BDNF is also synthesized in small-to-medium dorsal root ganglia neurons (Kerr et al., 1999; Thompson et al., 1999). BDNF is stored in dense-core synaptic vesicles at the terminals of these neurons which also contain calcitonin gene-related peptide (CGRP) and Substance P (Salio et al., 2005, 2007; Merighi et al., 2008). Noxious stimulation induces the release of BDNF in the dorsal horn as shown by increased amounts of BDNF in the superfused medium in the hemicord preparation following capsaicin or electrical C-fibre stimulation (Lever et al., 2001). *In vivo*, acute intrathecal injection of BDNF decreases the hindpaw threshold to noxious stimulation (Shu et al., 1999; Shu and Mendell, 1999; Groth and Aanonsen, 2002). Moreover, direct application of BDNF to the spinal cord induces extracellular signal-regulated

\*Correspondence to: C. D. Cruz, Department of Experimental Biology, FMUP, Alameda Hernâni Monteiro, Portugal. Tel: +351-22-551-36-54; fax: +351-22-551-36-55.

E-mail address: ccruz@med.up.pt (C. D. Cruz).

† David Dawbarn passed away unexpectedly during the preparation of this manuscript. During his career he won numerous awards for his innovative research into Alzheimer's disease and the neurotrophins. His passion for proteins and drug design was evident to colleagues and students alike, and his courageous spirit of determination led him to challenge many scientific dogmas. His work, leading towards the design of small molecules for the treatment of Alzheimer's disease and pain, continues. His death is a great loss to his family and to numerous colleagues and friends worldwide. This study is published in his memory.

**Abbreviations:** ABC, avidin–biotin complex; ANOVA, analysis of variance; AUC, area under the curve; BDNF, brain-derived neurotrophic factor; CYP, cyclophosphamide; DAB, 3,3-diaminobenzidine-tetrahydrochloride; DCM, dorsal commissure; DH, dorsal horns; ERK, extracellular signal-regulated kinase; ILG, intermediolateral grey matter; IR, immunoreactive; MTs, mechanical thresholds; NTs, neurotrophins; PBS, phosphate-buffered saline 0.1 M; PBST, PBS containing 0.3% Triton X-100; SD, standard deviation.

kinase (ERK) phosphorylation (Pezet et al., 2002b; Slack et al., 2004, 2005), involving an established pathway in pain processing at the spinal cord level (Cruz and Cruz, 2007; Ji et al., 2009). In the spinal cord, the high-affinity, tyrosine kinase receptor for BDNF, TrkB, is found in neuronal profiles postsynaptic to primary afferents (Salio et al., 2005; Merighi et al., 2008). Overall, these data support the participation of BDNF in noxious processing at the spinal cord level.

Recent studies have suggested the participation of BDNF in visceral pain. Visceral pain is, by definition, a referred pain, felt at somatic structures distant from the affected viscera. In humans, BDNF was upregulated in the inflamed pancreas, in nerve fibres, gland and duct cells, and this upregulation correlated with increased pain levels (Zhu et al., 2001). Likewise, in an animal model of pancreatitis, BDNF was also upregulated in the spinal cord and sensory neurons, correlating with abdominal pain (Hughes et al., 2011). In this case, BDNF inactivation resulted in the reduction of referred pain felt in the abdominal wall (Hughes et al., 2011). In the bladder, a recent study provided indirect proof that in rats BDNF could participate in bladder hyperactivity and visceral pain caused by chronic inflammation (Pinto et al., 2010). When originating in the bladder, visceral pain is known to be referred to the lower abdomen, perineal region and inner thighs (Jarrell, 2009). Bladder inflammation resulted in increased BDNF expression in the urothelium, and peripheral BDNF sequestration by intravenous administration of TrkB-Ig<sub>2</sub>, a recombinant protein that neutralizes BDNF actions (Banfield et al., 2001; Naylor et al., 2002), reduced bladder hyperactivity and spinal expression of c-Fos and phosphoERK (Pinto et al., 2010), known spinal markers of noxious input (Coggeshall, 2005; Ji et al., 2009). This effect was most probably due to the prevention of BDNF binding to TrkB receptors, present in the peripheral branch of the bladder afferents, given the molecular weight of TrkB-Ig<sub>2</sub>. However, none of these studies has addressed the role of BDNF acting at the spinal cord level on visceral dysfunction and referred pain, a matter we aimed to clarify in the present study.

For this purpose, control non-inflamed animals were submitted to acute or chronic intrathecal administration of BDNF followed by the evaluation of bladder function. In addition, the effects of BDNF sequestration by intrathecal injections of TrkB-Ig<sub>2</sub> on bladder function were also assessed in animals with cyclophosphamide (CYP)-induce cystitis. In all experiments, cutaneous sensitivity was assessed as an internal control of BDNF action.

## EXPERIMENTAL PROCEDURES

### 2.1 Animals

Female Wistar rats from Charles River (France) weighing 200–250 g were used in all experiments. Experiments were carried out according to the European Commission Directive of 22 September 2010 (2010/63/EU) following ethical guidelines for the investigation of experimental pain in animals (Zimmermann, 1983). All efforts were made to reduce animal stress and

suffering as well as the number of animals used. Animals were kept on a 12-h dark/light cycle, in a temperature-controlled environment with *ad libitum* access to food and water.

### 2.2 Chemicals and reagents

Surgery for placement of a silicone catheter in the intrathecal space was performed under deep anaesthesia induced by intraperitoneal injection of a mixture of medetomidine (0.25 mg/kg) and ketamine (60 mg/kg), diluted in sterile saline. For cystometries and terminal handling, rats received a subcutaneous bolus of urethane (1.2 g/kg) as anaesthetic. Chronic bladder inflammation was induced by a single intraperitoneal injection of cyclophosphamide (CYP; 200 mg/kg) (Baxter Médico Farmacêutica, Ltda, Portugal), according to previous studies (Dinis et al., 2004; Kim et al., 2004; Pinto et al., 2010). The nonspecific antagonist of tyrosine kinase receptors, k252a, was purchased from Calbiochem (UK) and dissolved in dimethylsulphoxide (DMSO). The recombinant protein TrkB-Ig<sub>2</sub>, which is an immunoglobulin-like domain that binds to BDNF with picomolar affinity, was produced in house and diluted in 20 mM Tris buffer pH 8.2, 100 mM NaCl and 10% glycerol (Banfield et al., 2001). Recombinant BDNF (Millipore, Temecula, CA, USA; Ref. GF029) was prepared in distilled ultrapure water.

Rabbit anti-phosphoERK1/2 protein, was obtained from Neuromics, USA. Biotin-conjugated swine anti-rabbit was purchased from Dakopatts A/5 (Copenhagen, Denmark). The avidin–biotin complex (ABC) Vectastain Elite kit (avidin–biotin complex), conjugated with horseradish peroxidase (HRP), was purchased from Vector Laboratories (Peterborough, UK). The rabbit anti-BDNF antibody was obtained from Millipore (Watford, UK; Ref. AB1779). Alexa-fluor 568 donkey anti-rabbit was purchased from Molecular Probes® Europe. Antibodies and the ABC complex were prepared in phosphate-buffered saline 0.1 M (PBS) containing 0.3% Triton X-100 (PBST).

### 2.3 Surgery

Female Wistar rats ( $n = 5$  animals per experimental group) underwent surgical implantation of a silicone catheter (SF Medical, Hudson, MA, USA) as described in previous studies (Kerr et al., 1999; Cruz et al., 2005). Catheters were placed into the lumbar subarachnoid space at the L5/L6 spinal cord level. Briefly, a laminectomy was performed between T9 and T10, and the meninges were pierced. The catheter was inserted under the subarachnoid membrane and pushed until the tip reached the L5–L6 spinal cord segment. The other end of the silicone catheter was externalized for the delivery of saline, k252a, TrkB-Ig<sub>2</sub> or BDNF and sealed until further manipulation. Animals were allowed to recover from surgery for 4 days, during which they were carefully monitored. In the case of animals receiving chronic administration of sterile saline or BDNF, the tip of the catheter was connected to an osmotic pump (Alzet, Palo Alto, CA, USA; Ref. 2001). The pump was placed subcutaneously between the scapulas and remained there for 5 days.

### 2.4 Cystometry

In the first group of cystometries, the effect of BDNF administration on bladder reflex activity was assessed. Urinary bladders were exposed through a low abdominal midline incision and a 21-gauge needle was inserted into the bladder dome for saline infusion. Animals were left untouched for 15–30 min to allow bladder stabilization. Body temperature was maintained at 36–37 °C with a heating pad. The urethra remained unobstructed throughout the experiment so that infused saline could easily be expelled by bladder contractions. After bladder stabilization, saline infusion was initiated and bladder reflex activity was recorded for approximately 30 min.

Saline was infused through the dome needle at a constant rate of 6 mL/h whilst bladder contractions were registered by a pressure transducer (WPI Instruments) connected to a computer. Animals, previously submitted to surgical placement of an intrathecal catheter, received acute sequential injections of 20 µl of saline and BDNF solution (0.01, 0.1 and 1.5 µg) every 30 min, followed by a 20 µl saline flush to ensure complete solution delivery.

For chronic NT treatment, animals with an osmotic mini pump underwent cystometry on the 6th treatment day with BDNF (1 µl/h; 1.5 µg/day).

In another set of experiments, the effect of general NTs blockade and BDNF sequestration on bladder reflex activity in CYP-inflamed animals was also evaluated to identify the role of BDNF in bladder function in chronic cystitis. Similar to the protocol for acute BDNF administration, saline (20 µl), k252a (2 and 6 µg) or TrkB-Ig<sub>2</sub> (1 and 10 µg) was intrathecally injected every 30 min, followed by a 20 µl saline flush; bladder reflex activity was recorded throughout.

At the end of the experiments, animals were perfused and the position of the catheter verified. The cystometrograms obtained were analysed using the DataTrax software (version 1.804, World Precision Instruments). The frequency, peak pressure and amplitude of bladder contractions, and area under the curve (AUC) of bladder contractions were determined in the different phases of the experiments.

## 2.5 Cutaneous mechanical sensitivity: Von Frey test

The mechanical thresholds (MTs) were established with the Von Frey monofilaments using the up-down method. Rats were placed in individual chambers (23 × 17 × 14 cm) with a wire mesh floor and allowed to acclimatise for 15 min or until cage exploration stopped. The habituation to the testing conditions lasted 3 days. Cutaneous sensitivity was analysed in the lower abdomen and in the right hindpaw, known to be areas of referred pain associated with visceral pathologies (Jarrell, 2009). The hindpaw was chosen instead of the inner thigh due to difficulty in touching this area with the von Frey filaments. No differences were found between the sensitivity of the right and left hindpaws (data not shown). To determine the abdominal or hindpaw MT, the lower abdominal region and the right hindpaw were touched with one of a series of eight Von Frey monofilaments (rated at 2, 4, 6, 8, 15, 26, 60, and 100 g). Filaments were applied 5 s perpendicularly to the plantar surface with enough strength to cause the monofilament to slightly bend. Each filament was tested five times, with an interval of 30 s between filaments. Testing was initiated with the 2-g monofilament. The remaining filaments were applied in a consecutive fashion. In the case of no response to the filament, the next-stronger monofilament was applied. A positive response was recorded when the animal reacted to the filament (sharp paw withdrawal, licking of the paw or jump) in three out of the five filament applications.

In the first part of this work, regarding the effects of intrathecal BDNF administration, the MTs of the abdominal region and of the right hindpaw were determined after intrathecal injection of saline or 1.5 µg of BDNF. As described above, the injected volume was 20 µl followed by a 20 µl saline flush. Baseline values were determined prior to surgical placement of the intrathecal catheter (acute NT administration) and before catheter placement and attachment of mini-osmotic pumps to the catheter (chronic NT administration). The evaluation of the acute effect of intrathecal injections of saline or BDNF (1.5 µg) in non-inflamed animals was performed for 30 min and initiated immediately after injection. The effect of chronic administration of saline or BDNF was evaluated daily for 5 days. BDNF was delivered at a rate of 1.5 µg per day.

In the second part of this work, regarding the effect of BDNF blockade, the MTs of the lower abdominal region and right hindpaw of the animals were determined before (baseline MT)

and after the induction of bladder inflammation. After establishing the baseline MT, animals were injected with CYP. At 4, 24 and 48 h post-CYP injection, animals received intrathecal injections of saline, k252a (2 or 6 µg), and TrkB-Ig<sub>2</sub> (1 or 10 µg) in a final volume of 20 µl. Each injection was followed by a 20 µl flush of saline to assure complete drug delivery. Fifteen minutes later, the MT of the lower abdomen and right hindpaw were determined.

## 2.6 Perfusion and immunocytochemistry

After cystometry or behavioural assessment, animals were perfused through the ascending aorta with cold oxygenated calcium-free Tyrode's solution (0.12 M NaCl, 5.4 mM KCl, 1.6 mM MgCl<sub>2</sub>·6H<sub>2</sub>O, 0.4 mM MgSO<sub>4</sub>·7H<sub>2</sub>O, 1.2 mM NaH<sub>2</sub>PO<sub>4</sub>·H<sub>2</sub>O, 5.5 mM glucose, 26.2 mM NaHCO<sub>3</sub>), followed by 4% buffered paraformaldehyde. The dissection of the perfused nervous tissue allowed the confirmation of the position of the intrathecal catheter. The spinal cord segments L5-L6 were collected, post-fixed for 4 h and cryoprotected for 24 h in 30% sucrose with 0.1% sodium azide in 0.1 M phosphate buffer.

Transverse 40-µm sections of the collected spinal cord segments were cut on a freezing microtome and stored in cryoprotective solution at –20 °C until tested for phosphoERK immunoreactivity. After inhibition of endogenous peroxidase activity and thorough washes in PBS and PBST, sections were incubated in 10% normal swine serum in PBST for 2 h. Sections were then incubated for 48 h at 4 °C with a specific antibody against phosphoERK1/2 (1:1000). Subsequently, sections were washed and incubated with polyclonal swine anti-rabbit biotin conjugated antibody (1:200). In order to visualize the immunoreactions, the ABC conjugated with peroxidase (1:200) method was used with the chromogen 3,3'-diaminobenzidine-tetrahydrochloride (DAB; 5 min in 0.05 M Tris buffer, pH 7.4 containing 0.05% DAB and 0.003% hydrogen peroxide). Sections were mounted on gelatine-coated slides and air-dried for 12 h, cleared in xylene, mounted with *Eukitt* mounting medium and cover-slipped.

BDNF immunoreactivity was also measured in spinal sections from CYP-inflamed animals receiving saline or TrkB-Ig<sub>2</sub>. Cryoprotected cord sections were thoroughly washed in PBS and PBST. Sections were incubated in 10% normal goat serum in PBST for 2 h, after which they were incubated for 48 h at 4 °C in anti-BDNF antibody (1:1000). Sections were then washed in PBST and incubated for 1 h in Alexa-fluor 488 goat anti-rabbit (1:2000). After this, sections were mounted in Vectashield mounting medium and observed using a Zeiss microscope (Axioimager Z1). Eight random transverse sections per animal were selected for analysis. The software used for analysis was Fiji Software (based on ImageJ, [http://rsb.info.nih.gov/ij/Java1.6.0\\_20](http://rsb.info.nih.gov/ij/Java1.6.0_20), 32 bit) to determine the average intensity of BDNF immunofluorescence within the dorsal horns (DH). Background intensity was deducted from the average intensity to calculate the mean net staining intensity.

To control for specificity of phosphoERK and BDNF immunoreactions, spinal sections were incubated in PBST in the same conditions (4 °C, 48 h) in the absence of the respective antibodies. No positive staining was observed under these conditions.

## 2.7 Quantification and statistics

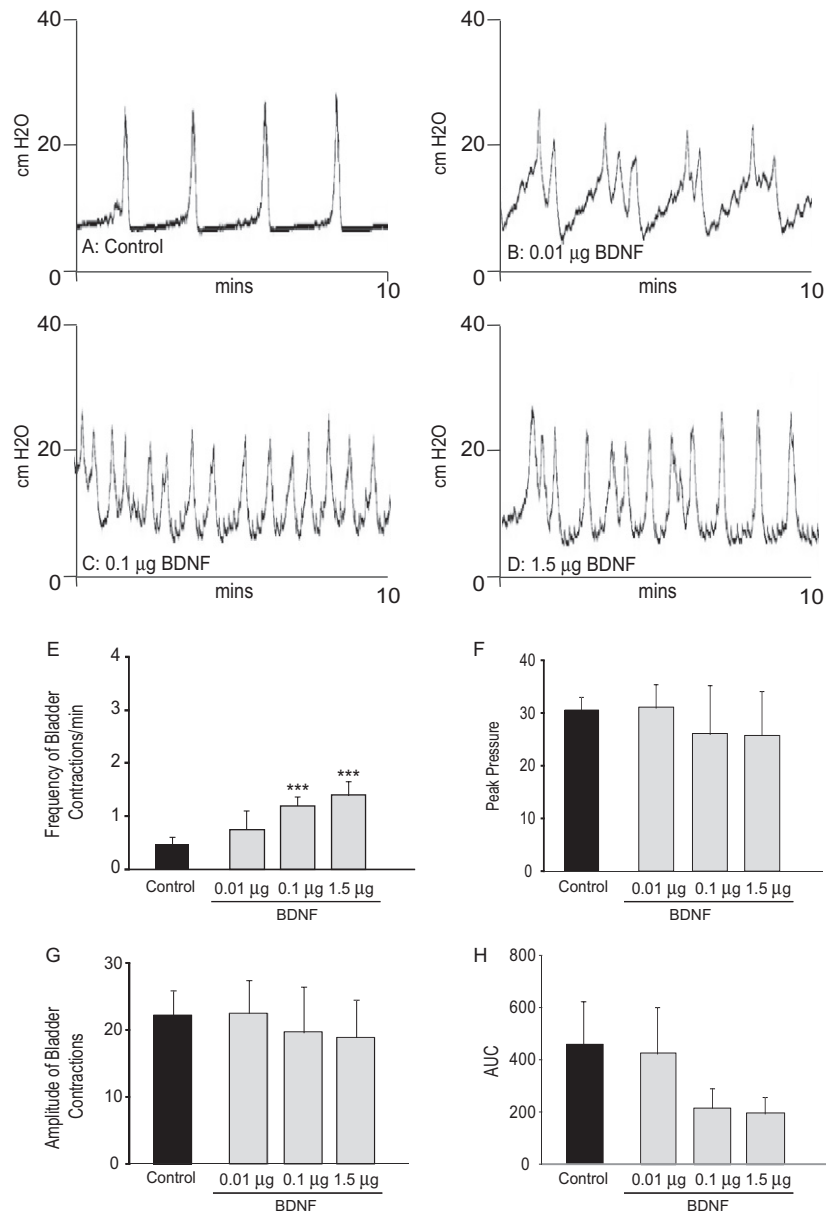
Cystometrograms were analysed using Data Trax software (version 1.804; World precision Instruments). The frequency of bladder contractions, peak pressure, amplitude of bladder contraction and AUC were analysed by using Kruskal–Wallis One-Way repeated measures analysis of variance (ANOVA) in SigmaStat software. Data are presented as mean value ± standard deviation (SD) and *p* < 0.05 was considered to be statistically significant.

The behavioural data obtained following intrathecal BDNF administration, in the presence or absence of k252a or TrkB-Ig<sub>2</sub> were analysed using One-Way repeated measures ANOVA, which was followed by the post hoc Student–Newman–Keuls test using SigmaStat 3.11 software. In all cases,  $p < 0.05$  was considered to be statistically significant. Data are presented as the mean  $\pm$  SD.

PhosphoERK1/2 expression was analysed in spinal sections from CYP-inflamed animals that received intrathecal saline, k252a or TrkB-Ig<sub>2</sub> and had also been assessed for behavioural changes. The number of phosphoERK immunoreactive (IR)-cells was counted in the DH, dorsal commissure (DCM) and

intermediolateral grey matter areas of the cord (ILGs) in 10 non-contiguous spinal cord sections. In this case, statistical analysis was performed using One-Way ANOVA followed by the post hoc Student–Newman–Keuls test, using SigmaStat 3.11 software. Data are presented as mean number of IR-cells per spinal cord section  $\pm$  SD and  $p < 0.05$  was considered statistically significant.

The intensity of BDNF immunofluorescence in rats receiving saline or TrkB-Ig<sub>2</sub> was compared using One-Way ANOVA, followed by the post hoc Student–Newman–Keuls test in SigmaStat 3.11 software.  $p < 0.05$  was considered to be statistically significant.



**Fig. 1.** (A–H) Representative cystometrograms of control non-inflamed animals receiving acute sequential injections of BDNF (0.01, 0.1 and 1.5  $\mu$ g). (A–D) In the group of animals receiving BDNF, a dose-dependent increase in bladder reflex activity was observed. (E–H) Histograms showing the mean frequency (E), peak pressure (F) and amplitude (G) of bladder contractions, and area under the curve (AUC; H) of non-inflamed animals treated with BDNF. (E) Acute intrathecal injection of 0.1 and 1.5  $\mu$ g of BDNF significantly increased the frequency of bladder contractions (\*\*\*)  $p < 0.001$  versus control animals). (F–H) The amplitude of bladder contractions, peak pressure and AUC remained unchanged in non-inflamed animals treated with BDNF.



## 2.8 Haematoxylin-eosin staining procedures

The presence of inflammation was assessed in non-inflamed animals ( $n = 4$ ) and in all animals receiving saline or CYP using haematoxylin–eosin staining to assess bladder histology. Bladders were fixed overnight in 10% buffered formalin solution and blocked in paraffin on the following day. Bladder tissue was sectioned into 6- $\mu$ m sections. Sections were then stained with haematoxylin and eosin.

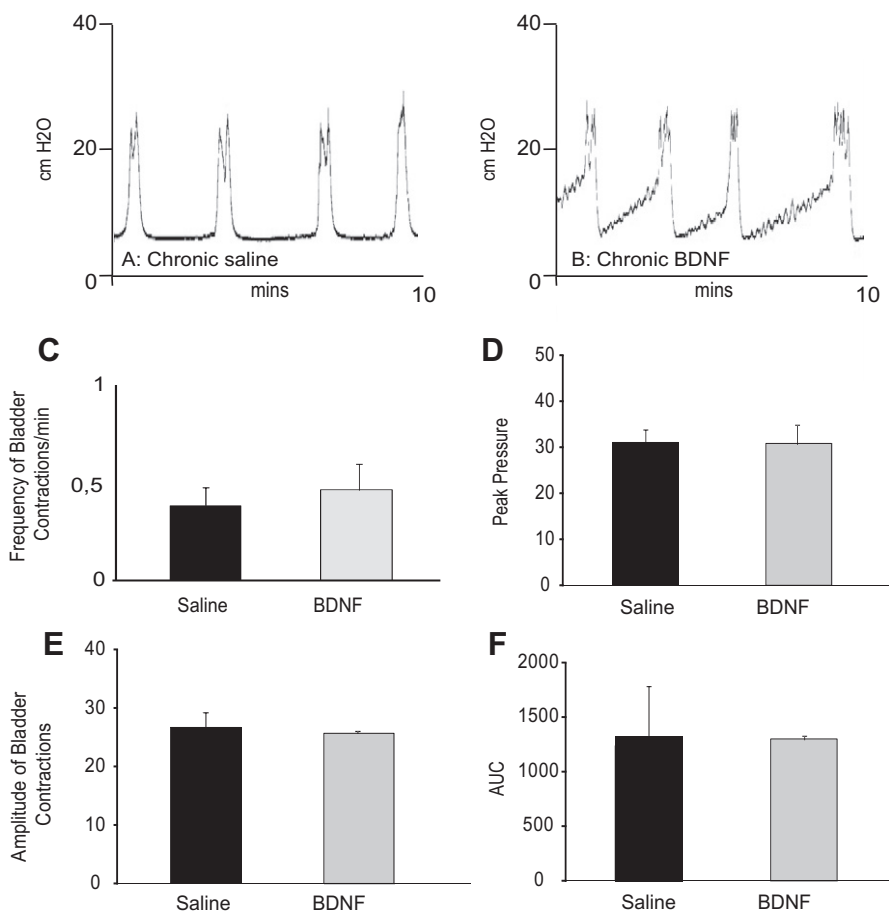
## RESULTS

### Exogenous administration of BDNF

**Bladder reflex activity after intrathecal administration of BDNF to non-inflamed rats.** To evaluate the acute effect of BDNF on bladder reflex activity, non-inflamed rats received sequential intrathecal injections of increasingly greater amounts of BDNF, in a total of three injections per animal. At baseline, the frequency of bladder contractions of control animals was  $0.46 \pm 0.1$  contraction/min (Fig. 1A, E). Administration of the lowest dose of BDNF (0.01  $\mu$ g) resulted in a non-significant increase to ( $0.75 \pm 0.4$  contractions/min; Fig. 1B, E). After intrathecal treatment with 0.1  $\mu$ g and 1.5  $\mu$ g of BDNF,

the frequency of bladder contractions significantly increased to  $1.20 \pm 0.2$  and  $1.40 \pm 0.3$  contractions/minute, respectively ( $p < 0.001$  versus control animals; Fig. 1C–E). This increased frequency of bladder contractions was only observed in the 10-min period following BDNF administration, after which the frequency of bladder contractions returned to the baseline. Changes in the frequency of bladder reflex were not accompanied by alterations in the peak pressure, amplitudes of bladder contractions and AUC (respectively, Fig. 1F–H).

The effect of chronic intrathecal administration of BDNF on bladder function was studied by using mini-osmotic pumps for chronic delivery of sterile saline or BDNF. BDNF was administered at a rate of 1  $\mu$ l/h (1.5  $\mu$ g/day) for 5 days. Measurements were taken on the sixth day. In animals receiving chronic saline, the frequency of bladder contractions was  $0.38 \pm 0.1$  contractions/minute (Fig. 2A, C), similar to that observed in control non-manipulated rats. Chronic intrathecal BDNF treatment did not significantly alter the frequency of bladder contractions ( $0.47 \pm 0.1$  contractions/min; Fig. 2B, C). As observed following acute intrathecal BDNF injection, no changes were observed in the peak



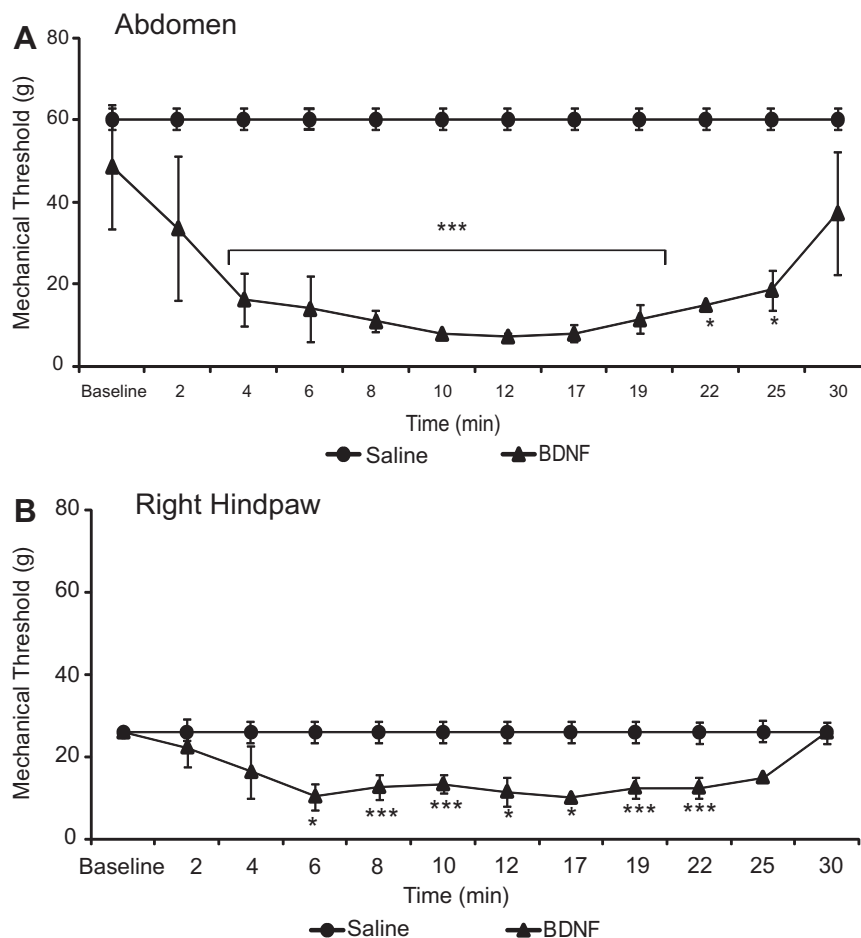
**Fig. 2.** (A, B) Representative cystometrograms of non-inflamed animals receiving chronic intrathecal infusion of saline or BDNF (1.5  $\mu$ g/day). (A) Bladder function of non-inflamed animals receiving chronic saline was not affected. (B) Chronic treatment with BDNF did not produce any effect. (C–F) Histograms showing the mean frequency ( $\pm$  SD) of bladder contractions of non-inflamed animals treated with chronic saline or BDNF. Saline and BDNF-treated animals showed no changes in the frequency (C), peak pressure (D) and amplitude (E) of bladder contractions, and AUC (F).

pressure, amplitudes of bladder contractions and AUC (respectively, Fig. 2D–F).

**Cutaneous sensitivity after acute and chronic intrathecal administration of BDNF to non-inflamed rats.** In this set of experiments, the effects of acute BDNF administration on animal behaviour were evaluated immediately after intrathecal injection of saline and 1.5  $\mu$ g of BDNF. In control non-inflamed animals treated with saline, the basal MT on the abdominal region was  $60.00 \pm 0.2$  g, remaining constant throughout the period of testing (Fig. 3A). The group of animals treated with BDNF presented with a basal abdominal MT of  $48.60 \pm 15.1$  g (Fig. 3A). Acute intrathecal administration of 1.5  $\mu$ g of BDNF caused a significant reduction ( $p < 0.001$  between 4 and 19 min and  $p < 0.05$  22–24 min versus non-inflamed animals treated with saline; Fig. 3A). The minimum value ( $7.30 \pm 0.9$  g) was observed 12 min after BDNF administration (Fig. 3A). After this time point, the abdominal MT returned to baseline values.

On the right hindpaw, the basal MT of control animals treated with saline was  $26.00 \pm 0.3$  g and remained at similar values throughout the whole testing period (Fig. 3B). In the group of animals that received 1.5  $\mu$ g intrathecal BDNF the baseline hindpaw MT was  $26.00 \pm 0.5$  g (Fig. 3B). Intrathecal BDNF administration resulted in a significant ( $p < 0.05$  versus control animals treated with saline) reduction of MT in the hindpaw; in all animals the minimum value was observed 17 min after BDNF administration ( $10.00 \pm 0.0$  g). After the 22-min time point, the MT increased again to baseline values.

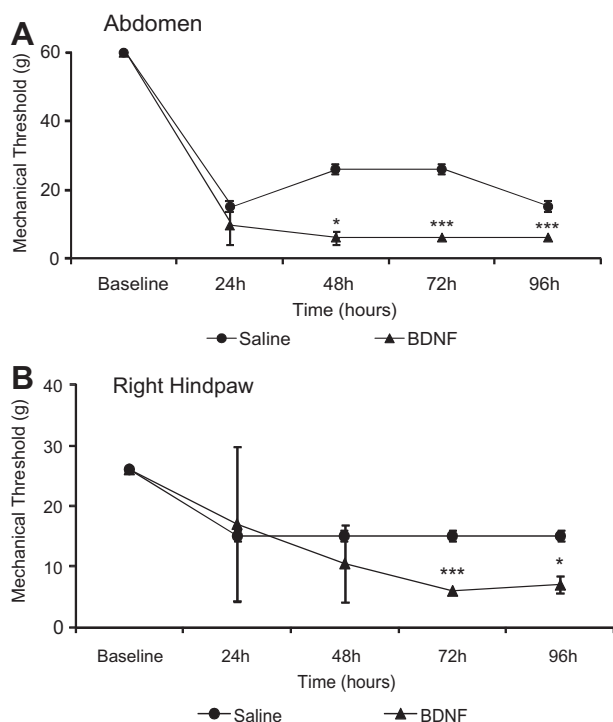
The effects of chronic intrathecal treatment of BDNF on cutaneous sensitivity were also assessed. In the group of animals administered saline chronically, the abdominal baseline MT was  $60.00 \pm 0.2$  g (Fig. 4A). A decrease of the MT to  $15.00 \pm 0.1$  g was observed, at 24 h post-CYP possibly due to the subcutaneous placement of the osmotic mini-pump. The abdominal MT increased to  $26.00 \pm 0.0$  g at the remaining time points. In the group of animals receiving chronic BDNF (1  $\mu$ l/h; 1.5  $\mu$ g/day), the baseline abdominal MT on the lower



**Fig. 3.** Mechanical thresholds (MTs) of the lower abdomen (A) and right hindpaw (B) from non-inflamed animals after acute intrathecal administration of saline and BDNF (1.5  $\mu$ g). (A) In the lower abdomen of non-inflamed animals receiving saline, the MTs remained constant throughout the testing period. The group of animals treated with BDNF presented a significant reduction of the abdominal MT between the 4th and 25th min (4th–19th min \*\*\* $p < 0.001$ ; 22nd–24th min \* $p < 0.05$  versus saline-treated animals). (B) In the right hindpaw, the MT of saline-treated animals was changed by the intrathecal treatment. The group of animals receiving BDNF showed a reduction in the MT between the 6th and 22nd min (\* $p < 0.05$  or \*\*\* $p < 0.001$  versus saline-treated animals). For some points, error bars ( $\pm$  SD) are not visible as there was no variation in values between animals.

abdomen was  $60.00 \pm 0.1$  g (Fig. 4A). The abdominal MT significantly decreased 24 h after intrathecal placement of the osmotic pump and remained similarly low until the end of the behavioural assessment. The MT values registered were  $9.50 \pm 5.5$  g at 24 h,  $6.00 \pm 2.0$  g at 48 h ( $p < 0.05$  versus saline-treated animals),  $6.00 \pm 0.0$  g at 72 h and  $6.00 \pm 0.0$  g at 96 h ( $p < 0.001$  versus saline-treated animals; Fig. 4A).

In the right hindpaw, the baseline MT of animals receiving chronic saline was  $26.00 \pm 0.1$  g (Fig. 4B). In this group of animals, the hindpaw MT decreased to  $15.00 \pm 0.1$  g at 24 h post-CYP and remained constant at all time points thereafter (Fig. 4B). Chronic administration of BDNF also resulted in a reduction of MT in the hindpaw at all time points of the experiment. The MT significantly decreased from  $26.00 \pm 0.1$  g at baseline to  $17.00 \pm 12.2$  g at 24 h,  $10.50 \pm 6.4$  g at 48 h,  $6.00 \pm 0.0$  g at 72 h ( $p < 0.001$  versus saline-treated animals) and  $7.00 \pm 1.4$  g at 96 h ( $p < 0.05$  versus saline-treated animals; Fig. 4B).

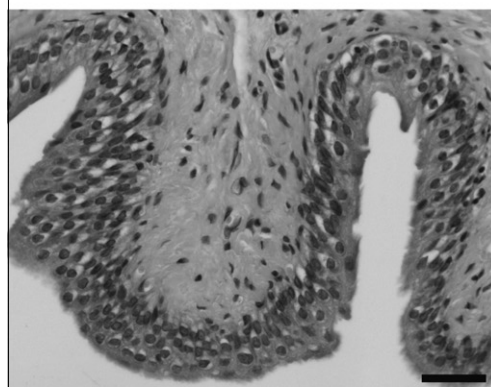


**Fig. 4.** Mechanical thresholds (MTs) of the lower abdomen (A) and right hindpaw (B) from non-inflamed animals after chronic intrathecal infusion of saline and BDNF (1.5  $\mu$ g/day) during 5 days. (A) In the lower abdomen, saline-treated animals presented a decrease in the MT 24 h after placement of the osmotic pump, increasing at later time points. In the group of animals receiving chronic BDNF, the MT was significantly reduced at all experiment time-points in comparison with saline-treated animals (\* $p < 0.05$  at 48 h; \*\*\* $p < 0.001$ ) at 72–96 h. (B) In the right hindpaw, the MT of non-inflamed animals treated with saline remained unaltered. Chronic infusion of BDNF lead to a significant reduction in the MT only at 72 h (\* $p < 0.001$ ) and 96 h of treatment (\* $p < 0.05$ ) when compared to saline-treated animals. For some points, error bars ( $\pm$  SD) are not visible as there was no variation in values between animals.

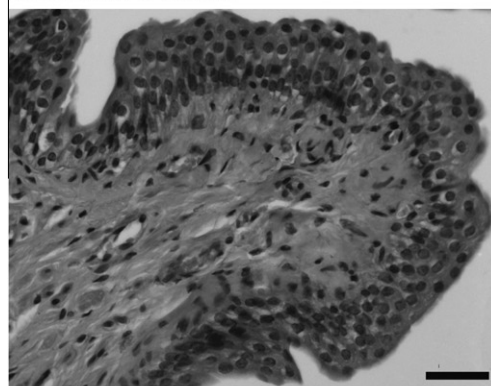
### Blockade of Trk receptors and BDNF sequestration

As exogenous administration of BDNF resulted in heightened bladder reflex activity and increased cutaneous sensitivity, we sought to investigate if BDNF blockade would improve bladder hyperactivity and referred pain in rats with cystitis. For that, we used k252a, a general blocker of Trk receptors, and TrkB-Ig<sub>2</sub>, a BDNF scavenger (Banfield et al., 2001; Naylor et al., 2002).

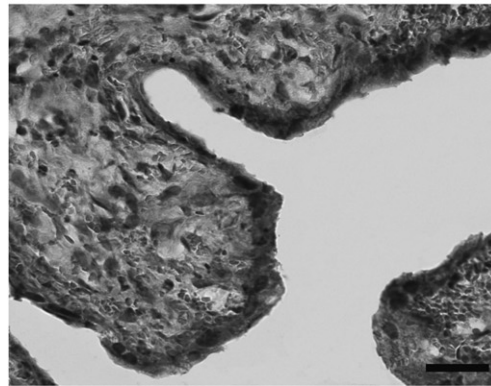
A: Control



B: Control + Saline



C: CYP + Saline



**Fig. 5.** (A–C) Bladder histology of control non-inflamed and CYP-inflamed animals treated with saline. Scale bar = 20  $\mu$ m. (A, B) Bladder tissue of non-inflamed animals was unchanged after saline treatment. (C) In contrast, bladders from CYP-inflamed animals treated with saline presented obvious signs of inflammation, blood infiltration and oedema in the lamina propria and a reduced thickness of the urothelium.

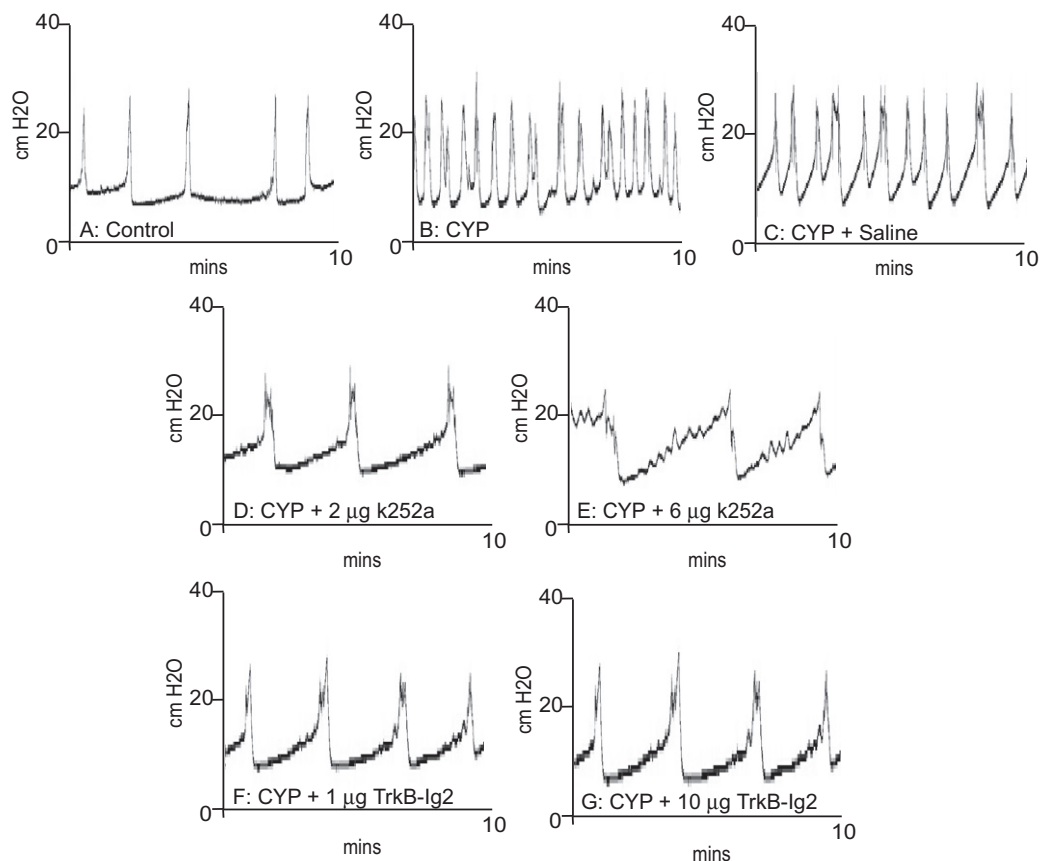
**Bladder histology.** Sections from the bladder of CYP-treated animals stained with haematoxylin and eosin showed obvious signs of inflammation (Fig. 5C), in comparison with bladders from non-inflamed (Fig. 5A) and CYP-inflamed rats treated with saline (Fig. 5B). Inflammation signs observed included oedema and blood infiltration in the lamina propria as well as reduced thickness of the urothelium.

**Bladder reflex activity after intrathecal injection of saline, k252a and TrkB-Ig<sub>2</sub> in CYP-inflamed rats.** To explore if BDNF blockade would improve bladder function in chronic bladder inflammation, animals with chronic CYP-induced cystitis received intrathecal saline, k252a or TrkB-Ig<sub>2</sub> whilst bladder reflex activity was registered. Increasingly greater amounts of k252a or TrkB-Ig<sub>2</sub> were injected every 30 min. K252a was used as an comparison for TrkB-Ig<sub>2</sub>-mediated effects on bladder function and behaviour. At baseline, the frequency of bladder contractions from CYP-inflamed animals was  $0.96 \pm 0.1$  contractions/minute (Figs. 6B and 7A), a value significantly higher than that observed in non-inflamed control animals ( $0.50 \pm 0.1$  contractions/minute;  $p < 0.05$ ; Figs. 6A and 7A). The treatment with intrathecal saline did not alter bladder

frequency, which remained at  $1.00 \pm 0.5$  contractions/minute (Figs. 6C and 7A). After intrathecal administration of k252a, the frequency of bladder contractions was significantly reduced to  $0.60 \pm 0.4$  (after 2  $\mu$ g;  $p < 0.05$  versus saline; Figs. 6D and 7A) and  $0.66 \pm 0.4$  contractions/minute (after 6  $\mu$ g;  $p < 0.05$  versus saline; Figs. 6E and 7A).

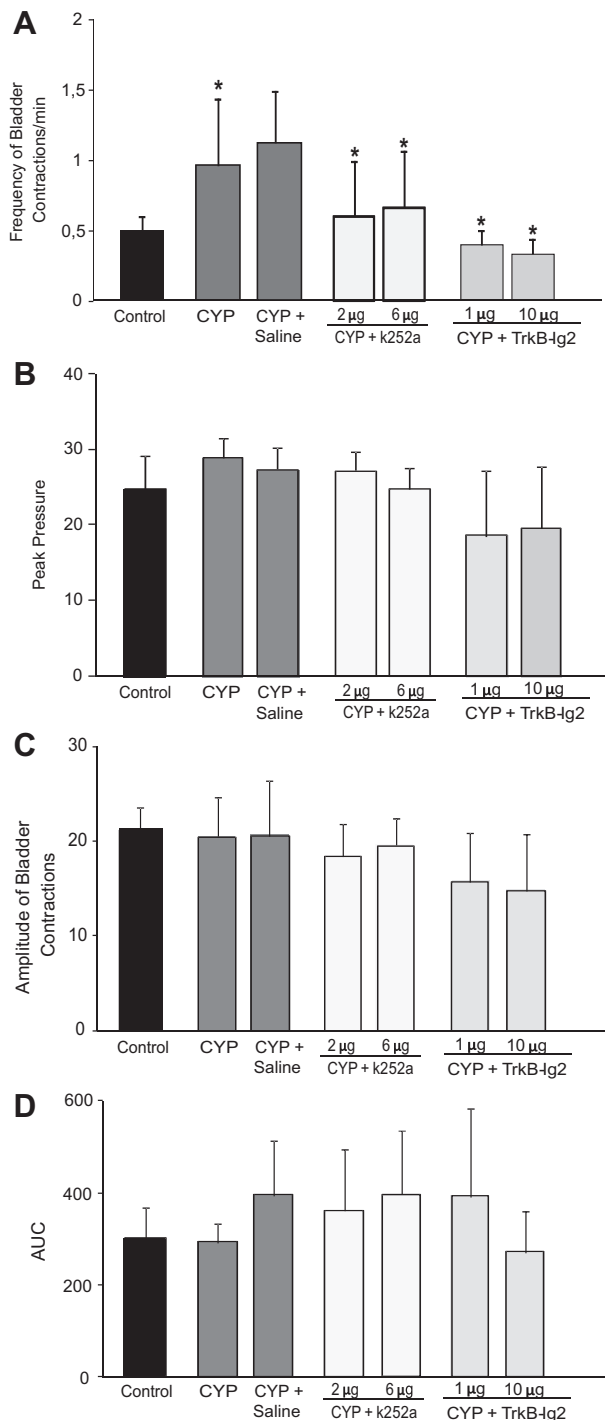
The frequency of bladder contractions in CYP-inflamed animals treated with TrkB-Ig<sub>2</sub> was also reduced following intrathecal administration of 1 and 10  $\mu$ g of TrkB-Ig<sub>2</sub>, respectively being  $0.40 \pm 0.1$  and  $0.30 \pm 0.1$  contractions/minute ( $p < 0.05$  versus saline; Figs. 6F, G, and 7A). No changes in the peak pressure and amplitudes of bladder contractions and AUC occurred after intrathecal administration of k252a or TrkB-Ig<sub>2</sub> (Fig. 7B–D).

**Referred pain after intrathecal injection of saline, k252a and TrkB-Ig<sub>2</sub> in CYP-inflamed rats.** The group of CYP-inflamed animals receiving intrathecal saline presented a significant decrease on the abdominal MT at 4, 24 and 48 h post-CYP injection when compared to values registered before the induction of bladder inflammation (Figs. 8A and 9A). Intrathecal administration of 2 or 6  $\mu$ g of k252a caused a significant improvement of

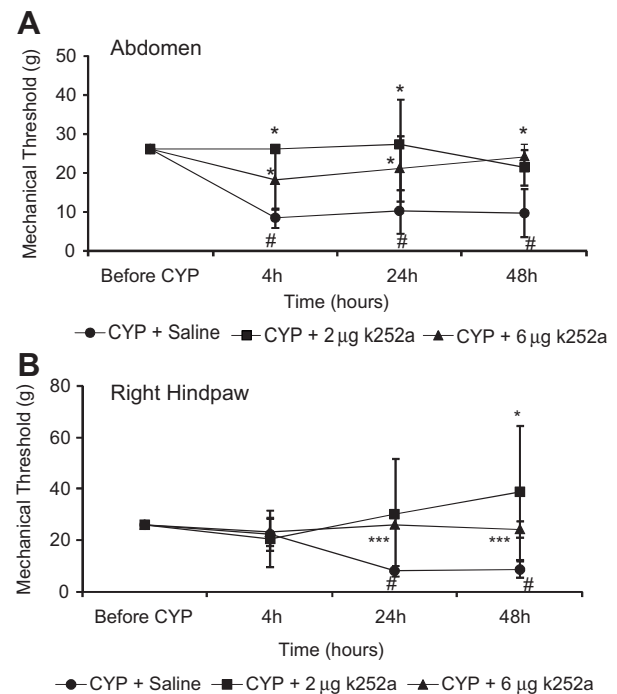


**Fig. 6.** (A–G) Representative cystometrograms of control and CYP-inflamed animals treated with intrathecal saline, k252a (2 and 6  $\mu$ g), and TrkB-Ig<sub>2</sub> (1 and 10  $\mu$ g). Saline, k252a, or TrkB-Ig<sub>2</sub> was administered via the intrathecal catheter every 30 min during cystometry. (A, B) The basal bladder reflex activity of CYP-inflamed animals was significantly increased when compared to control non-inflamed animals. No differences were found in the urinary frequency of CYP-inflamed animals after intrathecal injection of saline (C). The group of CYP-inflamed rats treated with k252a (D, E) and TrkB-Ig<sub>2</sub> (F, G) presented a significant reduction of bladder reflex activity in comparison to CYP-inflamed animals with saline.





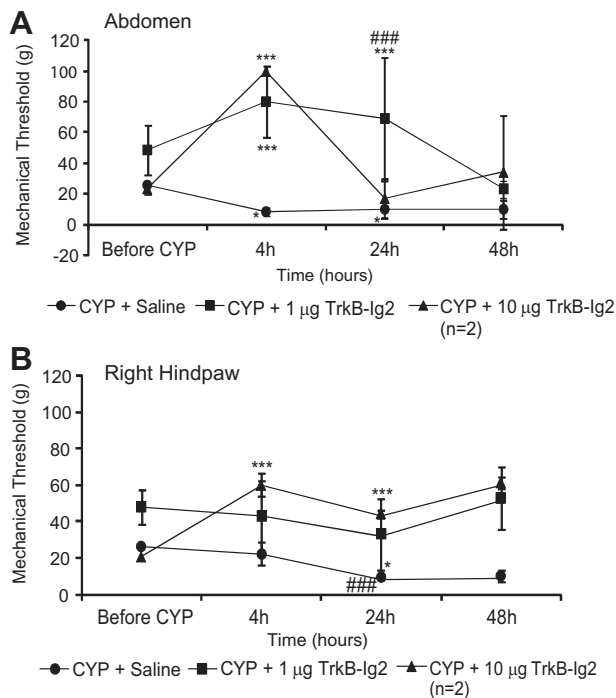
**Fig. 7.** (A–D) Histograms showing the mean frequency (A), peak pressure (B) and amplitude (C) of bladder contractions and AUC (D) of CYP-inflamed animals treated with saline, k252a (2 and 6 µg), and TrkB-Ig<sub>2</sub> (1 and 10 µg). (A) The frequency of bladder contractions of CYP-inflamed animals receiving saline was significantly elevated when compared to control non-inflamed rats ( $p < 0.05$ ). No differences were found after intrathecal treatment with saline. The urinary frequency of CYP-inflamed animals was significantly reduced after intrathecal treatment with 2 and 6 µg of k252a ( $p < 0.05$  versus CYP-inflamed animals receiving saline), 1 and 10 µg of TrkB-Ig<sub>2</sub> ( $p < 0.05$  versus CYP-inflamed animals receiving saline). (B–D) The amplitude of bladder contractions, peak pressure and AUC remained unchanged between groups.



**Fig. 8.** (A, B) Mechanical thresholds (MTs) of the lower abdomen (A) and right hindpaw (B) of CYP-inflamed animals, injected intrathecally at 4, 24 and 48 h post-CYP injection, with saline and k252a (2 and 6 µg). Saline or k252a was administered 15 min prior to the determination of the MT with the von Frey monofilaments. In the lower abdomen (A), the MT was significantly decreased ( $p < 0.05$  versus before CYP injection) by inflammation and not changed by saline administration. The abdominal MT of CYP-inflamed animals treated with 2 and 6 µg of k252a was significantly increased at 4, 24 and 48 h-post injection ( $p < 0.05$ ) in comparison to CYP inflamed saline-treated animals. In the right hindpaw (B) the MT decreased only 24 h after CYP administration ( $p < 0.05$  versus before CYP injection). No differences were found after intrathecal treatment with saline. In the group of inflamed animals receiving k252a, the abdominal MT was significantly increased at 24 and 48 h post-CYP injection ( $p < 0.05$  or  $***p < 0.001$  versus CYP-inflamed animals with saline). For some points, error bars ( $\pm$  SD) are not visible as there was no variation in values between animals.

the abdominal MT at all time points tested (Fig. 8A). On the right hindpaw, we only observed a significant decrease of the MT 24 h after CYP injection (Fig. 8B). Intrathecal injection of both doses of k252a significantly increased the MT in the hindpaw (Fig. 8B).

BDNF sequestration with TrkB-Ig<sub>2</sub> also produced beneficial effects. Indeed, a significant improvement was found both in the abdominal and hindpaw MT following intrathecal injection of the BDNF sequestrant at all time points of inflammation (Fig. 9A, B). However, despite the effects on bladder reflex activity, it should be noted that treatment with 10 µg of TrkB-Ig<sub>2</sub> in awake animals produced significant side-effects, such as the loss of equilibrium. Thus, behavioural assessment was only performed in two animals, after which they were immediately euthanized. No more experiments were conducted using this dose.



**Fig. 9.** (A, B) Mechanical thresholds (MTs) of the lower abdomen and right hindpaw of CYP-inflamed animals intrathecally injected at 4, 24 and 48 h post-CYP injection, with saline and TrkB-Ig<sub>2</sub> (1 and 10 µg). Saline or TrkB-Ig<sub>2</sub> was administered via the intrathecal catheter every 30 min during cystometry, and 15 min prior to the determination of the MT with the von Frey monofilaments. In the lower abdomen (A), the MT of CYP-inflamed animals receiving saline was significantly reduced throughout the experiment (\* $p < 0.05$  versus before CYP injection). The abdominal MT of CYP-inflamed animals treated with 1 µg of TrkB-Ig<sub>2</sub> was significantly improved at 4 and 24 h post-CYP-injection (\*\* $p < 0.001$  versus CYP-inflamed animals treated with saline). However, the MT of inflamed animals treated with 10 µg of TrkB-Ig<sub>2</sub> ( $n = 2$ ) was only improved at 4 h post-CYP injection. In the right hindpaw (B), the MT was significantly improved in CYP-inflamed animals receiving 1 and 10 µg of TrkB-Ig<sub>2</sub> (\*\* $p < 0.001$  versus CYP-injected animals treated with saline). For some points, error bars ( $\pm$ SD) are not visible as there was no variation in values between animals. In addition error bars cannot be given for animals receiving 10 µg of TrkB-Ig<sub>2</sub> as  $n = 2$ .

**Spinal cord ERK activation after intrathecal injection of saline, k252a and TrkB-Ig<sub>2</sub> in CYP-inflamed rats.** Immunostaining of L5/L6 spinal cord sections of CYP-inflamed animals treated with saline revealed the presence of phosphoERK-positive cells, distributed bilaterally on the superficial laminae I and II of the DHs, on the DCM and on the ILGs. The number of positive cells observed in the DHs of CYP-inflamed rats receiving saline was  $24.70 \pm 8.9$  (Figs. 10A and 11A). Intrathecal administration of 2 and 6 µg k252a resulted in a decrease to  $12.10 \pm 4.0$  and  $7.70 \pm 3.6$  ( $p < 0.05$  versus CYP-inflamed animals treated with saline; Figs. 10B, C and 11A). Likewise, intrathecal injection of 1 µg of TrkB-Ig<sub>2</sub> significantly reduced the number of phosphoERK cells to  $8.60 \pm 1.7$  ( $p < 0.05$  versus CYP-inflamed animals treated with saline; Figs. 10D and 11A).

In the DCM, the number of phosphoERK-IR cells in spinal sections from CYP-inflamed animals treated with saline was  $15.20 \pm 0.6$  (Figs. 10A and 11B). Following the administration of k252a, the number of positive cells

was  $12.3 \pm 6.2$  and  $6.40 \pm 3.4$  after intrathecal injection of, respectively, 2 and 6 µg of the compound ( $p < 0.05$  versus CYP-inflamed animals treated with saline; Figs. 10B and 11B). After intrathecal administration of 1 µg of TrkB-Ig<sub>2</sub> the number of IR cells was  $8.40 \pm 3.1$  ( $p < 0.05$  versus CYP-inflamed animals treated with saline; Figs. 10D and 11B).

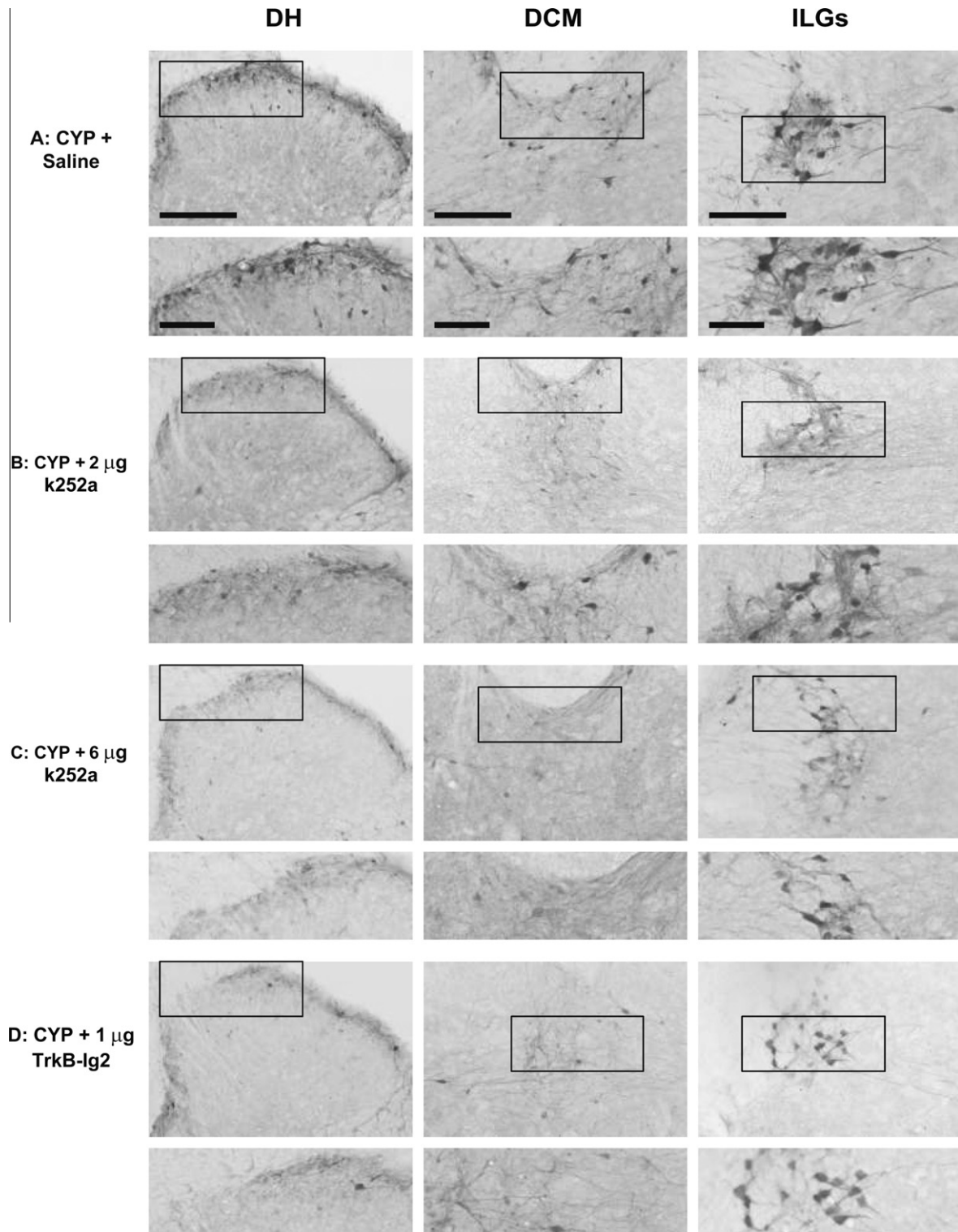
In spinal sections of CYP-inflamed rats receiving intrathecal saline, the number of phosphoERK-IR cells observed in the ILGs was  $9.30 \pm 1.0$  (Figs. 10A and 11C). In spinal sections from animals receiving k252a, the number of positive cells was  $12.40 \pm 3.6$  in rats receiving 2 µg and  $4.70 \pm 3.3$  after 6 µg of the drug ( $p < 0.05$  versus CYP-inflamed animals treated with saline; Figs. 10B, C, and 11C). In rats receiving 1 µg of TrkB-Ig<sub>2</sub> the number of phosphoERK-IR cells was  $6.20 \pm 0.5$  ( $p < 0.05$  versus CYP-inflamed animals treated with saline; Figs. 10D and 11).

**BDNF expression at the spinal cord.** BDNF was expressed throughout the spinal cord, particularly in the DH (Fig. 12A and B). We found IR cell bodies in all layers of the cord. In the superficial layers of the cord there was also intense immunostaining, most likely reflecting the presence of BDNF in the spinal processes of primary afferents. We found that administration of 1 µg of TrkB-Ig<sub>2</sub> resulted in a significant reduction in spinal BDNF expression ( $p < 0.05$  versus CYP-inflamed animals, Fig. 12C).

## DISCUSSION

In an effort to better understand the role of central effects of BDNF in interstitial cystitis, the present study examined the effects of acute and chronic intrathecal administration of BDNF to non-inflamed rats on bladder function, and BDNF sequestration during CYP-induced bladder inflammation. As in other studies (Pinto et al., 2010), CYP administration induced a pronounced inflammation of the bladder, confirmed by histological analysis of bladder tissue. The results presented here show an increase of urinary frequency immediately after acute intrathecal administration of BDNF, as well as behavioural signs of pain. In addition, animals with chronic cystitis showed a reduction in bladder hyperactivity and referred pain following Trk blockade with k252a or BDNF sequestration with TrkB-Ig<sub>2</sub>, indicating that this NTs participates in referred pain and bladder hyperactivity in chronic conditions. Surprisingly, following chronic administration of BDNF only allodynia was observed and bladder hyperactivity, observed after acute BDNF administration, was not present.

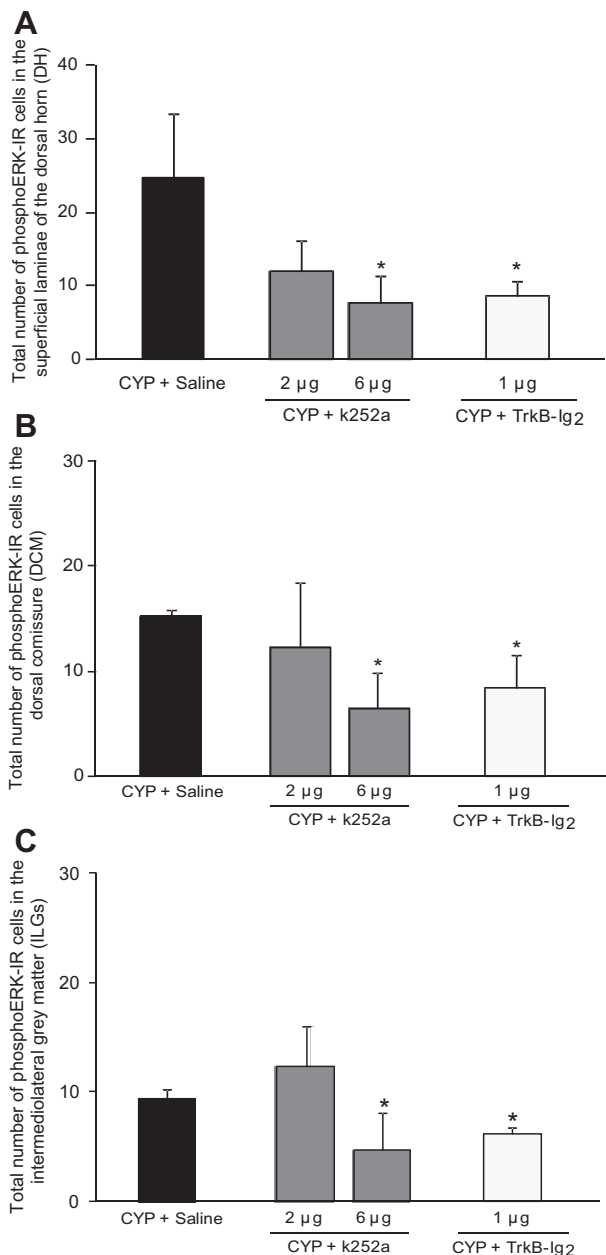
The effects of acute intrathecal BDNF administration on bladder function and cutaneous sensitivity were observed shortly after injection. The reason for the rapid effect of intrathecal BDNF may be easily understood as being due to the activation of TrkB receptors present in dorsal horn neurons, postsynaptic to bladder afferents. Binding of BDNF to these receptors induces swift downstream activation of intracellular signalling pathways such as the ERK 1 and 2 cascade in spinal neurons postsynaptic to primary afferents (Lever et al.,



**Fig. 10.** (A–D) Representative photomicrographs of the total number of phosphoERK-IR cells in L5/L6 spinal cord sections from CYP-inflamed animals after intrathecal injection of saline (A), 2 µg of k252a (B), 6 µg of k252a (C), and 1 µg of TrkB-Ig<sub>2</sub> (D). Scale bars = 100 µm. Magnified images, scale bar = 20 µm. The phosphoERK immunoreactive cells were found in the laminae I and II of the dorsal horn (DH; left column), in the dorsal commissure (DCM; central column) and in the intermediolateral grey matter (ILGs; right column). Trk blockade or NT sequestration resulted in a significant reduction in phosphoERK expression in the analysed areas of the cord. Boxes in images refer to higher power images of phosphoERK-positive cells in the analysed areas of the cord.

2003b; Slack et al., 2004, 2005), an essential mechanism of spinal processing of peripheral noxious input (Ji et al., 1999, 2009; Pezet et al., 2002c; Pezet and McMahon,

2006; Zhao et al., 2006). Also, the activation of this pathway has already been linked to bladder hyperactivity and increased sensory barrage associated



**Fig. 11.** (A–C) Histograms depicting the mean number ( $\pm$ SD) of phosphoERK activation in dorsal horn (DH), dorsal commissure (DCM) and intermediolateral grey matter (ILGs) in sections from L5/L6 spinal cord. Intrathecal delivery of 6 µg of k252a and 1 µg of TrkB-Ig<sub>2</sub> resulted in significant reduction of phosphoERK expression in the DH, DCM and ILGs in spinal cells (\* $p$  < 0.05 versus CYP-inflamed animal treated with saline).

with chronic bladder inflammation (Cruz et al., 2005). In that study, after bladder stimulation we observed a rapid increase in the number of phosphoERK-positive dorsal horn neurons located in the projection areas of bladder afferents (Cruz et al., 2005).

In the present study we observed that the acute effects of intrathecal BDNF were short-lived. Bladder hyperactivity was observed in the 10-min period after BDNF injection. Likewise, allodynia was only observed in the 20-min time frame following intrathecal BDNF

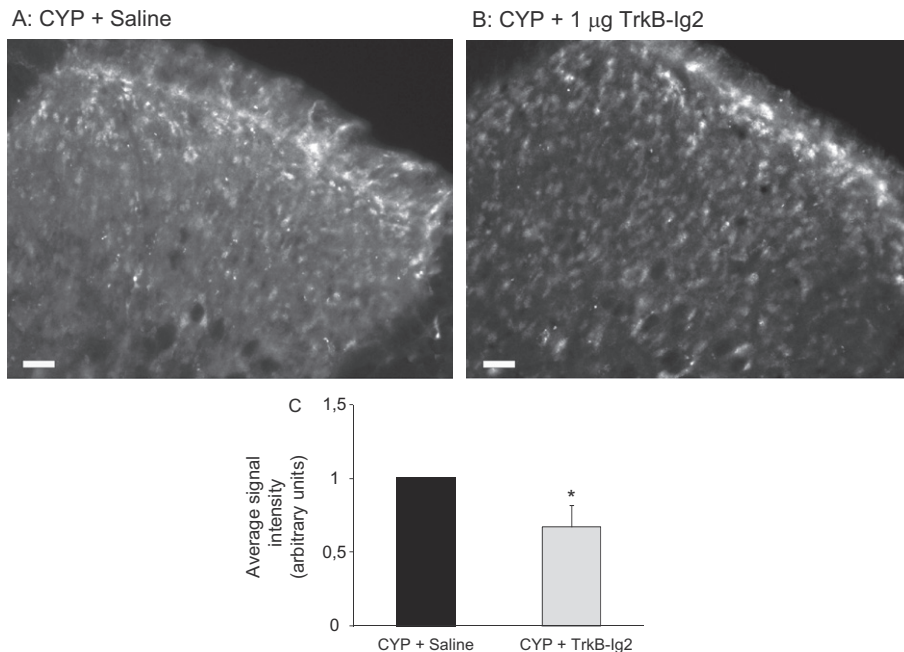
administration, after which cutaneous sensitivity returned to baseline values. This is in accordance with previous studies which indicated that the activation of the downstream ERK pathway by BDNF is short-lasting (Pezet et al., 2002b; Lever et al., 2003b; Pezet and McMahon, 2006; Zhao et al., 2006). We have previously demonstrated that in spinal cord neurons, ERK phosphorylation following bladder distension rapidly disappeared 10 min after stimulation and was no longer observed two hours after stimulus (Cruz et al., 2005). The reason for the short duration of the effect of acute BDNF treatment may result from inactivation of the above-mentioned signalling cascade, quickly achieved by specific phosphatases (Muda et al., 1996). In addition, cessation of BDNF signalling in spinal synapses is very likely to be a rapid process, dependent on TrkB internalization, simple diffusion of the NT or its degradation by extracellular proteases (Pezet et al., 2002c; Pezet and McMahon, 2006).

The results observed following acute intrathecal administration of BDNF support the hypothesis that bladder hyperactivity and referred pain in the lower abdomen and hindpaw observed during CYP-induced cystitis may depend on the excessive levels of spinal BDNF. Accordingly, spinal blockade of TrkB receptors with intrathecal k252a or BDNF sequestration with TrkB-Ig<sub>2</sub> resulted in a marked reduction in bladder hyperactivity and referred pain. Likewise, in rats with colonic inflammation, treatment with an anti-BDNF antibody resulted in a decrease in abdominal pain threshold in response to colonic distension (Delafoye et al., 2006). In our CYP-inflamed rats, reduction of bladder hyperactivity and referred pain levels, obtained with k252a or TrkB-Ig<sub>2</sub> administration, was accompanied by reduced levels of spinal expression of phosphoERK, indicating reduced BDNF-dependent spinal cord activation. BDNF immunostaining confirmed the effectiveness of the TrkB-Ig<sub>2</sub> scavenging treatment, as reduction of phosphoERK expression was accompanied by a pronounced decrease in spinal BDNF.

In agreement with the considerations above, chronic BDNF induced referred pain, as indicated by signs of allodynia in the lower abdomen and hindpaw. Allodynia is a hallmark of chronic pain and reflects the occurrence of central sensitization (Latremoliere and Woolf, 2009; Woolf, 2011). Activation of spinal TrkB by BDNF is an important event for central sensitization (Ren and Dubner, 2007). In fact, binding of BDNF to TrkB induces the phosphorylation of specific *N*-methyl-D-aspartate (NMDA) subunits via ERK activation (Slack and Thompson, 2002; Slack et al., 2004), an essential mechanism of central sensitization related to chronic somatic (Costigan and Woolf, 2000; Haddad, 2005) and visceral pain (Tian et al., 2008).

Most unexpectedly, chronic BDNF did not produce detectable changes in bladder reflex activity. This was a systematic finding, observed in all animals receiving chronic intrathecal BDNF. A clear explanation can only be speculated upon. One could hypothesize that exogenous BDNF, being a recombinant protein, is metabolized more rapidly than its endogenous





**Fig. 12.** (A, B) Photomicrographs depicting BDNF expression in the L6 spinal cord segment of CYP-inflamed animals and CYP-inflamed animals treated with TrkB-Ig<sub>2</sub>. Scale bar = 20 µm. In the spinal cord, BDNF expression was present in cell bodies throughout the dorsal horn. Immunoreaction was more intense in laminae I and II, reflecting the presence of primary afferents containing BDNF. (C) Graph of bars showing the mean intensity of BDNF expression in the L6 spinal cord segment. BDNF expression was significantly reduced throughout the cord after intrathecal administration of TrkB-Ig<sub>2</sub> (\* $p < 0.05$  versus CYP-inflamed animals treated with saline).

counterpart. However, this explanation is difficult to support by the signs of referred pain, which were similar in rats after chronic BDNF administration or with chronic cystitis which is accompanied by high BDNF levels (Vizzard, 2000). An important aspect to consider is that in the group of rats receiving chronic BDNF treatment the peripheral inflammatory component was absent. This could be essential for the establishment of bladder hyperactivity, indicating a strong dependence on peripheral mechanisms. In addition, one can hypothesize that chronic exposure to BDNF may have enhanced spinal GABAergic interneurons that express TrkB (Pezet et al., 2002a; Lever et al., 2003a; Bardoni et al., 2007). Bladder function is regulated by, and sensitive to, pontine projections that contact with GABAergic spinal neurons (Blok et al., 1997). In fact, potentiation of GABAergic neurotransmission at the spinal cord level is currently viewed as a potential therapeutic solution for neurogenic detrusor overactivity (Miyazato et al., 2008, 2009).

## CONCLUSION

The present study highlights the distinctive contribution of BDNF to referred pain and bladder hyperactivity accompanying cystitis. Our experiments with k252a and TrkB-Ig<sub>2</sub>, the recombinant BDNF scavenger, suggest that treatment of chronic cystitis could at some point include the modulation of BDNF. Significantly, together with a previous study from our group (Pinto et al., 2010), the present results support a novel role for BDNF in chronic bladder inflammation.

**Acknowledgments**—The authors would like to acknowledge Professor António Avelino and Dr. Jorge Ferreira for helpful discussions and critical reading of the manuscript. This work has been funded by project INComb FP7 HEALTH Project No. 223234 and by Associação Portuguesa de Urologia (Portuguese Association of Urology). Bárbara Frias is supported by a PhD scholarship SFRH/BD/63225/2009 from FCT (Fundação para a Ciência e Tecnologia), Portugal. Dr Shelley Allen is supported by the Medical Research Council UK and SARTRE – Severnside Alliance Translational Research Enterprise.

## REFERENCES

- Ahmed S, Reynolds BA, Weiss S (1995) BDNF enhances the differentiation but not the survival of CNS stem cell-derived neuronal precursors. *J Neurosci* 15:5765–5778.
- Banfield MJ, Naylor RL, Robertson AG, Allen SJ, Dawbarn D, Brady RL (2001) Specificity in Trk receptor:neurotrophin interactions: the crystal structure of TrkB-d5 in complex with neurotrophin-4/5. *Structure* 9:1191–1199.
- Bardoni R, Ghirri A, Salio C, Prandini M, Merighi A (2007) BDNF-mediated modulation of GABA and glycine release in dorsal horn lamina II from postnatal rats. *Dev Neurobiol* 67:960–975.
- Blok BF, de Weerd H, Holstege G (1997) The pontine micturition center projects to sacral cord GABA immunoreactive neurons in the cat. *Neurosci Lett* 233:109–112.
- Coggeshall RE (2005) Fos, nociception and the dorsal horn. *Prog Neurobiol* 77:299–352.
- Costigan M, Woolf CJ (2000) Pain: molecular mechanisms. *J Pain* 1:35–44.
- Cruz CD, Avelino A, McMahon SB, Cruz F (2005) Increased spinal cord phosphorylation of extracellular signal-regulated kinases mediates micturition overactivity in rats with chronic bladder inflammation. *Eur J Neurosci* 21:773–781.

- Cruz CD, Cruz F (2007) The ERK 1 and 2 pathway in the nervous system: from basic aspects to possible clinical applications in pain and visceral dysfunction. *Curr Neuropharmacol* 5:244–252.
- Delafoy L, Gelot A, Ardid D, Eschaliere A, Bertrand C, Doherty AM, Diop L (2006) Interactive involvement of brain derived neurotrophic factor, nerve growth factor, and calcitonin gene related peptide in colonic hypersensitivity in the rat. *Gut* 55:940–945.
- Disin P, Charrua A, Avelino A, Yaqoob M, Bevan S, Nagy I, Cruz F (2004) Anandamide-evoked activation of vanilloid receptor 1 contributes to the development of bladder hyperreflexia and nociceptive transmission to spinal dorsal horn neurons in cystitis. *J Neurosci* 24:11253–11263.
- Fumagalli F, Racagni G, Riva MA (2006) Shedding light into the role of BDNF in the pharmacotherapy of Parkinson's disease. *Pharmacogenomics* 6:95–104.
- Groth R, Aanonsen L (2002) Spinal brain-derived neurotrophic factor (BDNF) produces hyperalgesia in normal mice while antisense directed against either BDNF or trkB, prevent inflammation-induced hyperalgesia. *Pain* 100:171–181.
- Haddad JJ (2005) N-methyl-D-aspartate (NMDA) and the regulation of mitogen-activated protein kinase (MAPK) signaling pathways: a revolving neurochemical axis for therapeutic intervention? *Prog Neurobiol* 77:252–282.
- Hashimoto K (2010) Brain-derived neurotrophic factor as a biomarker for mood disorders: an historical overview and future directions. *Psychiatry Clin Neurosci* 64:341–357.
- Hashimoto K, Koizumi H, Nakazato M, Shimizu E, Iyo M (2005) Role of brain-derived neurotrophic factor in eating disorders: recent findings and its pathophysiological implications. *Prog Neuropsychopharmacol Biol Psychiatry* 29:499–504.
- Hughes MS, Shenoy M, Liu L, Colak T, Mehta K, Pasricha PJ (2011) Brain-derived neurotrophic factor is upregulated in rats with chronic pancreatitis and mediates pain behavior. *Pancreas* 40:551–556.
- Jarrell, J. 2009. Demonstration of cutaneous allodynia in association with chronic pelvic pain. *J Vis Exp.* (28). Available at: <http://www.ncbi.nlm.nih.gov/pmc/articles/PMC2796663/>.
- Ji RR, Baba H, Brenner GJ, Woolf CJ (1999) Nociceptive-specific activation of ERK in spinal neurons contributes to pain hypersensitivity. *Nat Neurosci* 2:1114–1119.
- Ji RR, Gereau RWt, Malcangio M, Strichartz GR (2009) MAP kinase and pain. *Brain Res Rev* 60:135–148.
- Jungbluth S, Koentges G, Lumsden A (1997) Coordination of early neural tube development by BDNF/trkB. *Development* 124:1877–1885.
- Kernie SG, Liebl DJ, Parada LF (2000) BDNF regulates eating behavior and locomotor activity in mice. *EMBO J* 19:1290–1300.
- Kerr BJ, Bradbury EJ, Bennett DL, Trivedi PM, Dassan P, French J, Shelton DB, McMahon SB, Thompson SW (1999) Brain-derived neurotrophic factor modulates nociceptive sensory inputs and NMDA-evoked responses in the rat spinal cord. *J Neurosci* 19:5138–5148.
- Kim JC, Kim DB, Seo SI, Park YH, Hwang TK (2004) Nerve growth factor and vanilloid receptor expression, and detrusor instability, after relieving bladder outlet obstruction in rats. *BJU Int* 94:915–918.
- Latremoliere A, Woolf CJ (2009) Central sensitization: a generator of pain hypersensitivity by central neural plasticity. *J Pain* 10:895–926.
- Lever I, Cunningham J, Grist J, Yip PK, Malcangio M (2003a) Release of BDNF and GABA in the dorsal horn of neuropathic rats. *Eur J Neurosci* 18:1169–1174.
- Lever IJ, Bradbury EJ, Cunningham JR, Adelson DW, Jones MG, McMahon SB, Marvizon JC, Malcangio M (2001) Brain-derived neurotrophic factor is released in the dorsal horn by distinctive patterns of afferent fiber stimulation. *J Neurosci* 21:4469–4477.
- Lever IJ, Pezet S, McMahon SB, Malcangio M (2003b) The signaling components of sensory fiber transmission involved in the activation of ERK MAP kinase in the mouse dorsal horn. *Mol Cell Neurosci* 24:259–270.
- Merighi A, Salio C, Ghirri A, Lossi L, Ferrini F, Betelli C, Bardoni R (2008) BDNF as a pain modulator. *Prog Neurobiol* 85:297–317.
- Miyazato M, Sasatomi K, Hiragata S, Sugaya K, Chancellor MB, de Groat WC, Yoshimura N (2008) Suppression of detrusor-sphincter dysynergia by GABA-receptor activation in the lumbosacral spinal cord in spinal cord-injured rats. *Am J Physiol Regul Integr Comp Physiol* 295:R336–R342.
- Miyazato M, Yoshimura N, Nishijima S, Sugaya K (2009) Roles of glycinergic and gamma-aminobutyric-ergic mechanisms in the micturition reflex in rats. *Low Urin Tract Symptom* 1:S70–S73.
- Muda M, Boschart U, Dickinson R, Martinou JC, Martinou I, Camps M, Schlegel W, Arkinstall S (1996) MKP-3, a novel cytosolic protein-tyrosine phosphatase that exemplifies a new class of mitogen-activated protein kinase phosphatase. *J Biol Chem* 271:4319–4326.
- Naylor RL, Robertson AG, Allen SJ, Sessions RB, Clarke AR, Mason GG, Burston JJ, Tyler SJ, Wilcock GK, Dawbarn D (2002) A discrete domain of the human TrkB receptor defines the binding sites for BDNF and NT-4. *Biochem Biophys Res Commun* 291:501–507.
- Pezet S, Cunningham J, Patel J, Grist J, Gavazzi I, Lever IJ, Malcangio M (2002a) BDNF modulates sensory neuron synaptic activity by a facilitation of GABA transmission in the dorsal horn. *Mol Cell Neurosci* 21:51–62.
- Pezet S, Malcangio M, Lever IJ, Perkinson MS, Thompson SW, Williams RJ, McMahon SB (2002b) Noxious stimulation induces Trk receptor and downstream ERK phosphorylation in spinal dorsal horn. *Mol Cell Neurosci* 21:684–695.
- Pezet S, Malcangio M, McMahon SB (2002c) BDNF: a neuromodulator in nociceptive pathways? *Brain Res Brain Res Rev* 40:240–249.
- Pezet S, McMahon SB (2006) Neurotrophins: mediators and modulators of pain. *Annu Rev Neurosci* 29:507–538.
- Pinto R, Frias B, Allen S, Dawbarn D, McMahon SB, Cruz F, Cruz CD (2010) Sequestration of brain derived nerve factor by intravenous delivery of TrkB-Ig2 reduces bladder overactivity and noxious input in animals with chronic cystitis. *Neuroscience* 166:907–916.
- Ren K, Dubner R (2007) Pain facilitation and activity-dependent plasticity in pain modulatory circuitry: role of BDNF-TrkB signaling and NMDA receptors. *Mol Neurobiol* 35:224–235.
- Salio C, Averill S, Priestley JV, Merighi A (2007) Costorage of BDNF and neuropeptides within individual dense-core vesicles in central and peripheral neurons. *Dev Neurobiol* 67:326–338.
- Salio C, Lossi L, Ferrini F, Merighi A (2005) Ultrastructural evidence for a pre- and postsynaptic localization of full-length trkB receptors in substantia gelatinosa (lamina II) of rat and mouse spinal cord. *Eur J Neurosci* 22:1951–1966.
- Shu XQ, Llinas A, Mendell LM (1999) Effects of trkB and trkC neurotrophin receptor agonists on thermal nociception: a behavioral and electrophysiological study. *Pain* 80:463–470.
- Shu XQ, Mendell LM (1999) Neurotrophins and hyperalgesia. *Proc Natl Acad Sci U S A* 96:7693–7696.
- Slack SE, Grist J, Mac Q, McMahon SB, Pezet S (2005) TrkB expression and phospho-ERK activation by brain-derived neurotrophic factor in rat spinothalamic tract neurons. *J Comp Neurol* 489:59–68.
- Slack SE, Pezet S, McMahon SB, Thompson SW, Malcangio M (2004) Brain-derived neurotrophic factor induces NMDA receptor subunit one phosphorylation via ERK and PKC in the rat spinal cord. *Eur J Neurosci* 20:1769–1778.
- Slack SE, Thompson SW (2002) Brain-derived neurotrophic factor induces NMDA receptor 1 phosphorylation in rat spinal cord. *Neuroreport* 13:1967–1970.
- Thompson SW, Bennett DL, Kerr BJ, Bradbury EJ, McMahon SB (1999) Brain-derived neurotrophic factor is an endogenous modulator of nociceptive responses in the spinal cord. *Proc Natl Acad Sci U S A* 96:7714–7718.
- Tian SL, Wang XY, Ding GH (2008) Repeated electro-acupuncture attenuates chronic visceral hypersensitivity and spinal cord NMDA receptor phosphorylation in a rat irritable bowel syndrome model. *Life Sci* 83:356–363.

- Vizzard MA (2000) Changes in urinary bladder neurotrophic factor mRNA and NGF protein following urinary bladder dysfunction. *Exp Neurol* 161:273–284.
- Woolf CJ (2011) Central sensitization: implications for the diagnosis and treatment of pain. *Pain* 152:S2–S15.
- Zhao J, Seereeram A, Nassar MA, Levato A, Pezet S, Hathaway G, Morenilla-Palao C, Stirling C, Fitzgerald M, McMahon SB, Rios M, Wood JN (2006) Nociceptor-derived brain-derived neurotrophic factor regulates acute and inflammatory but not neuropathic pain. *Mol Cell Neurosci* 31:539–548.
- Zhu ZW, Friess H, Wang L, Zimmermann A, Buchler MW (2001) Brain-derived neurotrophic factor (BDNF) is upregulated and associated with pain in chronic pancreatitis. *Dig Dis Sci* 46:1633–1639.
- Zimmermann M (1983) Ethical guidelines for investigations of experimental pain in conscious animals. *Pain* 16:109–110.

*(Accepted 19 December 2012)*  
*(Available online 8 January 2013)*





## **Publication IV**

The role of Brain Derived Neurotrophic Factor (BDNF) in the development of neurogenic detrusor overactivity (NDO)

Bárbara Frias, João Santos, Marlene Morgado, Mónica Sousa, Shelley Allen, Francisco Cruz, Célia Duarte Cruz

Manuscript submitted



# The role of Brain Derived Neurotrophic Factor (BDNF) in the development of neurogenic detrusor overactivity (NDO)

" 7 K o U U U o o ° 7 # #  
) #

) h - U " 7 y y " h y o # h o h ) @U#-@ " " U yM ) # y y  
= o K h h

## Abstract V

V) \ - o#@  
u V) \ Vu  
V V87 @ Vu  
V87 V) \ ") V7  
" ) V7 " ) V7 V) \ u V) \  
k ") V7 ") V7 @ o#@  
" ) V7 " ) V7 u  
o#@ V) \

## Introduction

\ k  
8 ‡ # o#@ # # u  
o M 7  
@ o  
V) \  
=  
u  
@ V) \ ) o)  
U o#@  
- - ) o) u # # = ‡  
k @ U U ‡ h  
V) \ o 8 7 V87 u V  
@ Vu  
u o#@ o Vu u  
" ) V7 V) \  
\ ) o) ) V 7 u Vu

U h U U h yo° u . -  
 U " ) V7 U h yo° u -  
 ° 7 u "-@ # ° "# † -  
 u =kh  
 7 ) yM ° )  
 = " ) V7 ° "# U h" o u -  
 V) \ o#@

## Material and Methods

### Animals

7 † # k 7 U 7 ) U - U - 7  
 7" o h o Q  
 8 @ yo° # -O  
 u @-o " o° -O  
 o  
*ad libitum*  
 8 yo°  
 o V87 U  
 yo°

- # Spinal cord transection and cystometry  
 ) o -y u o#@ 7 †

### Chemicals and reagents

o7 U = U° yo° M  
 u #  
 # 7 #  
 M 7  
 M O O " u u  
 u u "-@ " ) V7 O -O u u  
 U u = U V #  
 " V u "-@  
 " ) V7 V yo° u "-@  
 - ° yo° o @ " ) V7 -  
 @  
 o#@  
 ° " ) V7 ° " yo° k  
 -8 ° h 8° h- °  
 yM k - K/M  
 # o yo° u  
 # 8 -k h #8kh  
 yMu  
 - -  
 "

difficult to perform in male rats, female animals were preferred to conduct the present study. In one group of SCI animals, the subcutaneous end of the catheter was externalized four weeks after surgery. Animals received sequential intrathecal injections of sterile saline or TrkB-Ig<sub>2</sub> (1 µg, 10 µg and 20 µg in a volume of 25 µl) every 30 minutes while bladder reflex activity was being registered. Injection of TrkB-Ig<sub>2</sub> was followed by a flush of the same volume of saline to assure that all recombinant protein was injected into the subarachnoid space.

In three groups of SCI animals, the intrathecal catheter was connected to an osmotic mini-pump for continuous delivery of sterile saline, TrkB-Ig<sub>2</sub> (20 µg/day) or BDNF (1.5 µg/day) for seven days, according to previous studies (Frias et al., 2013). On the seventh day, bladder reflex activity was evaluated by cystometry. In three other groups of SCI rats, as above, the silicone catheter was connected to an osmotic mini-pump for continuous delivery of sterile saline, BDNF (0.7 µg/day and 2.1 µg/day) for a period of 28 days. The smallest dose was chosen as potentially producing effects on bladder function without cutaneous pain (Frias et al., 2013) whereas the highest dose was based on the effects observed with 0.7 µg/day.

For cystometry, bladders were exposed through a low abdominal midline incision and a 21-gauge needle was inserted into the bladder dome for saline infusion. Animals were left untouched for fifteen to thirty minutes to allow bladder stabilization. Body temperature was maintained at 36-37 °C with a heating pad. The urethra remained unobstructed throughout the experiment so that infused saline could easily be expelled by bladder contractions. After bladder stabilization, saline infusion was initiated and bladder reflex activity was recorded for approximately 30 minutes. Saline was infused through the dome needle at a constant rate of 6 mL/h whilst bladder contractions were registered by a pressure transducer (WPI Instruments) connected to a computer.

At the end of the experiments, animals were perfused and the position of the catheter verified. The cystometrograms obtained were analysed. The frequency, peak pressure, area under the curve (AUC) and amplitude of bladder contractions were determined in the different phases of the experiment.

### Perfusion and immunohistochemistry

After cystometry, animals were perfused through the ascending aorta with cold oxygenated calcium-free Tyrode's solution (0.12 M NaCl, 5.4 mM KCl, 1.6 mM, MgCl<sub>2</sub>·6H<sub>2</sub>O, 0.4 mM MgSO<sub>4</sub>·7H<sub>2</sub>O, 1.2 mM NaH<sub>2</sub>PO<sub>4</sub>·H<sub>2</sub>O, 5.5 mM glucose, 26.2 mM NaHCO<sub>3</sub>), followed by 4 % paraformaldehyde. The dissection of the perfused nervous tissue allowed the confirmation of the position of the intrathecal catheter. Only animals in which the catheter was correctly placed were considered for further analysis. The spinal cord segments L5-L6 were collected, post-fixed for 4 h and cryoprotected for 24 h in 30 % sucrose with 0.1 % sodium azide in 0.1 M phosphate buffer. Transverse 40-µm sections of the collected spinal cord segments were cut in a freezing microtome and stored in cryoprotective solution at -20 °C until all tissue was collected.

The expression of GAP-43 and phosphoJNK was tested using the ABC method. Briefly, sections were thoroughly washed in PBS. After inhibition of endogenous peroxidase activity and further washes in PBS and PBST, sections were incubated in 10 % normal swine serum in PBST for 2 h. Sections were then incubated for 48 h at 4 °C with a specific antibody against GAP-43 (1:5000) or against phosphoJNK (1:500). Subsequently, sections were washed in PBST and incubated for 1 hour with polyclonal swine anti-rabbit biotin conjugated antibody (1:200). In order to visualize the immunoreactions, the ABC conjugated with peroxidase (1:200) method was used with 3, 3'-diaminobenzidine-tetrahydrochloride as chromogen (DAB; 5 minutes in 0.05 M Tris buffer, pH 7.4 containing 0.05 % DAB and 0.003 % hydrogen peroxide). Sections were mounted on gelatine-coated slides and air-dried for 12 h, cleared in xylene, mounted with *Eukitt* mounting medium and cover-slipped. Alternate spinal sections were used to determine the colocalization between GAP-43 and CGRP. For this, sections were thoroughly washed in PBS and PBST, followed by a 2 hour-incubation in 10% normal horse serum in PBST. Sections were then incubated with anti-GAP-43 (1:5000) and anti-CGRP (1:8000) for 48 hours. Afterwards, sections were washed in PBST and incubated in fluorescently-labelled anti-mouse (1:1000) and anti-rabbit (1:1000) for 1 hour. Sections were then washed, mounted in Prolong Gold® mounting medium (Molecular Probes®, USA) and observed in a Z4 AxioImager Zeiss® microscope.

*In vitro studies: Dorsal Root Ganglia (DRG) cell culture and immunocytochemistry*

u

@

O o ) k8  
) U-U-7 7" o h o ) k8

# ° ) U-U 7  
) k8  
) U-U-7 7" o h o

u  
h o Q8 U "  
V87 u  
-Q

#  
# \ 7 ) - 7 u

u

h" o  
h" o u  
h" o

h" o

h" o-u  
- - @

h" o

† † O yM  
k

° † # -

*Quantification and Statistics*

#  
O o † @  
@ u

° y#

M - †

**Results**

***Bladder function and spinal BDNF expression after SCI***

u o#@

u

7 ° - ) u \ ° y#  
o#@ 7

7 7 ° - ) u 7  
o#@ V) \ o#@ 7 #

u ° y# 7 ° - )  
- ") V7

# \ 7 ) - 7 u  
7

o#@  
o#@

***BDNF sequestration in rats with established NDO***

) o#@

u "-@  
†

") V7  
7 ° - - u  
u "-@  
u V) \ o#@") V7

***Effect of BDNF sequestration during spinal shock***

" ") V7

") V7 o#@

") V7

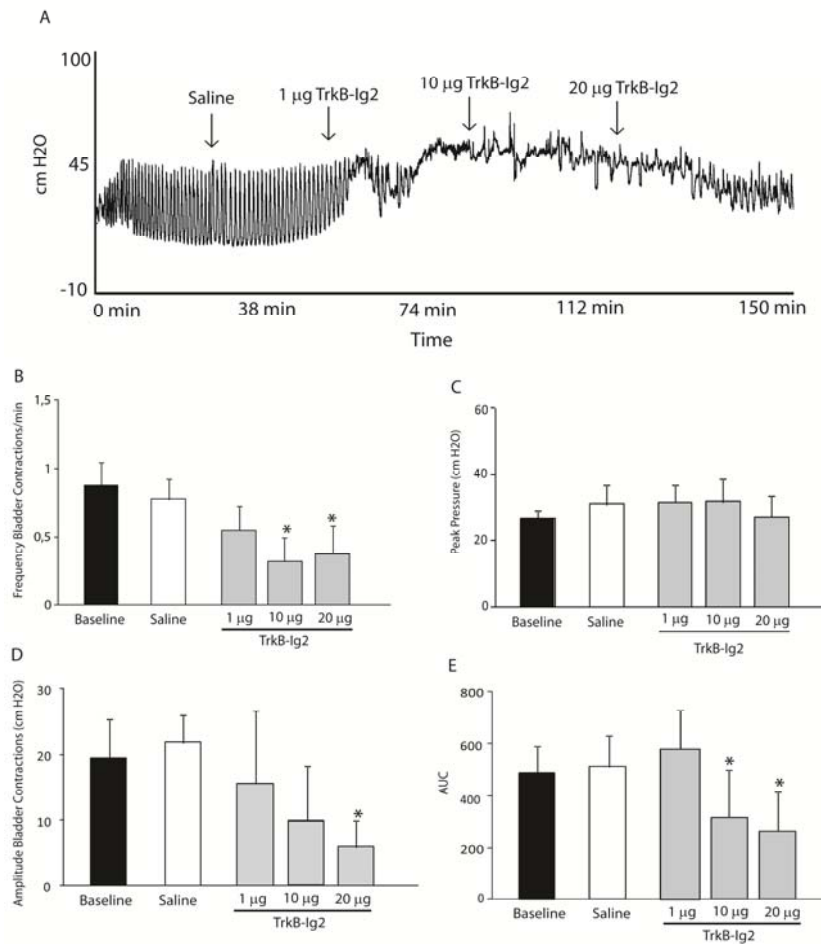
V) \ o#@") V7

") V7  
V) \ 7 °

u "-@

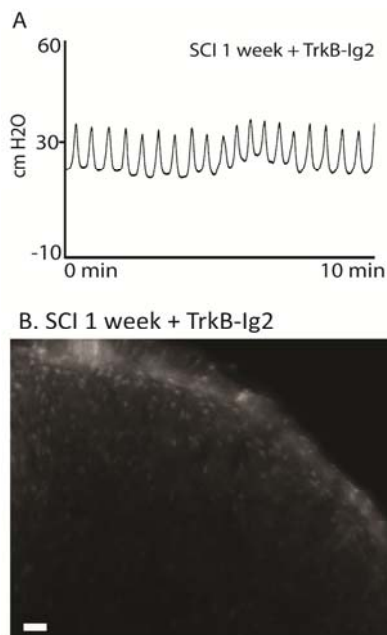


o#@  
 ") V7  
 ° - ) u ° y#  
 # ") V7  
 u  
 8° h-  
 † 8° h-  
 o#@  
 7 # ° - ) u #  
 Vu ") V7  
 - 8° h-  
 -  
 o#@  
 7 " # 7 @  
 u  
 ") V7  
 V) \ u  
 # 8° h-  
 #8kh 7 8° h-  
 @ ") V7  
 8° h-  
 7 ) 7 °  
 #8kh-  
 o#@  
 7 - 7 7 K  
 8



**Figure 2. (A)** Representative cystometrogram of 4 weeks SCI animals treated with acute intrathecal injection of saline and TrkB-Ig<sub>2</sub>. (B-E) Graph of bars depicting the mean frequency (B), peak pressure (C) and amplitude (D) of bladder contractions and area under the curve (AUC; E) of four weeks SCI animals treated with saline, 1 µg, 10 µg and 20 µg of TrkB-Ig<sub>2</sub>.



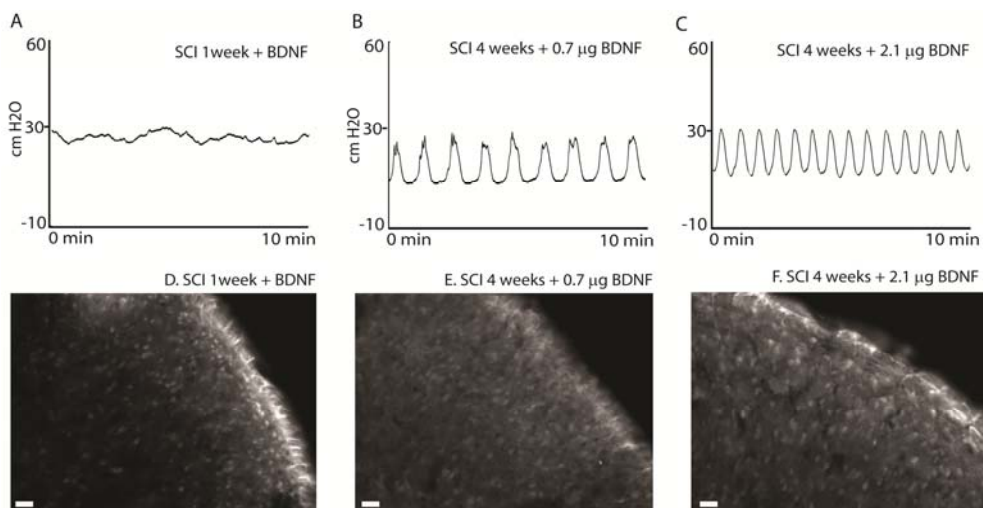


**Figure 3. (A)** Representative cystometrogram of 1 week SCI animals treated with TrkB-Ig<sub>2</sub>. #

u "-@

**(B)** Photomicrograph showing BDNF expression in the L5-L6 spinal cord segment of 1 week SCI animals treated with TrkB-Ig<sub>2</sub>. Scale bar = 20 μm. @

" ) V7  
O#@  
# " ) V7  
8° h-  
7 ) 7 °  
7 K  
#8kh-

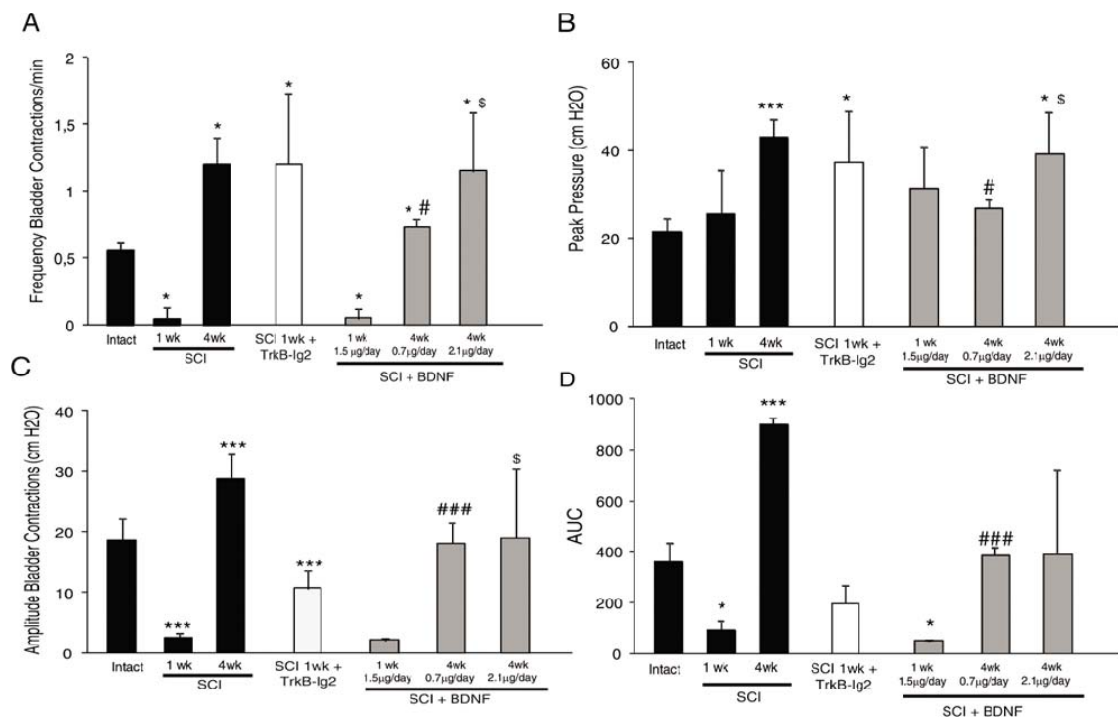


**Figure 4. (A-C)** Representative cystometrograms of 1 week and 4 weeks SCI animals treated with chronic BDNF (1.5 μg/day for 7 days, 0.7 μg/day and 2.1μg/day, for 28 days). Scale bar=20 μm. ° @

" ) V7 O#@  
- O#@ # u " ) V7 (D-F)  
Photomicrographs showing BDNF expression in the L5-L6 spinal cord segment of 1 week and 4 weeks SCI animals treated with chronic BDNF (1.5 μg/day for 7 days, 0.7 μg/day and 2.1μg/day, for 28 days). Scale bar=20 μm. " ) V7  
@ Vu " ) V7  
- O#@

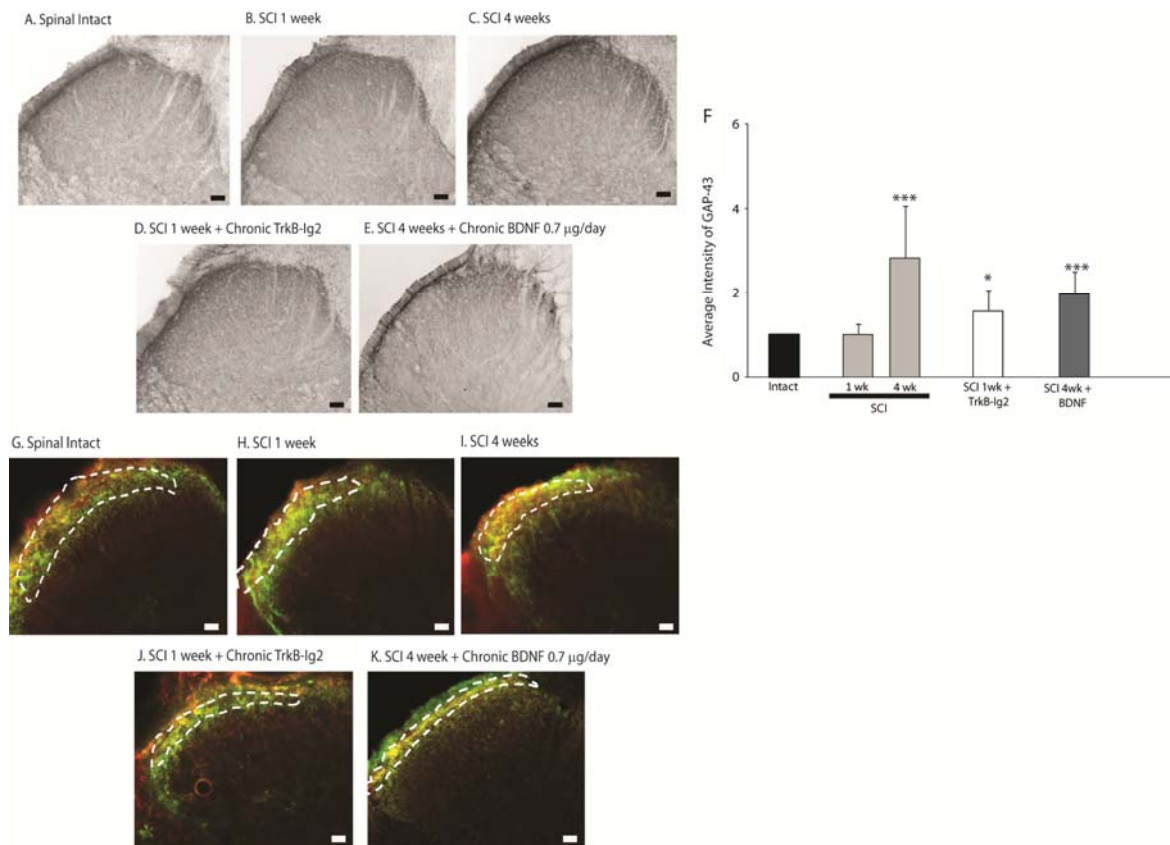
# **Mechanisms of axonal sprouting: involvement of JNK**

V  
 #  
 u  
 O#@  
 k8  
 ") V7  
 K/M  
 7  
 8 @  
 K/M  
 O#@  
 7  
 @  
 @ u  
 K/M  
 ") V7  
 =  
 K/M  
 S.



**Figure 5. (A-D) Histograms showing the mean frequency, peak pressure and amplitude of bladder contractions and area under the curve (AUC) of spinal intact. A u**

O#@  
 u "-@  
 @  
 ") V7  
 #  
 O#@  
 ") V7  
 O#@  
 u "-@  
 ") V7  
 O#@  
 7  
 O#@  
 ") V7  
 O#@  
 ") V7  
 O#@  
 o - ") V7  
 O#@  
 O#@  
 u "-@  
 O#@  
 V  
 ") V7  
 O#@  
 V  
 V  
 ") V7



**Figure 6. (A-F) Photomicrographs showing GAP-43 expression in the L5-L6 spinal cord segment of spinal intact (A), 1 week (B) and 4 weeks (C) SCT animals, 1 week SCT animals treated with chronic TrkB-Ig<sub>2</sub> and 4 weeks SCT animals treated with chronic saline (D) or BDNF (E; 0.7 µg/day). Scale bar=100 µm. 8° h-**

# u "-@ - ") V7 #  
segment. u 8° h-") V7  
horn. Scale bar = 20 µm. @

7 (G) Histogram depicting the mean intensity of GAP-43 expression in the L5-L6  
(H-L) GAP-43 expression colocalization with CGRP neuropeptide in the dorsal

## Discussion

=

) V7

V) \ \

7

u

) V7

V) \

o#@

-

) V7

\

) V7

-kM

h

o

U

u

) V7

o#@°

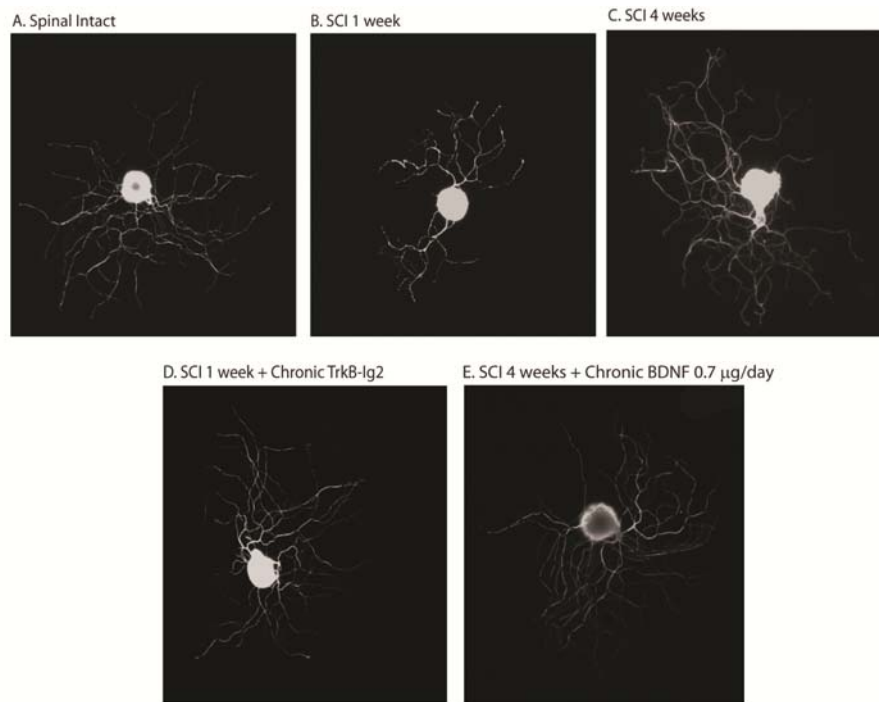
V) \ #

) V7

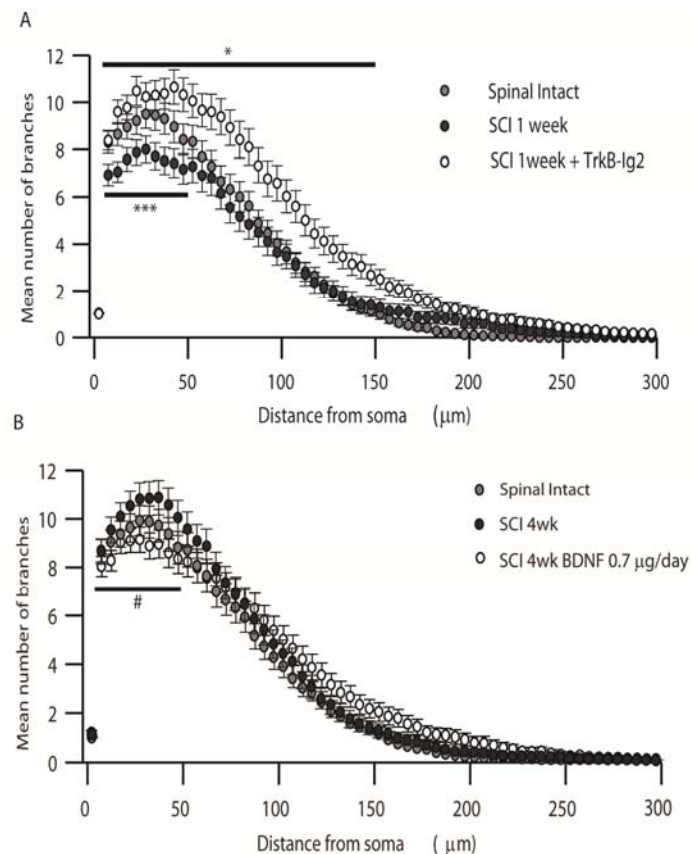
### *Role of BDNF during the period of spinal shock*

### ***BDNF is involved in chronic SCI-induced bladder dysfunction***

†                  ") V7  
V) \ u              ") V7 @  
  
o  
V87  
†                  -              V) \ ) o o  
o#@



**Figure 7. (A-E) Photomicrographs showing beta3-tubulin expression of L5-S1 DRGs neurons in culture. Scale bar=20 µm.** Neurons from one week SCI animals (B) presented shorter neurites when compared to cell from spinal intact animals (A). In cells obtained from four weeks SCI animals (C) neurites were long and ramified. (D) Neurons from one week SCI animals treated with chronic TrkB-Ig<sub>2</sub> had long neurites, which were extremely ramified. Similar observations were found in DRG neurons from 4 week SCI rats receiving chronic BDNF (E).

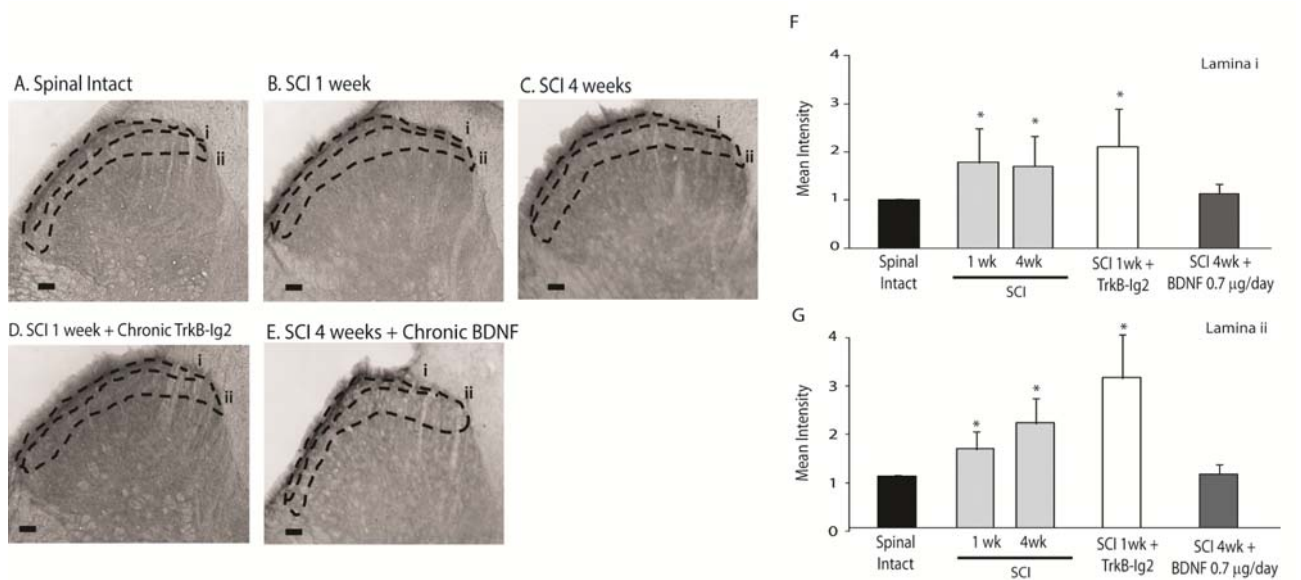


**Figure 8. (A-B) Graphs indicating the correlation between the mean number of branches with the distance from the soma (µm).** (A) One week SCI animals treated with TrkB-Ig<sub>2</sub> presented an higher number of branches in short and long distances from the soma (until 200 µm) when compared to spinal intact and one week SCI animals (\*p<0.05). (B) Four weeks SCI animals registered an increase in the number of branches until 60 µm from the soma, when compared to spinal intact and four weeks SCI animals treated with BDNF. In contrast, four week SCI animals treated with chronic BDNF presented a significant higher number of branches from 110 µm to 200 µm (\*p<0.05 versus spinal intact and four weeks SCI animals).

Table 2. U

	Spinal intact	SCI 1 week	SCI 1 week + chronic TrkB-Ig2	SCI 4 weeks	SCI 4 weeks + chronic BDNF
Mean neurite length (μm)					
Mean soma area (μm <sup>2</sup> )					

Mechanisms modulating BDNF action on bladder function



**Figure 9.** (A-E) Representative photomicrographs depicting JNK expression in L5-L6 spinal cord segment of spinal intact, one week and four weeks SCI animals, one week SCI animals treated with chronic TrkB-Ig<sub>2</sub> and four weeks SCI animals treated with chronic BDNF. Scale bar = 100  $\mu$ m. h K/M @ @@ (F, G) Graph of bars showing the mean intensity of JNK expression in laminae I (F) and laminae II (G). °

@7 O#@ h K/M @ @7 @ @8  
 O O#@ K/M =  
 M M ‡ \ "  
 #8kh- # "  
 ") V7 In vitro 8° h- u  
 ") V7 V87- M @  
 8 O#@  
 V87 @ K/M  
 ") V7 ") V7- K/M

### Molecular mechanisms governing afferent sprouting at dorsal horns

### Conclusions

@ @8 ") V7 V) \  
 -K V- K/M u  
 - U ° hM  
 K O ‡ M V Vu ‡  
 u K/M

=  
") V7

u ") V7

de Gro ‡ # M U = u # #OU #h  
u Mo ‡ k Kk U

V) \

K° V

## Acknowledgements

@  
=- ° Q= " 7h 8 o o o -  
@# ‡ # o†  
@ #  
O °) oM  
7#u - 7 #  
u o7k= ") u 7 K° - O \ y h  
M o U ‡  
o # -"

## List of references

° hK # # = = Uk 8 o=  
K/M  
" UKV kOk ° 8 ° oK) 8 8 " u y " =  
) " kO o u  
u "-  
8 @M k) U U o" # K 8  
" k 8 ° o # h U U - °  
") V7- 8° " °  
@  
) K 8O O k U -  
-kMK/M  
" U - = h 7) kKo o V M "K " -K " °  
7 ) -K V- 7 K o ) O u hU ) h  
K o† " - U U o" u  
V  
" @k ° 8° h- - VU) °  
KV -  
" ° k u U-K ‡ O# V87 M MK o U M u - -  
U#  
# ° ° o 8U k )# " )k M Vk ‡ O# - o  
V  
K M VU o\ M ° ‡ ‡ O#  
# # # 7 o # @ " V @ \ h  
u o ‡ KykV° O KV  
# #) U U o" # 7 o -kM M U V = u U° hM  
# V - U U o" # 7 M K= u " Ky @

O @# K 8 K ' hM U U h " k -  
 k ") V7 8° "° - k U U h u " K o K M uMO  
 u - K= o K† = O h k U o - -  
 u " - -  
 O h o U U o" U U KV -  
 u -KM o # ° o h K† U ° #  
 U° h U - ") V7 -  
 U ° # 8 8 o O O o # ) -  
 † ° U - U V o M# U" h U† ' u 7  
 h U\ o o M MM = 8 † # ' -  
 V ) -  
 U ° o # 8 ° O O 7 7 " # -  
 " k ") V7 -  
 h U o M= o o M# - o 8 Ky -  
 U" 8 † # ' V o - oM= K K kU † k -  
 ° † U # O/ u k7 † -  
 8° "° - † K ° -  
 h k @ # h k - K  
 U U o M8 † 7 † ) 8 K o o o M@ ' V \ # U" )  
 # U" 8 † # 8 K# ' - 8 † # ' V o -  
 V = -  
 - -  
 - - Ky  
 V kO k ° 8 ° oK o k" # o o o M7 U\ @ ' V \ # -  
 ° k U 88 " K u oK † U" 8 † # ' V @ -  
 8M) u " -  
 ") V7 Vu- " " k Ky -  
 # -  
 \ °° K ° #U # O" 8° o O - K = Ku † ) O u  
 ° -K V- KV - K V  
 \ ° " ' - = #- ) - o † ) # ) K u K' @  
 8° h- #8kh - Ky  
 h o U U o" V ° k V o † ) M o # ) u K' V  
 - K# @-  
 h o # K h K 8 K 8 @O - u o† " ) O M "K" -K U U -  
 K U ") V7 o" " -  
 8° "° U -  
 # V - h  
 h o U U O h U o u - V ° o y  
 o† † kK U U o" u K' o † ) V -  
 V -KM  
 U - " -  
 k ° 8 o † U° ° -  
 8° h-



†        o        U    k        -  
 U°        V  
  
 h    "    k        -  
 †        G †        -        h "        K 7        U 8 M    V k  
 U        ) k        °  
  
 KV    -  
 †        # 8        o K        U " K        80        U    -  
 -  
 h        -  
 -        U        -        -  
  
 h        -  
 -        V) k        † 7 )        K        o  
 #8kh  
  
 -        V        -



## **Publication V**

Transient receptor potential vanilloid 1 mediates nerve growth factor-induced bladder hyperactivity ad noxious input

Bárbara Frias, Ana Charrua, António Avelino, Martin C. Michel, Francisco Cruz, Célia D. Cruz

**British Journal of Urology International** (2012) 110:422-8



# Transient receptor potential vanilloid 1 mediates nerve growth factor-induced bladder hyperactivity and noxious input

Barbara Frias<sup>\*†</sup>, Ana Charrua<sup>\*†</sup>, Antonio Avelino<sup>\*†</sup>, Martin C. Michel<sup>†¶</sup>, Francisco Cruz<sup>‡§</sup> and Celia D. Cruz<sup>\*†</sup>

*\*Department of Experimental Biology, Faculty of Medicine, and <sup>†</sup>Instituto de Biologia Molecular e Celular, University of Porto, Porto, Portugal, <sup>‡</sup>Department of Pharmacology and Pharmacotherapy, University of Amsterdam, Amsterdam, the Netherlands, <sup>§</sup>Department of Urology, Hospital Sao Joao, Faculty of Medicine of Porto, Porto, Portugal, and <sup>¶</sup>Present address: Department of Clinical Development and Medical Affairs, Boehringer Ingelheim Pharma GmbH & CoKG, Ingelheim, Germany*

Accepted for publication 8 February 2012

## OBJECTIVES

- To explore the role of transient receptor potential vanilloid 1 (TRPV1) in the excitatory effects of chronic administration of nerve growth factor (NGF) on bladder-generated sensory input and reflex activity.
- To explore new therapeutic targets for bladder dysfunction.

## MATERIALS AND METHODS

- Wild-type (WT) and TRPV1 knockout (KO) mice received daily intraperitoneal injections of NGF (1 µg/10 g) or saline for a period of 4 days, during which time thermal sensitivity was evaluated daily. On the 5th day, mice were anaesthetized and cystometries were performed. The frequency, amplitude and area under the curve (AUC) of bladder reflex contractions were determined.
- c-Fos expression was evaluated on L6 spinal cord sections of WT and TRPV1 KO mice treated with saline or chronic NGF by immunohistochemistry.
- TrkA receptor staining intensity was determined in L6 spinal cord sections and respective dorsal root ganglia of WT and TRPV1 KO mice.

## What's known on the subject? and What does the study add?

The interaction between the TRPV1 and NGF systems has been addressed only in the context of acute somatic pain. The present study expands this view and indicates that this interaction remains operative and is important as a mechanism for chronic visceral pain and dysfunction. Moreover, it further stresses the need to develop more specific and effective TRPV1 antagonists for clinical use.

## RESULTS

- Repeated administration of NGF induced thermal hypersensitivity in WT but not in TRPV1 KO mice.
- The frequency of bladder contractions of saline-treated WT and TRPV1 KO mice was similar, the values respectively being  $0.45 \pm 0.12/\text{min}$  and  $0.46 \pm 0.16/\text{min}$ . Treatment with NGF enhanced bladder reflex activity in WT mice to  $1.23 \pm 0.41/\text{min}$  ( $P < 0.05$ ). In NGF-treated KO mice, the frequency of bladder contractions was  $0.60 \pm 0.05/\text{min}$ . Irrespective of treatment, no differences were observed in the amplitude of bladder contractions of WT and TRPV1 KO mice. The AUC was significantly increased in NGF-treated WT-mice, when compared with saline-treated WT-mice. No changes were found in AUC of saline-treated and NGF-treated TRPV1 KO mice.
- Chronic administration of NGF resulted in a significant increase of spinal c-Fos

expression in WT mice ( $P < 0.05$  vs KO animals), but not in TRPV1 KO animals.

- TrkA expression was similar in WT and TRPV1 KO mice.

## CONCLUSIONS

- NGF-induced bladder overactivity and noxious input depend on the interaction of NGF with TRPV1.
- The lack of bladder overactivity in TRPV1 KO mice treated with NGF does not represent loss of TrkA expression.
- TRPV1 is essential for NGF-driven bladder dysfunction and represents a bottleneck target in bladder pathologies associated with NGF up-regulation.

## KEYWORDS

nerve growth factor, transient receptor potential vanilloid 1, bladder overactivity

## INTRODUCTION

Transient receptor potential vanilloid (TRPV1) is a transmembrane ion channel. It is not essential for physiological bladder function

in healthy animals as TRPV1 knockout (KO) mice exhibit normal or near-normal bladder activity [1]. In contrast, TRPV1 is essential for detrusor overactivity and increased voiding frequency accompanying acute and

chronic cystitis in rodents [1]. In overactive bladder syndrome and interstitial cystitis/bladder pain syndrome TRPV1 overexpression has been described in the bladder wall, both in urothelial cells and in

suburothelial nerve fibres [2,3]. The expression of neuronal TRPV1 correlates with the intensity of bladder pain [2] whereas the intensity of TRPV1 in the urothelium of patients with sensory urgency inversely correlates with the volume of urine associated with the first desire to void [4].

Nerve growth factor (NGF) is a tissue-derived neurotrophin essential for the survival and differentiation of sensory neurons [5], which acts through the tyrosine kinase receptor TrkA [6]. It is acutely released after an inflammatory insult and significantly contributes to the swift modification of the pain threshold and visceral activity [7]. NGF has also been considered to be sufficient to elicit cutaneous hyperalgesia [8]. Exogenous administration of NGF induces detrusor overactivity in naive rats [9,10], as well as up-regulating the expression of spinal c-Fos and the firing of bladder nociceptive fibres [9,11], in agreement with the strong expression of TrkA receptors by bladder sensory afferents [6].

The identification of downstream effectors of NGF-induced effects has only recently become a focus of systematic research. In this context, TRPV1 was found to be essential for the development of thermal hyperalgesia after acute administration of NGF [12]. In mice that received intraplantar NGF, the latency of paw withdrawal to a noxious thermal stimulus, an indication of thermal hyperalgesia, was substantially decreased in wild-type (WT) mice but not in TRPV1 KO mice [12]. In this study we evaluated if the interplay between NGF and TRPV1, important for somatic pain, is also present in NGF-mediated bladder overactivity and noxious input.

## MATERIALS AND METHODS

TRPV1 KO female mice from The Jackson Laboratory (Bar Harbor, ME, USA) and WT female mice belonging to the same strain (C57BL/6;  $n = 6/\text{group}$ ) from the Instituto de Biologia Molecular e Celular colony (Porto, Portugal) with an average weight of 25 g were used. Animals were maintained in the animal house at 22 °C and 60% humidity under a 12-h light/dark cycle. All experiments were carried out according to the European Commission Directive of 22 September 2010 (2010/63/EU) and the

ethical guidelines for investigation of experimental pain in animals [13]. All efforts were made to reduce the number of animals used.

The NGF was purchased from Promega (Madison, WI, USA). The antibody against TrkA receptor, made in rabbit, was purchased from Millipore, Watford, UK. The antibody against c-Fos, made in rabbit, came from Millipore, Watford, UK. Biotin-conjugated swine anti-rabbit antibody came from Dakopatts A/5 (Copenhagen, Denmark). The ABC Vectastain Elite kit (ABC, avidin-biotin complex) and the conjugate horseradish peroxidase were purchased from Vector Laboratories (Peterborough, UK). Antibodies and the ABC complex were prepared in PBS 0.1 M containing 0.3% Triton X-100 (PBST). For cystometry and terminal handling, mice received a subcutaneous bolus of urethane (1.2 g/kg) as anaesthetic.

The NGF was given as a daily intraperitoneal injection (1 µg/10 g) for 4 days. The dose of NGF was chosen according to previous studies [14]. Sterile saline was given as a control. In addition, because NGF is known to induce thermal hyperalgesia in WT animals [12], the effects of repeated NGF administration on thermal sensitivity were evaluated daily (see below) to assure the biological action of NGF. On day 5, mice were anaesthetized and cystometry was performed, after which animals were perfusion-fixed and the L6 spinal cord segment was collected for c-Fos assessment.

The hot-plate test was used to measure the response latencies to thermal noxious stimuli. Hence, NGF-injected TRPV1 KO and WT mice were placed in individual chambers (10 × 20 × 14 cm) and allowed to acclimate for 5 min. Latencies were determined before and 4 h after each NGF injection. For that, animals were placed on the hot-plate apparatus (Series 8, model PE34, IITC Life Sciences, Woodland Hills, CA, USA). The platform was maintained at 35.0 ± 0.1 °C and temperature was increased up to 52.5 °C. The time spent between placement of the animal on the platform and positive behavioural responses (jumping on the platform and/or licking of the hindpaws) was registered as the response latency.

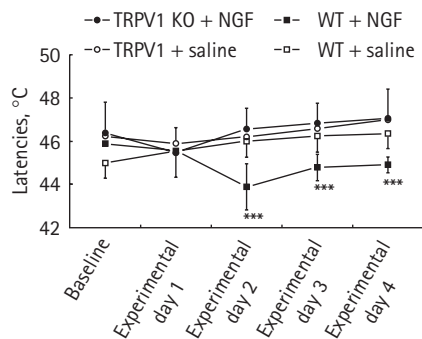
To assess bladder function, cystometry was performed in TRPV1 KO and WT mice treated with saline or NGF on day 5 ( $n = 6$ ).

Anaesthesia was induced by a subcutaneous injection of urethane and body temperature was maintained at 37 °C with a heating pad. The urinary bladder was exposed through an incision in the lower abdomen. A 25-gauge needle was inserted in the bladder dome and the urethra remained unobstructed throughout the recording period while saline was infused at a constant rate (1.6 mL/h). The frequency, amplitude of bladder contractions and area under the curve (AUC) were then measured for a period of 90 min. In all experiments, recordings were made after a 30-min stabilization period.

After cystometry, animals were perfused through the ascending aorta with cold oxygenated calcium-free Tyrode's solution (0.12 M NaCl, 5.4 mM KCl, 1.6 mM MgCl<sub>2</sub>·6H<sub>2</sub>O, 0.4 mM MgSO<sub>4</sub>·7H<sub>2</sub>O, 1.2 mM NaH<sub>2</sub>PO<sub>4</sub>·H<sub>2</sub>O, 5.5 mM glucose, 26.2 mM NaHCO<sub>3</sub>), followed by cold 4% paraformaldehyde. The L6 spinal cord segments were post-fixed for 4 h in the same fixative solution and cryoprotected for 24 h in 30% sucrose with 0.1% sodium azide in 0.1 M phosphate buffer. Transverse 20-µm sections from the spinal cord were cut in the freezing microtome and stored in cryoprotective solution at -20 °C until further processing. When all material was collected and cut, every second spinal section from each animal was thawed and immunoreacted against c-Fos to evaluate the expression of c-Fos. Briefly, after inhibition of endogenous peroxidase activity and thorough washes in PBS and PBST, sections were incubated in 10% normal swine serum in PBST for 2 h. Sections were then incubated for 48 h at 4 °C with a specific antibody against c-Fos (1:10 000). Subsequently, sections were washed and incubated with polyclonal swine anti-rabbit biotin-conjugated antibody (1:200). To visualize the immunoreaction, the ABC conjugated with peroxidase (1:200) method was used with 3,3'-diaminobenzidine tetrahydrochloride as chromogen (DAB; 5 min in 0.05 M Tris-HCl buffer, pH 7.4 containing 0.05% DAB and 0.003% hydrogen peroxide). Sections were mounted on gelatine-coated slides and air-dried for 12 h, cleared in xylene, mounted with *Eukitt* mounting medium and cover-slipped.

For analysis of TrkA expression the WT and TRPV1 KO mice ( $n = 4$  per group) were perfusion-fixed with calcium-free Tyrode's

**FIG. 1.** Thermal hyperalgesia of wild-type (WT) and transient receptor potential vanilloid 1 (TRPV1) knockout (KO) mice. TRPV1 KO mice treated with nerve growth factor (NGF;  $\text{\&U25CF}$ ) or saline ( $\text{\&O}$ ) did not present any differences on the response latencies during the 4 days of experiment. WT mice receiving saline ( $\text{\&O}$ ) presented similar values throughout the experiment, however, WT mice intraperitoneally injected with NGF ( $\text{\&O}$ ) showed a significant decrease ( $***P < 0.001$ ) on the response latency, compared with TRPV1 KO mice treated with NGF.

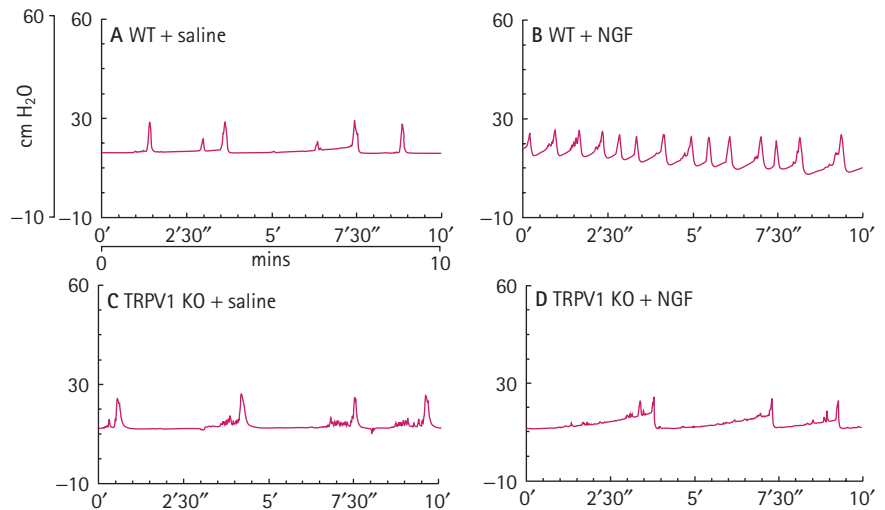


solution followed by 4% paraformaldehyde. The L6 spinal cord segment and respective dorsal root ganglion (DRG) were collected. Transverse 20- $\mu\text{m}$  sections of spinal cord sections were cut in the freezing microtome and stored in cryoprotective solution at  $-20^{\circ}\text{C}$ . Longitudinal 12- $\mu\text{m}$  sections of L6 DRG were cut in the cryostat and stored at  $-20^{\circ}\text{C}$ . When all material was collected, sections were removed from the freezer and processed for TrkA immunoreaction, as described above for c-Fos expression. The antibody against TrkA was used at 1:1000 dilution.

Cystometrograms were evaluated using DATATRAX software (Vs. 1.804; World Precision Instruments, Sarasota, FL, USA). The frequencies, amplitudes of bladder contractions and AUC were analysed using Kruskal–Wallis one-way repeated measures ANOVA. Data are presented as mean value  $\pm$  SD and  $P < 0.05$  was considered significant. Statistical analysis was performed with SIGMASTAT 3.5 software.

The number of c-Fos immunoreactive nuclei was counted in 10 non-consecutive sections from each animal and averaged. Statistical analysis was performed using ANOVA followed by the Student–Newman–Keuls

**FIG. 2. A–D.** Representative cystometrograms of wild-type (WT) and transient receptor potential vanilloid 1 (TRPV1) knockout (KO) mice treated with saline and nerve growth factor (NGF). The frequency in WT mice receiving saline (**A**) was low but significantly increased after NGF treatment (**B**). In TRPV1 KO mice the frequency of bladder contractions was similar to that in WT mice (**C**) and was not altered by chronic NGF administration (**D**). In cystometrograms from TRPV1 KO mice receiving saline (**A**) it was possible to observe non-voiding contractions preceding urine expulsion. These contractions were slightly amplified after NGF treatment (**D**).



post-hoc test, using the SIGMASTAT 3.5 software.

Quantification of the TrkA staining intensity was done with Fiji software (based on IMAGEJ, <http://rsb.info.nih.gov/ij> Java 1.6.0\_20, 32 bit). The intensity of staining was averaged from sections per animal (DRG and spinal cord) and a reference intensity of unstained tissue was also measured by a fourth box on all sections. Background intensity was deducted from the average intensity to calculate the mean net staining intensity. The intensity of TrkA staining in WT mice treated with saline was used as control. Data were analysed by one-way ANOVA followed by the Student–Newman–Keuls post-hoc test. The data are presented as mean value  $\pm$  SD and  $P < 0.05$  was considered significant. Statistical analysis was carried out using the GRAPH PAD PRISM software.

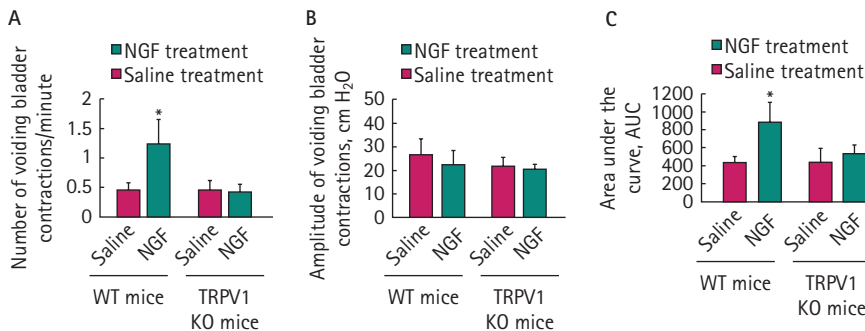
## RESULTS

Daily intraperitoneal NGF injections significantly reduced thermal latency in the hot-plate test in WT mice from the day 2 onwards (Fig. 1). The baseline temperature at which WT animals presented nocifensive

behaviour (jumping on the platform and/or licking of the hindpaws) was  $45.9 \pm 0.9^{\circ}\text{C}$  and was not changed by saline treatment (Fig. 1). In contrast, in WT animals the thermal latencies after each NGF injection were significantly decreased to  $45.6 \pm 0.7^{\circ}\text{C}$ ,  $43.9 \pm 1.1^{\circ}\text{C}$ ,  $44.8 \pm 0.6^{\circ}\text{C}$  and  $44.9 \pm 0.4^{\circ}\text{C}$ , respectively at days 1, 2, 3 and 4, respectively ( $P < 0.001$  vs TRPV1 KO mice at all time points; Fig. 1). In TRPV1 KO mice the baseline latency was  $46.4 \pm 0.6^{\circ}\text{C}$  and was not changed after intraperitoneal saline injections. The temperatures registered in KO mice receiving NGF were  $45.5 \pm 1.1^{\circ}\text{C}$ ,  $46.6 \pm 0.9^{\circ}\text{C}$ ,  $46.8 \pm 0.9^{\circ}\text{C}$  and  $47.1 \pm 1.3^{\circ}\text{C}$  at days 1, 2, 3 and 4, respectively (Fig. 1), and were not different from baseline values.

In cystometrograms obtained from saline-treated TRPV1 KO mice, we observed non-voiding small amplitude oscillations that preceded voiding contractions (Fig. 2C). These were absent in recordings from saline-treated WT animals (Fig. 2A) and were reflected in a marginally higher AUC in KO mice (Fig. 3C), although the difference did not reach significance. The frequency of voiding contractions of WT and TRPV1 KO mice receiving saline was similar, the values respectively being  $0.5 \pm 0.1$  and  $0.5 \pm 0.2$

**FIG. 3. A**, Histogram showing the mean frequency of bladder voiding contractions of wild-type (WT) and transient receptor potential vanilloid 1 (TRPV1) knockout (KO) mice treated with saline or nerve growth factor (NGF). Mice were treated with intraperitoneal injections of saline or NGF during four experimental days. At day 5, animals were anaesthetized for cystometry. The frequency of bladder contractions was only significantly increased in NGF-treated WT when compared with saline-treated WT mice ( $P < 0.05$ ). No differences were found in the TRPV1 KO mice. **B**, Histogram showing the mean amplitude of bladder voiding contractions of WT and TRPV1 knockout mice treated with saline or NGF. The amplitude of bladder reflex contractions remained unchanged in WT and TRPV1 KO mice despite the treatment. **C**, Histogram depicting the mean area under the curve (AUC) of bladder voiding contractions of WT and TRPV1 KO mice treated with saline or NGF. The AUC was increased in WT mice treated with NGF, when compared with saline-treated WT mice ( $P < 0.05$ ). No changes were observed in the AUC of TRPV1 KO mice.



per minute (Figs 2A,C,3A). No differences were found in the AUC between the two groups (Fig. 3C). Treatment with NGF significantly increased the frequency of voiding contractions in WT mice to  $1.2 \pm 0.4$  per minute ( $P < 0.05$  vs saline treatment; Figs 2B,3A). In NGF-treated KO mice, the frequency of voiding contractions was  $0.5 \pm 0.1$  per minute (Figs 2D,3A). The amplitude of voiding contractions of WT and TRPV1 KO mice treated with saline were  $27.0 \pm 5.1$  cmH<sub>2</sub>O and  $23.4 \pm 4.2$  cmH<sub>2</sub>O, respectively (Fig. 3B). Repeated NGF administration both in WT and TRPV1 KO mice did not alter the amplitude of voiding contractions, the values being  $23.5 \pm 4.8$  cmH<sub>2</sub>O and  $22.8 \pm 2.3$  cmH<sub>2</sub>O, respectively (Fig. 3B). Prolonged NGF treatment also resulted in an increase of the AUC, both in WT mice ( $P < 0.05$  vs saline treatment) and KO mice (Fig. 3C).

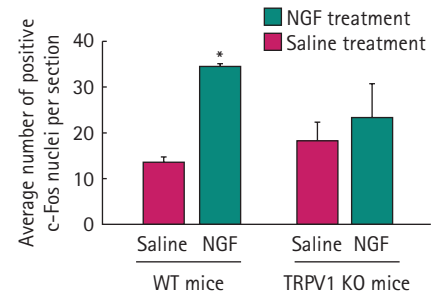
We also found significant expression of the surrogate marker of noxious sensory input c-Fos in neuronal nuclei in L6 spinal sections. The number of immunoreactive cells was very low in control WT and TRPV1 KO mice ( $13.4 \pm 1.4$  and  $18.4 \pm 4.0$ ; Fig. 4). Treatment with NGF significantly increased the number of positive nuclei in WT animals ( $34.6 \pm 0.5$ ;  $P < 0.05$  vs saline-treated WT mice; Fig. 3) but not in TRPV1 KO mice ( $23.3 \pm 7.3$ ; Fig. 4).

Expression of TrkA in the L6 segment of the spinal cord and respective DRG was assessed by immunohistochemistry. TrkA staining intensity was similar between WT and TRPV1 KO mice both in the L6 spinal cord segment (Fig. 5A,C,E) and DRG (Fig. 5B,D,F). This confirmed that expression of the high-affinity NGF receptor TrkA was identical in WT and TRPV1 KO mice.

## DISCUSSION

Classically, the NGF and TRPV1 systems are seen as key players in nociception and visceral sensitization under inflammatory circumstances but have largely been regarded as parallel rather than linked pathways. However, a role of TRPV1 in bladder overactivity and noxious input associated with increased exposure to exogenous NGF was found here. In fact, TRPV1 KO mice, in contrast to WT mice, did not develop thermal hypersensitivity, significant signs of altered bladder function or spinal cord c-Fos overexpression after prolonged administration of NGF. Of note, this was not the result of altered expression of NGF high-affinity TrkA receptors, which we showed to be similarly expressed in WT and KO mice. Hence, NGF-induced bladder overactivity and increased noxious input depend on the interaction of NGF with

**FIG. 4.** Histogram showing the average number of positive c-Fos nuclei in spinal cord sections after saline or nerve growth factor (NGF) treatments. NGF treatment produced a significant increase of c-Fos expression only in wild-type (WT) mice ( $P < 0.05$ ) in comparison with saline. No differences were found in the transient receptor potential vanilloid 1 knockout (TRPV1 KO) mice group.



TRPV1. This indicates that the NGF/TRPV1 interaction, shown after acute NGF administration in somatic tissues [12], also stands after prolonged NGF administration in a visceral model of bladder overactivity and pain. Of note, bladder changes induced by repeated NGF administration were accompanied by the development of thermal hyperalgesia, a novel fact described here.

Previous models of TRPV1 sensitization by G-protein-coupled receptor agonists, such as those for prostaglandins and bradykinin, have implied phosphatidyl-inositol-4,5-bisphosphate (PIP<sub>2</sub>) degradation and protein kinase C activation in TRPV1 regulation [12,15]. PIP<sub>2</sub> is a molecule that maintains TRPV1 under tonic inhibition. Interestingly, PIP<sub>2</sub> cleavage can be enhanced by NGF. Activation of TrkA receptors by NGF may lead to phospholipase C. Moreover, binding of NGF to TrkA also leads to activation of the phosphatidylinositol-3-kinase and extracellular signal-regulated kinase 1 and 2 pathways, which further results in facilitation of TRPV1 activity [16,17]. Whereas these are believed to be short-term cellular responses induced by acute administration to NGF, our findings suggest that they remain operative upon prolonged exposure to elevated NGF concentrations.

TRPV1 is unlikely to mediate all NGF responses and, similarly, NGF may not be the only pathway inducing TRPV1 sensitization [16,18,19]. In fact, the lipidic inflammatory mediators *N*-arachidonoyl-ethanolamine, also known as anandamide, *N*-arachidonoyl-



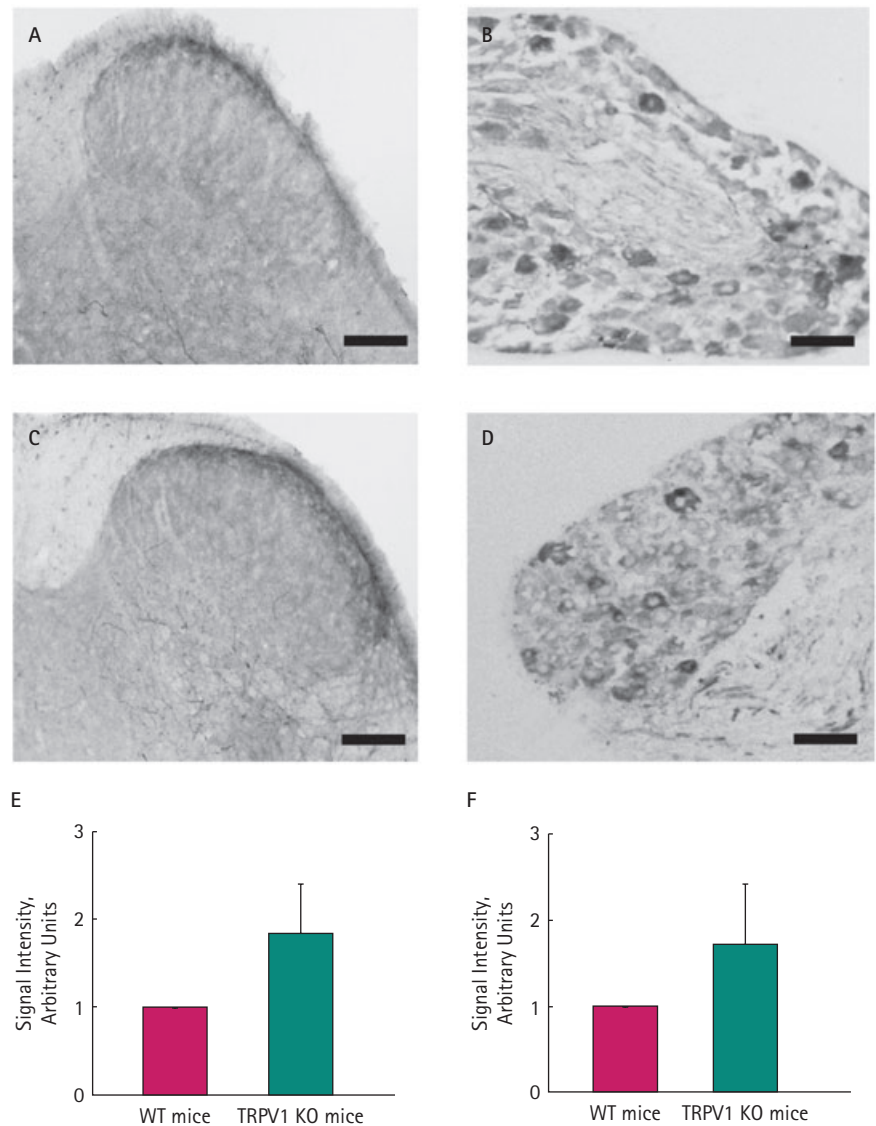
dopamine, *N*-oleoyldopamine, eicosanoid acids and leukotrienes may also participate in TRPV1 sensitization [20]. In addition, it should be recalled that a decrease in the inflamed tissue pH is known to reduce the heat threshold of TRPV1 from around 43 °C down to physiological temperatures [21]. Future studies may be relevant to elucidate a possible cumulative relation between lipid mediators, protons and NGF in the process of TRPV1 activation.

Another mechanism of TRPV1 sensitization comprises down-regulation on the expression of inhibitory TRPV1 splice variants. Using the cyclophosphamide model of bladder inflammation, Charrua *et al.* [22] showed that the expression of the dominant negative splice variant TRPV1b was decreased in sensory afferents innervating the bladder. Although tempting, it cannot be concluded that NGF regulates TRPV1 alternative splicing.

There is still some debate regarding the role of TRPV1 for normal micturition. In the present study, we observed the presence of non-voiding oscillations of the bladder wall that preceded voiding bladder contractions. This is in agreement with observations made by other investigators [23], who also reported the presence of similar non-voiding contractions. However, it contrasts with previous results from our own group [1]. This is probably the result of the use of a less sensitive pressure detector, which was not used in the present study. The true reasons can only be speculated but may be ascribed to compensatory responses of the bladder or the nervous system to the congenital absence of the TRPV1 receptor. It is possible that the natural presence of the receptor may dampen those non-voiding contractions by modulation of bladder sensory afferents, urothelial cells or detrusor muscle fibres [23]. Despite the presence of these non-voiding contractions, bladder function was normal as indicated by similar frequency of voiding bladder contractions and AUC. This indicates that TRPV1 should be seen as a receptor essential for bladder dysfunction mainly related with inflammation and plays a modest role in normal bladder function [1,24].

Our findings may have profound implications in re-directing therapeutic research. There are high expectations of the use of agents interfering with NGF

**FIG. 5. A–D**, Photomicrographs of TrkA receptor expression in L6 segment of the spinal cord and respective dorsal root ganglion (DRG) of wild-type (WT) and transient receptor potential vanilloid 1 (TRPV1) knockout (KO) mice. In the spinal cord, TrkA receptor is present in laminae I and II in both WT (**A**) and TRPV1 KO (**C**) mice. In the DRG, TrkA receptor is expressed by small and medium-sized neurons of WT (**B**) and TRPV1 KO mice (**D**). Scale bar 50  $\mu$ m. (**E**) Graph bar depicting the mean intensity of TrkA receptor in the L6 spinal cord and respective DRG in WT and TRPV1 KO mice. TrkA receptor intensity was similar in WT and TRPV1 KO mice, both in spinal cord (**E**) and DRG (**F**).



signalling, namely the use of tanezumab, an anti-NGF monoclonal antibody that prevents this neurotrophin from binding to its cognate receptor TrkA. A recent phase 2 study in patients with interstitial cystitis/bladder pain syndrome showed that NGF sequestration improved bladder pain at a high toll of adverse events, which included vertigo, paraesthesia and hyperesthesia [25]. In addition, in other trials with the same drug several subjects developed bone

necrosis requiring total joint replacement [26]. This led the Food and Drug Administration to suspend the clinical trials involving tanezumab. In this scenario, TRPV1 antagonists appear as a much more attractive therapy. These drugs effectively improve bladder overactivity and noxious input associated with bladder inflammation [24,27,28]. Nevertheless, they still present some drawbacks, such as the risk of hyperthermia and increasing the extension

of ischaemic tissue after coronary obliteration.

In conclusion, our results indicate that the interaction between NGF and TRPV1 is crucial for visceral overactivity and pain associated with prolonged exposure to NGF. TRPV1 therefore serves as an important bottleneck for chronic inflammatory pain, as well as visceral pain and lower urinary tract symptoms, a major reason why patients seek medical help. In this context, the development of TRPV1 antagonists assumes a clear therapeutic interest.

### ACKNOWLEDGEMENTS

Financial support was given by InComb FP7 HEALTH project no 223234; Barbara Frias is supported by an FCT scholarship SFRH/BD/63225/2009 from Fundação para a Ciência e Tecnologia (Portugal).

### CONFLICT OF INTEREST

Martin C. Michel is an employee of Boehringer Ingelheim. Francisco Cruz is a consultant for Astellas.

### REFERENCES

- Charrua A, Cruz CD, Cruz F, Avelino A. Transient receptor potential vanilloid subfamily 1 is essential for the generation of noxious bladder input and bladder overactivity in cystitis. *J Urol* 2007; **177**: 1537–41
- Mukerji G, Yiangou Y, Agarwal SK, Anand P. Transient receptor potential vanilloid receptor subtype 1 in painful bladder syndrome and its correlation with pain. *J Urol* 2006; **176**: 797–801
- Apostolidis A, Popat R, Yiangou Y *et al*. Decreased sensory receptors P2X3 and TRPV1 in suburothelial nerve fibers following intradetrusor injections of botulinum toxin for human detrusor overactivity. *J Urol* 2005; **174**: 977–82; discussion 982–3
- Liu HT, Kuo HC. Increased expression of transient receptor potential vanilloid subfamily 1 in the bladder predicts the response to intravesical instillations of resiniferatoxin in patients with refractory idiopathic detrusor overactivity. *BJU Int* 2007; **100**: 1086–90
- Pezet S, McMahon SB. Neurotrophins: mediators and modulators of pain. *Annu Rev Neurosci* 2006; **29**: 507–38
- Qiao LY, Vizzard MA. Cystitis-induced upregulation of tyrosine kinase (TrkA, TrkB) receptor expression and phosphorylation in rat micturition pathways. *J Comp Neurol* 2002; **454**: 200–11
- Jaggar SI, Scott HC, Rice AS. Inflammation of the rat urinary bladder is associated with a referred thermal hyperalgesia which is nerve growth factor dependent. *Br J Anaesth* 1999; **83**: 442–8
- Shu XQ, Mendell LM. Neurotrophins and hyperalgesia. *Proc Nat Acad Sci USA* 1999; **96**: 7693–6
- Zvara P, Vizzard MA. Exogenous overexpression of nerve growth factor in the urinary bladder produces bladder overactivity and altered micturition circuitry in the lumbosacral spinal cord. *BMC Physiol* 2007; **7**: 9–20
- Lamb K, Gebhart GF, Bielefeldt K. Increased nerve growth factor expression triggers bladder overactivity. *J Pain* 2004; **5**: 150–6
- Dmitrieva N, McMahon SB. Sensitisation of visceral afferents by nerve growth factor in the adult rat. *Pain* 1996; **66**: 87–97
- Chuang HH, Prescott ED, Kong H *et al*. Bradykinin and nerve growth factor release the capsaicin receptor from PtdIns(4,5)P2-mediated inhibition. *Nature* 2001; **411**: 957–62
- Zimmermann M. Ethical guidelines for investigations of experimental pain in conscious animals. *Pain* 1983; **16**: 109–10
- Avelino A, Cruz C, Cruz F. Nerve growth factor regulates galanin and c-jun overexpression occurring in dorsal root ganglion cells after intravesical resiniferatoxin application. *Brain Res* 2002; **951**: 264–9
- Ochodnický P, Cruz CD, Yoshimura N, Michel MC. Nerve growth factor in bladder dysfunction: contributing factor, biomarker and therapeutic target. *Neurol Urodyn* 2011; **30**: 1227–41
- Zhuang ZY, Xu H, Clapham DE, Ji RR. Phosphatidylinositol 3-kinase activates ERK in primary sensory neurons and mediates inflammatory heat hyperalgesia through TRPV1 sensitization. *J Neurosci* 2004; **24**: 8300–9
- Bonnington JK, McNaughton PA. Signalling pathways involved in the sensitisation of mouse nociceptive neurones by nerve growth factor. *J Physiol* 2003; **551**: 433–46
- Cruz CD, Avelino A, McMahon SB, Cruz F. Increased spinal cord phosphorylation of extracellular signal-regulated kinases mediates micturition overactivity in rats with chronic bladder inflammation. *Eur J Neurosci* 2005; **21**: 773–81
- Zhang X, Li L, McNaughton PA. Proinflammatory mediators modulate the heat-activated ion channel TRPV1 via the scaffolding protein AKAP79/150. *Neuron* 2008; **59**: 450–61
- Charrua A, Avelino A, Cruz F. Modulation of urinary bladder innervation: TRPV1 and botulinum toxin A. *Handb Exp Pharmacol* 2011; **202**: 345–74
- Caterina MJ, Schumacher MA, Tominaga M, Rosen TA, Levine JD, Julius D. The capsaicin receptor: a heat-activated ion channel in the pain pathway. *Nature* 1997; **389**: 816–24
- Charrua A, Reguenga C, Paule CC, Nagy I, Cruz F, Avelino A. Cystitis is associated with TRPV1b-downregulation in rat dorsal root ganglia. *Neuroreport* 2008; **19**: 1469–72
- Birder LA, Nakamura Y, Kiss S *et al*. Altered urinary bladder function in mice lacking the vanilloid receptor TRPV1. *Nat Neurosci* 2002; **5**: 856–60
- Santos-Silva A, Charrua A, Cruz CD *et al*. Rat detrusor overactivity induced by chronic spinalization can be abolished by a transient receptor potential vanilloid 1 (TRPV1) antagonist. *Auton Neurosci* 2012; **166**: 35–8
- Evans RJ, Moldwin RM, Cossons N, Darekar A, Mills IW, Scholfield D. Proof of concept trial of tanezumab for the treatment of symptoms associated with interstitial cystitis. *J Urol* 2011; **185**: 1716–21
- Cattaneo A. Tanezumab, a recombinant humanized mAb against nerve growth factor for the treatment of acute and chronic pain. *Curr Opin Mol Ther* 2010; **12**: 94–106
- Gunthorpe MJ, Szallasi A. Peripheral TRPV1 receptors as targets for drug development: new molecules and mechanisms. *Curr Pharm Des* 2008; **14**: 32–41

- 28 Szallasi A, Cruz F, Geppetti P. TRPV1: a therapeutic target for novel analgesic drugs? *Trends Mol Med* 2006; **12**: 545–54

**Correspondence:** Celia Cruz, Department of Experimental Biology, FMUP, Centre

for Medical Research, Fifth floor, Rua Dr Plácido Costa, 91, 4200-450 Porto, Portugal.  
e-mail: ccruz@med.up.pt

**Abbreviations:** TRPV1, transient receptor potential vanilloid 1; KO, knockout; NGF,

nerve growth factor; WT, wild-type; ABC, avidin–biotin complex; PBST, PBS containing Triton X-100; AUC, area under the curve; DAB, 3,3'-diaminobenzidine tetrahydrochloride as chromogen; DRG, dorsal root ganglion; PIP<sub>2</sub>, phosphatidyl-inositol-4,5-bisphosphate.



## **Final Considerations**



u V87 ") V7  
U \ ° "  
V) \ Qu Quo  
= @  
" ho @  
= u Quo  
Vu u  
V87 ") V7  
h U U  
V87 Qu  
V87- @ ") V7

## 1. BDNF role in bladder hyperactivity and referred pain during cystitis

@ #' h  
O -U )  
# # V87 O  
" 8 8 V87  
u  
= 8 u ") V7  
- =  
") V7  
u @ @  
k ") V7 -  
@ u ") V7  
- u  
") V7 u "  
-kM O  
o o  
# O ") V7- -kM  
#  
-kM U  
# M  
h ") V7

Chronic administration of BDNF to intact animals resulted in allodynia in the lower abdomen and hindpaw (publication III), reflecting the occurrence of central sensitization, a mechanism associated with somatic and visceral pain (Miranda et al., 2007, Latremoliere and Woolf, 2009), known to depend on BDNF (Obata and Noguchi, 2006, Ren and Dubner, 2007, Li et al., 2008, Merighi et al., 2008). The role of BDNF in chronic visceral pain may be related with ERK-dependent changes in spinal gene expression. Upon activation by BDNF, ERK can translocate to the cell nucleus and induce the expression of pronociceptive genes such as the tachykinin receptor NK1 and prodynorphin (Ji et al., 2002b). In addition, ERK may also phosphorylate specific NMDA subunits (Slack and Thompson, 2002, Slack et al., 2004, Slack et al., 2005) and the Kv<sub>4.2</sub> potassium channel (Hu et al., 2006, Hu and Gereau, 2011), further facilitating pain processing and bladder hyperactivity (Cruz et al., 2005a) at the spinal cord level.

In what concerns bladder function, chronic BDNF treatment in intact animals did not change bladder reflex activity (publication III). This was an unexpected finding since chronic treatment with BDNF lead to allodynia. A possible explanation may reside in the fact that exogenous BDNF can facilitate the release of GABA through activation of TrkB receptor in the dorsal horn (Pezet et al., 2002a, Lever et al., 2003a). The enhancement of the spinal GABAergic system may lead to the inhibition of bladder sensory input transmission, thereby preventing the development of bladder hyperactivity. In addition, it should be remembered that rats receiving chronic BDNF did not present bladder inflammation. This may indicate that bladder hyperactivity requires a peripheral inflammatory insult.

Given the effects of BDNF on bladder function and cutaneous sensitivity of intact animals, the role of BDNF in rats with CYP-induced cystitis was investigated. BDNF was upregulated both in the spinal cord and urinary bladder of inflamed rats. This was accompanied by bladder hyperactivity and obvious behavioral signs of pain (publications II and III), together with prominent expression of c-Fos and phosphorylated ERK, established spinal neuronal markers of noxious input (Coggeshall, 2005, Ji et al., 2009). Peripheral and central BDNF sequestration effectively improved bladder function and pain levels, further implying this NT in visceral pain and dysfunction. As following BDNF administration, the activation of the ERK pathway is also a key feature here as BDNF sequestration was accompanied by a down regulation in the number of spinal phosphoERK positive cells (publications II and III).

In both studies, the same BDNF scavenger, the recombinant protein TrkB-Ig<sub>2</sub>, was used. The amount necessary to reduce pain and bladder dysfunction was much smaller when given via intrathecal injection (publication III). In addition, neither intrathecal nor intravenous BDNF sequestration reduced inflammation suggesting that BDNF does not play a role in the



u V87 ") V7

u ") V7  
h h  
U U V87 \  
\  
#

## 2. BDNF role in the emergence and maintenance of Neurogenic Detrusor Overactivity (NDO)

o V) \  
# # u V) \  
- - -  
8 ' @ Vu  
† ‡  
V87 V) \  
- - ) o o  
o ") V7 V) \  
") V7  
V † u  
") V7 - Vu  
V) \  
o#@ o#@  
Φ °  
7  
V) \  
Φ u  
") V7  
h ") V7 U  
# h O "  
") V7 Vu O  
O h o#@ † @  
") V7  
- k U

The increase in BDNF levels and the emergence of NDO suggested a causal relation between the two. To clarify this, SCI rats were submitted to BDNF sequestration by TrkB-Ig<sub>2</sub>. Treatment was initiated immediately after lesion. Surprisingly, BDNF scavenging resulted in earlier NDO emergence and axonal sprouting of CGRP-positive sensory afferents at the L5-L6 spinal cord segment. This suggests that BDNF may have a protective role by delaying the emergence of NDO during the course of disease. It is possible that, following SCI, the upregulation of spinal BDNF may serve to modulate axonal sprouting that occurs as a response to the high levels of NGF. Following SCI and during the establishing of NDO, NGF levels are upregulated (Seki et al., 2002) and produce a growth-promoting effect on CGRP-positive sensory afferents (Krenz and Weaver, 1998, Weaver et al., 2001, Cameron et al., 2006). BDNF seems to exert an inhibitory effect on NGF-induced growth of sensory neurons, as already demonstrated by other investigators (Kimpinski et al., 1997, Gavazzi et al., 1999, Soril et al., 2008).

To confirm the protective effects of BDNF on bladder function in SCI rats, BDNF was administered to these animals for four weeks. Treatment was initiated immediately after lesion. Improvement of bladder reflex activity, restricted to a reduction in the intravesical pressure, was only found four weeks after the beginning of treatment with the lowest dose (publication IV). This suggests that BDNF is not the only factor involved in NDO establishing. The protective effects of BDNF may be related with changes in gamma-aminobutyric acid (GABA)-dependent neurotransmission at the spinal cord level. This inhibitory neurotransmitter is an important depressor of bladder function (Igawa et al., 1993, Miyazato et al., 2003). In fact, the expression of glutamic acid decarboxylase (GAD), the enzyme responsible for GABA synthesis, is reduced in the spinal cord and lumbosacral dorsal root ganglia in SCI-animals with bladder dysfunction (Miyazato et al., 2008a, b). Both NDO and DSD were reduced following intrathecal injection of GABA<sub>A</sub> or GABA<sub>B</sub> receptor agonists and transgenic upregulation of GAD activity (Miyazato et al., 2008a, b, Miyazato et al., 2009), further stressing the importance of GABA in modulation of bladder function. As the release of GABA at the spinal cord may be induced and potentiated by BDNF (Pezet et al., 2002a, Bardoni et al., 2007, Carrasco et al., 2007), it is likely that chronic administration of this NT may have modulated the spinal GABAergic system.

Results obtained show that BDNF sequestration in animals with established NDO resulted in improvement of bladder function, with a clear decrease in the frequency and amplitude of bladder reflex contractions. Because spinal ERK activation is very high in rats with established NDO and its inhibition immediately depresses bladder reflex activity (Cruz et al., 2006), similarly to what was observed in the present study, it is very likely that the acute beneficial

u V87 ") V7

") V7

\

") V7

k

k

u

") V7

### 3. Transient receptor potential vanilloid (TRPV1) - a downstream target of NGF

u Vu  
V87 ° V87 ukht  
@ ‡ u  
V87  
-7  
@ ukht M  
V87  
u V87 ukht  
V87- † 7  
V87 ukht V87  
# V87  
†  
*In vitro* V87 ukht  
-  
U ° hMhM# h@M hG# " U V o  
Œ - \ *In vivo* #  
V87 ukht  
- - - h@  
# y  
ukht =  
u #  
# u @ ukht

u V87 ")V7

- #  
" #  
h "ho @ V) \ ukht  
# ° U  
ukht ukht  
# o  
# V87 \  
\  
V87 ° u -V87  
Vu u ° "ho @ -  
@  
-  
u "ho @ @  
ukht V87 @ ukht  
)  
@ 8k#- ukht  
# o#@ o -o  
= t ukht  
V87  
@ ukht  
V87

## References

° h # O7 U 8 ) k h y y M h † ° ‡  
 ° u  
 o o - @ # o  
 V y -  
 ° h k ' ' # ) 7 ° h ) K' ) h 7 #K°  
 h ) h Œ ukht K  
 y -  
 ° hK # # = = U k 8 o = ° k W/M  
 " k 8 ° o # h U U ° " ") V7- 8° "°  
 @ ) V -  
 " U - = h 7 ) kK o o V 7 ) -K V-  
 KV  
 " O V ' M o V U O" o M ° K ‡ - k 8 ) 8 ‡ #  
 ° 8 ‡ o # U K  
 " ) - K =- " k o ° " U ‡ -' y ) u @  
 -  
 " " Ky @ -  
 KM U V h° o  
 # ° ° o 8U k ) # " ) k k ° 8 8  
 KV  
 # U ° # h o 7Ku K# 8 M) U@° Ø k  
 8° "°  
 V  
 # UK o U° u U k u° O K K ) u  
 V  
 # #K M oU ) - U° h UMh  
 U° h 7-"oK -  
 # ° # #) # 7 ° ° u  
 Ky  
 # ° # #) V o 8 O 8 o # 7 ° ° 8k#-  
 ukht  
 Ky  
 # uK k K # #k U -K u -‡ ° h ° = V  
 † ° h  
 # == h -) M = o o K o- " ° @# U † K )  
 " h @ h -  
 V  
 # k- 7 h V  
 # K " o " ) " ) u U @ M8 # o U ‡ ) M '  
 ") V7  
 V -

- Cruz C, Cruz F (2011) Spinal Cord Injury and Bladder Dysfunction: New Ideas about an Old Problem. *TheScientificWorldJOURNAL* 11:214-234.
- Cruz CD (2013) Neurotrophins in bladder function: What do we know and where do we go from here? *Neurourol Urodyn*.
- Cruz CD, Avelino A, McMahon SB, Cruz F (2005) Increased spinal cord phosphorylation of extracellular signal-regulated kinases mediates micturition overactivity in rats with chronic bladder inflammation. *Eur J Neurosci* 21:773-781.
- Cruz CD, McMahon SB, Cruz F (2006) Spinal ERK activation contributes to the regulation of bladder function in spinal cord injured rats. *Exp Neurol* 200:66-73.
- Cruz F, Guimaraes M, Silva C, Rio ME, Coimbra A, Reis M (1997) Desensitization of bladder sensory fibers by intravesical capsaicin has long lasting clinical and urodynamic effects in patients with hyperactive or hypersensitive bladder dysfunction. *J Urol* 157:585-589.
- de Groat WC, Yoshimura N (2006) Mechanisms underlying the recovery of lower urinary tract function following spinal cord injury. *Prog Brain Res* 152:59-84.
- Dinis P, Charrua A, Avelino A, Yaqoob M, Bevan S, Nagy I, Cruz F (2004) Anandamide-evoked activation of vanilloid receptor 1 contributes to the development of bladder hyperreflexia and nociceptive transmission to spinal dorsal horn neurons in cystitis. *J Neurosci* 24:11253-11263.
- Evans RJ, Moldwin RM, Cossons N, Darekar A, Mills IW, Scholfield D (2011) Proof of concept trial of tanezumab for the treatment of symptoms associated with interstitial cystitis. *J Urol* 185:1716-1721.
- Gavazzi I, Kumar RD, McMahon SB, Cohen J (1999) Growth responses of different subpopulations of adult sensory neurons to neurotrophic factors in vitro. *Eur J Neurosci* 11:3405-3414.
- Guerios SD, Wang ZY, Bjorling DE (2006) Nerve growth factor mediates peripheral mechanical hypersensitivity that accompanies experimental cystitis in mice. *Neurosci Lett* 392:193-197.
- Guerios SD, Wang ZY, Boldon K, Bushman W, Bjorling DE (2008) Blockade of NGF and trk receptors inhibits increased peripheral mechanical sensitivity accompanying cystitis in rats. *Am J Physiol Regul Integr Comp Physiol* 295:R111-122.
- Hanno PM, Burks DA, Clemens JQ, Dmochowski RR, Erickson D, Fitzgerald MP, Forrest JB, Gordon B, Gray M, Mayer RD, Newman D, Nyberg L, Jr., Payne CK, Wessellmann U, Faraday MM (2011) AUA guideline for the diagnosis and treatment of interstitial cystitis/bladder pain syndrome. *J Urol* 185:2162-2170.
- Hashim H, Abrams P (2007) Overactive bladder: an update. *Curr Opin Urol* 17:231-236.
- Hu HJ, Carrasquillo Y, Karim F, Jung WE, Nerbonne JM, Schwarz TL, Gereau RWt (2006) The kv4.2 potassium channel subunit is required for pain plasticity. *Neuron* 50:89-100.
- Hu HJ, Gereau RWt (2011) Metabotropic glutamate receptor 5 regulates excitability and Kv4.2-containing K(+) channels primarily in excitatory neurons of the spinal dorsal horn. *J Neurophysiol* 105:3010-3021.
- Hu VY, Zvara P, Dattilio A, Redman TL, Allen SJ, Dawbarn D, Stroemer RP, Vizzard MA (2005) Decrease in bladder overactivity with REN1820 in rats with cyclophosphamide induced cystitis. *J Urol* 173:1016-1021.
- Hughes MS, Shenoy M, Liu L, Colak T, Mehta K, Pasricha PJ (2011) Brain-derived neurotrophic factor is upregulated in rats with chronic pancreatitis and mediates pain behavior. *Pancreas* 40:551-556.
- Igawa Y, Mattiasson A, Andersson KE (1993) Effects of GABA-receptor stimulation and blockade on micturition in normal rats and rats with bladder outflow obstruction. *J Urol* 150:537-542.
- Ji RR, Befort K, Brenner GJ, Woolf CJ (2002) ERK MAP kinase activation in superficial spinal cord neurons induces prodynorphin and NK-1 upregulation and contributes to persistent inflammatory pain hypersensitivity. *J Neurosci* 22:478-485.

- Ji RR, Gereau RWt, Malcangio M, Strichartz GR (2009) MAP kinase and pain. *Brain Res Rev* 60:135-148.
- Kimpinski K, Campenot RB, Mearow K (1997) Effects of the neurotrophins nerve growth factor, neurotrophin-3, and brain-derived neurotrophic factor (BDNF) on neurite growth from adult sensory neurons in compartmented cultures. *J Neurobiol* 33:395-410.
- Krenz NR, Weaver LC (1998) Sprouting of primary afferent fibers after spinal cord transection in the rat. *Neuroscience* 85:443-458.
- Lanteri-Minet M, Bon K, de Pommery J, Michiels JF, Menetrey D (1995) Cyclophosphamide cystitis as a model of visceral pain in rats: model elaboration and spinal structures involved as revealed by the expression of c-Fos and Krox-24 proteins. *Exp Brain Res* 105:220-232.
- Latremoliere A, Woolf CJ (2009) Central sensitization: a generator of pain hypersensitivity by central neural plasticity. *J Pain* 10:895-926.
- Lever I, Cunningham J, Grist J, Yip PK, Malcangio M (2003a) Release of BDNF and GABA in the dorsal horn of neuropathic rats. *Eur J Neurosci* 18:1169-1174.
- Lever IJ, Pezet S, McMahon SB, Malcangio M (2003b) The signaling components of sensory fiber transmission involved in the activation of ERK MAP kinase in the mouse dorsal horn. *Mol Cell Neurosci* 24:259-270.
- Li CQ, Xu JM, Liu D, Zhang JY, Dai RP (2008) Brain derived neurotrophic factor (BDNF) contributes to the pain hypersensitivity following surgical incision in the rats. *Mol Pain* 4:27.
- Lommatzsch M, Braun A, Mannsfeldt A, Botchkarev VA, Botchkareva NV, Paus R, Fischer A, Lewin GR, Renz H (1999) Abundant production of brain-derived neurotrophic factor by adult visceral epithelia. Implications for paracrine and target-derived Neurotrophic functions. *Am J Pathol* 155:1183-1193.
- Lommatzsch M, Quarcoo D, Schulte-Herbruggen O, Weber H, Virchow JC, Renz H, Braun A (2005) Neurotrophins in murine viscera: a dynamic pattern from birth to adulthood. *Int J Dev Neurosci* 23:495-500.
- Lowe EM, Anand P, Terenghi G, Williams-Chestnut RE, Sinicropi DV, Osborne JL (1997) Increased nerve growth factor levels in the urinary bladder of women with idiopathic sensory urgency and interstitial cystitis. *Br J Urol* 79:572-577.
- Merighi A, Salio C, Ghirri A, Lossi L, Ferrini F, Betelli C, Bardoni R (2008) BDNF as a pain modulator. *Prog Neurobiol* 85:297-317.
- Michael GJ, Averill S, Nitkunan A, Rattray M, Bennett DL, Yan Q, Priestley JV (1997) Nerve growth factor treatment increases brain-derived neurotrophic factor selectively in TrkA-expressing dorsal root ganglion cells and in their central terminations within the spinal cord. *J Neurosci* 17:8476-8490.
- Miranda A, Nordstrom E, Mannem A, Smith C, Banerjee B, Sengupta JN (2007) The role of transient receptor potential vanilloid 1 in mechanical and chemical visceral hyperalgesia following experimental colitis. *Neuroscience* 148:1021-1032.
- Miyazato M, Sasatomi K, Hiragata S, Sugaya K, Chancellor MB, de Groat WC, Yoshimura N (2008a) GABA receptor activation in the lumbosacral spinal cord decreases detrusor overactivity in spinal cord injured rats. *J Urol* 179:1178-1183.
- Miyazato M, Sasatomi K, Hiragata S, Sugaya K, Chancellor MB, de Groat WC, Yoshimura N (2008b) Suppression of detrusor-sphincter dysynergia by GABA-receptor activation in the lumbosacral spinal cord in spinal cord-injured rats. *Am J Physiol Regul Integr Comp Physiol* 295:R336-342.
- Miyazato M, Sugaya K, Goins WF, Wolfe D, Goss JR, Chancellor MB, de Groat WC, Glorioso JC, Yoshimura N (2009) Herpes simplex virus vector-mediated gene delivery of glutamic acid decarboxylase reduces detrusor overactivity in spinal cord-injured rats. *Gene Ther* 16:660-668.

- Miyazato M, Sugaya K, Nishijima S, Ashitomi K, Hatano T, Ogawa Y (2003) Inhibitory effect of intrathecal glycine on the micturition reflex in normal and spinal cord injury rats. *Exp Neurol* 183:232-240.
- Muda M, Boschert U, Dickinson R, Martinou JC, Martinou I, Camps M, Schlegel W, Arkinstall S (1996) MKP-3, a novel cytosolic protein-tyrosine phosphatase that exemplifies a new class of mitogen-activated protein kinase phosphatase. *J Biol Chem* 271:4319-4326.
- Mukerji G, Yiangou Y, Agarwal SK, Anand P (2006) Transient receptor potential vanilloid receptor subtype 1 in painful bladder syndrome and its correlation with pain. *J Urol* 176:797-801.
- Namiki J, Kojima A, Tator CH (2000) Effect of brain-derived neurotrophic factor, nerve growth factor, and neurotrophin-3 on functional recovery and regeneration after spinal cord injury in adult rats. *J Neurotrauma* 17:1219-1231.
- Obata K, Noguchi K (2006) BDNF in sensory neurons and chronic pain. *Neurosci Res* 55:1-10.
- Ochodnick P, Cruz CD, Yoshimura N, Cruz F (2012) Neurotrophins as regulators of urinary bladder function. *Nat Rev Urol* 9:628-637.
- Ochodnick P, Cruz CD, Yoshimura N, Michel MC (2011) Nerve growth factor in bladder dysfunction: contributing factor, biomarker, and therapeutic target. *NeuroUrol Urodyn* 30:1227-1241.
- Pezet S, Cunningham J, Patel J, Grist J, Gavazzi I, Lever IJ, Malcangio M (2002a) BDNF modulates sensory neuron synaptic activity by a facilitation of GABA transmission in the dorsal horn. *Mol Cell Neurosci* 21:51-62.
- Pezet S, Malcangio M, McMahon SB (2002b) BDNF: a neuromodulator in nociceptive pathways? *Brain Res Brain Res Rev* 40:240-249.
- Pezet S, McMahon SB (2006) Neurotrophins: mediators and modulators of pain. *Annu Rev Neurosci* 29:507-538.
- Pineau I, Lacroix S (2007) Proinflammatory cytokine synthesis in the injured mouse spinal cord: multiphasic expression pattern and identification of the cell types involved. *J Comp Neurol* 500:267-285.
- Pinto R, Frias B, Allen S, Dawbarn D, McMahon SB, Cruz F, Cruz CD (2010) Sequestration of brain derived nerve factor by intravenous delivery of TrkB-Ig2 reduces bladder overactivity and noxious input in animals with chronic cystitis. *Neuroscience* 166:907-916.
- Ramer LM, McPhail LT, Borisoff JF, Soril LJ, Kaan TK, Lee JH, Saunders JW, Hwi LP, Ramer MS (2007) Endogenous TrkB ligands suppress functional mechanosensory plasticity in the deafferented spinal cord. *J Neurosci* 27:5812-5822.
- Ramer MS (2012) Endogenous neurotrophins and plasticity following spinal deafferentation. *Exp Neurol* 235:70-77.
- Ren K, Dubner R (2007) Pain facilitation and activity-dependent plasticity in pain modulatory circuitry: role of BDNF-TrkB signaling and NMDA receptors. *Mol Neurobiol* 35:224-235.
- Santos-Silva A, Charrua A, Cruz CD, Gharat L, Avelino A, Cruz F (2012) Rat detrusor overactivity induced by chronic spinalization can be abolished by a transient receptor potential vanilloid 1 (TRPV1) antagonist. *Auton Neurosci* 166:35-38.
- Seki S, Sasaki K, Fraser MO, Igawa Y, Nishizawa O, Chancellor MB, de Groat WC, Yoshimura N (2002) Immunoneutralization of nerve growth factor in lumbosacral spinal cord reduces bladder hyperreflexia in spinal cord injured rats. *J Urol* 168:2269-2274.
- Seki S, Sasaki K, Igawa Y, Nishizawa O, Chancellor MB, De Groat WC, Yoshimura N (2004) Suppression of detrusor-sphincter dyssynergia by immunoneutralization of nerve growth factor in lumbosacral spinal cord in spinal cord injured rats. *J Urol* 171:478-482.
- Silva C, Rio ME, Cruz F (2000) Desensitization of bladder sensory fibers by intravesical resiniferatoxin, a capsaicin analog: long-term results for the treatment of detrusor hyperreflexia. *Eur Urol* 38:444-452.



o o- 8 K U j U U o" h o u " --kM  
 # V - K  
 o o- h o U U o" u o† U U " -  
 VU) ° -kM  
 hM# - KV -  
 o o- u o† " - VU) °  
 V  
 o K k Q U U h Q M uMk U o o -  
 h -  
 o ° u y -† h #° = O o Ø 8 o- h -  
 ukht V87- ukht  
 K8 h -  
 o ° # 7 8 h ukht  
 u U U -  
 u U # UK u KV  
 u U # UK U °" k u° 8 = o M k "-  
 " °@K ) u -  
 V -  
 † k h )) 7 M V  
 KV  
 † U° # - V KV° V87  
 - V -  
 † U° V  
 † Ø † h " K 7 U 8 M V k U ) k °  
 -  
 KV  
 Œ j K " # u o U° u ukht KV  
 -  
 - Ø k k° - - V -  
 - † \ 8o h - -  
 V87 ukht U # V  
 - -† 7 = † O - ° " U† " -  
 ") V7 ) )  
 o -





